

## 8 K CROSS COUNTRY RESULTS 31 AUGUST 2002 BALLARAT

Ballarat is a frequently used venue for AV Winter races and the 8 kilometre Cross Country for open men was held at the Mt Helen Campus of Ballarat University. There was a reasonable field in attendance, and Box Hill had 8 Open age competitors in the men's race and three in the Women's race.

Conditions were very reasonable by Ballarat standards. The course was softer than many expected and wearing spikes was an advantage.

The Women's 6 K Cross Country race turned up a surprise result for some spectators, with Sarah Jamison demonstrating her versatility comprehensively defeating Anna Thompson. Jamieson was not headed and gave an impressive account of herself, easily defeating Thompson on a course which suited the stronger runners. Nicky Chapple started well but surrendered a couple of places as the race progressed. She ultimately placed 6<sup>th</sup>, backed up by Megan Sloane in 32<sup>nd</sup> place (2<sup>nd</sup> in the 45 plus age group), and Carly Carmody who came 65<sup>th</sup>.

The men's race was a much more interesting event with a number of changes of lead. Lee Troop made a decisive move in the second half of the race, outpacing Gemechu Woyecha (Don), who dropped back, and Mike Power (GH) and Simon Field (St K). Field has had an impressive Winter season and has been extremely competitive in each of his races. Richard Jeremiah was also prominent. Box Hill had five well placed athletes, with Luke Yeatman being the best-performed on the day. Luke has had a number of good performances and he looked solid during his race. Graeme Olden ran a sound race to place 27<sup>th</sup>, followed in shortly after by Sam Hassett who is consolidating his fitness and doing better in the later races and Marcus Tierney, who had a better first half of the race. Dale Bickham finished four places behind Tierney, again being more prominent in the early stages of the race. This has been a fine season for Dale, and he has performed very well in the road races.

Chris O'Connor placed 6<sup>th</sup> in his age category and he made up the senior team finishing 74<sup>th</sup>. Tony Bird, 1<sup>st</sup> in his age category, had another tight battle with Adam Pepper, beating him by two places on this occasion.

### RESULTS

1	Lee TROOP	Geelong	24:29
2	Michael POWER	GH	24:38
3	Simon FIELD	St K	24:55
4	Richard W JEREMIAH	Geelong	25:10
5	Gemechu WOYECHA	Don	
21	Luke YEATMAN	BH	26:43.1
27	Graeme OLDEN	BH	27:19.3
31	Samuel HASSETT	BH	27:30.4
32	Marcus TIERNEY	BH	27:36.5
36	Dale BICKHAM	BH	27:54.9
74	Christopher O'CONNOR	BH	29:36.3
88	Anthony BIRD	BH	30:07.3
90	Adam PEPPER	BH	30:09.4

Team 3<sup>rd</sup>

## **WOMEN'S RESULTS**

1.	Sarah JAMIESON	Ess	20:35.0
2.	Anna THOMPSON	GH	21:05
3.	Clair FEARNLEY	KNA	22:04
4.	Kelli BAIRD	BYC	22:18
5.	Lauren CROWE	DV	22:24
6	Nicole CHAPPLE	BH	22:42
32	Megan SLOANE	BH	26:25
65	Carly CARMODY	BH	31:03

## **JUNIOR WOMEN**

U/20

1.	Clare MCKECHNIE	SBE	10:54
2.	Jocelyn KEAGE	BOH	11:20
3.	Emily SMITH	BOH	11:28
6.	Prue HEALY	BOH	12:14

Team 1<sup>st</sup>

U/16

1.	Hayley TOMLINSON	BOH	23:04
2.	Fiona NASH	DON	23:22
3.	Zhoe WARRINGTON	FKN	23:44
5.	Sarah CANT	BOH	25:32
6.	Sarah WALKER	BOH	27:07

Team 1<sup>st</sup>