

# Summer News 05

## **VICTORIAN MILER'S CLUB**

The track will not be available for training after 6:00 p.m. on Thursday night (October 27) as the Victorian Miler's club will be using the track for a series of 1500 metre races.

If you wish to compete send an email as soon as possible to: [victorianmilersclub@hotmail.com](mailto:victorianmilersclub@hotmail.com) with the following information:

- \* Name, \* Address, \* Email Address, \* Contact Number, \* Club/Reg number
- \* Personal Bests in the last two years (800-5000m)

Race Time: 7:00pm Men's elite, 7:10pm Women's elite, then a graded race every 10mins thereafter.  
Cost: \$5 payable on the night

## **CONGRATULATIONS!**

Congratulations to Andrew White who has been selected to represent Australia as a part of the Chiba Ekiden relay team in Japan on November 23.

Steve Kelly has been named in the preliminary squad for the under 20 team for the World Cross Country Championships to be held in Fukuoka, Japan next March.

The following athletes have been selected to compete in the Pacific School Games to be held at Olympic Park, from November 27 to December 3.

Natalia Kremenchutskey	LJ, TJ, 4 x 100m
Jennifer Chan	Pole Vault
Kristian Lewis	Jav, SP
Veronica Kirby	HJ, TJ, 4 x 100m
Melanie Adams	Pole Vault
Haley Tomlinson	800m, 3000m
Andrew Hogan	High Jump, 200m hurdles
Josh Ross	100m, 200m

## **UPCOMING EVENTS**

Thurs 27-Oct	Victorian Miler's Club 1500m races at Box Hill
Sat 29-Oct	Victoria All Schools Track & Field Championships U12-16 Olympic Park
Sun 30-Oct	Victoria All Schools Track & Field Championships U12-16 Olympic Park
Sat 5-Nov	Shield Competition - Round 4 (Program 2) Box Hill
Sat 12-Nov	Shield Competition - Round 5 (Program 1) Doncaster
Sat 19-Nov	Shield Competition - Round 6 (Program 2) Ringwood
Sat 19-Nov	Athletics Victoria - National Series Meet (twilight) Nunawading
Sun 20-Nov 2005	Whitehorse Mega Mile Fun Run / Walk Whitehorse Rd, Nunawading
Sat 26-Nov	Shield Competition - Round 7 (Program 1) Box Hill
Sun 27-Nov to Sat 3-Dec	Pacific School Games Olympic Park
Thur 1-Dec	Zatopek Olympic Park
Sat 3-Dec	Shield Competition - Round 8 (Program 2) Box Hill
Sat 10-Dec	Shield Competition - Round 9 (Program 1) Doncaster
Sat 17-Dec	Vic. Relay & Club Team Champs Newport Park, Newport (Williamstown)
Sun 18-Dec	Vic. Relay & Club Team Champs Newport Park, Newport (Williamstown)

**NB: There is no competition on Tuesday 22 November or Tuesday 13 December as was previously reported.**

## **ROUND 3 OF SHIELD COMPETITION**

Competition started in cloudy, cold conditions until there was a downpour that nearly halted proceedings and caused the cancellation of some of the field events. Then the sun came out and shone brightly for a while, before the rain returned later in the day.

## **Get to know your team managers!**

Make sure you report back to them after your events and make sure that your times are recorded.

Team Managers for season 2005/06 are

Junior Boys	Colin Goodwin	9878 3555
Junior Girls	Cathy Tilley	9807 2487
Senior Men	Rob Falkenberg	9857 8048
Senior Women	Elissa Ward	9376 6601

<b>Event</b>	<b>Division</b>	<b>Name</b>	<b>Performance</b>	<b>Wind</b>
F100	F14	Booth, Courtney	13.53	1.5
F100	F14	Light, Bianca	14.00	1.5
F100	F14	Sotiropoulos, Georgia	15.44	-2.2
F1500W	F14	Raselli, Cassandra	7:20.6	
F400	F14	Booth, Courtney	65.46	
F80H	F14	Sotiropoulos, Georgia	17.07	
F100	F16	De Luca, Emily	14.57	0.2
F100	F16	Whittle, Stacey	14.67	0.6
F100	F16	Carabourniotis, P	14.41	0.5
F100	F16	Chan, Jennifer	13.34	0
F100	F16	Fernandez, Lavinia	13.43	1
F100	F16	Kremenchutskaya, Natalia	13.47	1
F1500	F16	Hodgkinson, Harriet	5:03.5	
F400	F16	Wilson, Ali	60.00	
F400	F16	Hodgkinson, Harriet	66.01	
F400	F16	De Luca, Emily	71.1	
F90H	F16	Chan, Jennifer	16.9	
FJT	F16	Carabourniotis, Panayiota	17.29m	
FJT	F16	Chan, Jennifer	16.23m	
FSP	F16	Carabourniotis, Panayiota	7.01m	
F100	F18	Deane, Morgan	12.75	0
F100	F18	Cant, Sarah	13.90	1.5
F100H	F18	Kirby, Veronica	16.88	
F100H	F18	Williams, Jacqui	19.30	
F1500	F18	Tomlinson, Hayley	4:54.8	
F1500	F18	Cleland, Coreena	5:01.9	
F1500	F18	Wall, Katherine	5:05.3	
F1500	F18	Paterson, Lucy	5:48.3	
F400	F18	Deane, Morgan	59.97	
F400	F18	Cleland, Coreena	64.48	
F400	F18	Paterson, Lucy	72.15	
FDT	F18	Kremenchutskaya, Natalia	25.93m	
FJT	F18	Williams, Jacqui	10.78m	
FSP	F18	Kremenchutskaya, Natalia	8.19m	
FTJ	F18	Kirby, Veronica	10.03m	
F100	FOP	Jacobs, Temmety	13.84	0.5
F100	FOP	Ward, Elissa	15.00	0.2
F100	FOP1	Egan, Brigitte	12.9	0
F100	FOP1	Carre, Simone	12.93	1.3
F100	FOP1	Phillips, Angela	13.06	1.3
F1500	FOP1	Riordan, Heidi	4:57.1	
F1500	FOP1	Johnson, Rachael	5:11.1	
F400	FOP1	Riordan, Heidi	65.08	
F400	FOP1	Phillips, Angela	65.56	
FDT	FOP1	Hewitt, Sarah	31.89m	
FJT	FOP1	Carre, Simone	26.56m	
FSP	FOP1	Hewitt, Sarah	8.71m	
FTJ	FOP1	Kremenchutskaya, Natalia	10.51m	
400	FOP1	Pym, Emma	59.93	
F100	FOP2	Ackland, Kathryn	13.16	0.2
F100	FOP2	Lynn, Jacinta	13.30	0
F100	FOP2	Buchanan, Fiona	13.43	0.2
F400	FOP2	Ward, Elissa	72.40	
F400	FOP2	Mccardel, Chloe	72.89	
FDT	FOP2	Tilley, Leana	21.47m	
FJT	FOP2	Hewitt, Sarah	21.76m	
FTJ	INV	Shand, Rosalind	9.36m	
M100	M16	Nagle, Cameron	13.91	0.4

M100	M16	Hadlow, Chris	12.74	-0.7
M100	M16	Booth, Brendan	12.10	1.1
M100	M16	Di Rienzo, Aaron	12.15	-1.9
M100	M16	Maginn, Tim	12.44	0.2
M400	M16	Booth, Brendan	53.92	
MHJ	M16	Leon, Ryan	1.60m	
MSP	M16	Di Rienzo, Aaron	7.59m	
M100	M18	Haddow, Andrew	11.63	0.2
M100	M18	Barmanray, Rahul	12.06	-1.9
M100	M18	Gibson, Samuel	12.58	-0.8
M100	M18	Bell, Cameron	12.80	-1.9
M110H	M18	Bachli, Heath	16.20	
M1500	M18	Coloe, Matthew	3:55.3	
M1500	M18	Kelly, Stephen	4:00.9	
M1500	M18	Arunasalam, Navin	4:15.1	
M1500	M18	Arunasalam, Ruben	4:19.1	
M1500	M18	Dahia, Mishan	4:20.1	
M1500	M18	Goodwin, Mitchell	4:53.6	
M2000S	M18	Christou, Duayne	6:41.8	
MHJ	M18	Goodwin, Mitchell	1.60m	
MTJ	M18	Barmanray, Rahul	11.15m	
MTJ	M18	Haddow, Andrew	10.11m	
M100	MOP1	Harrison, Lane	11.11	-0.8
M100	MOP1	Pusch, Corwin	11.66	-0.8
M100	MOP1	Nuske, Brett	11.67	0.2
M100	MOP1	Wilcox, Andrew	11.69	-0.8
M100	MOP1	Filshie, James	11.79	-0.6
M100	MOP1	Levey, Moses	11.81	-0.8
M1500	MOP1	Clark, Daniel	3:57.9	
M1500	MOP1	White, Andrew	3:58.5	
M1500	MOP1	Meagher, John	4:05.3	
M1500	MOP1	Christou, Duayne	4:08.9	
M1500	MOP1	De Greenlaw, Alexander	4:13.3	
M1500	MOP1	Ayers, David	4:19.4	
M400	MOP1	Duke, Marty	48.81	
M400	MOP1	Harrison, Lane	49.84	
M400	MOP1	Cherry, Timothy	50.95	
M400	MOP1	Hartshorne, Trent	51.16	
M400	MOP1	Wall, Christopher	51.86	
M400	MOP1	Featherston, David	52.69	
M5000W	MOP1	Evans, Simon	25:40.5	
MDT	MOP1	Shepherd, Stephanie	32.8m	
MSP	MOP1	Shepherd, Stephanie	12.64m	
MTJ	MOP1	Pocklington, Joel	12.5m	
MPV		Filshie, James	4.6m	
MPV		Hooker, Steven	5.1m	
M100	MOP2	Sherry, Cameron	11.81	-0.1
M100	MOP2	Pocklington, Joel	11.86	-1
M100	MOP2	Nicoll, Chris	11.98	0
M110H	MOP2	Featherston, David	17.01	
M1500	MOP2	Jimenez, David	4:27.2	
M400	MOP2	Gray, John	54.31	
M400	MOP2	White, Andrew	54.72	
M400	MOP2	Miller, Leigh	54.99	
MSP	MOP2	Nuske, Brett	9.62m	
M100	MOP3	Goodwin, David	12.10	0.5
M100	MOP3		12.14	-0.7
M100	MOP3	Pocklington, Colin	12.46	-1
M1500	MOP3	Nuske, Brett	5:10.8	
M1500W	MOP3	Summers, Harry	10:11.4	
M2000S	MOP3	Goodwin, Mitchell	7:50.8	
M400	MOP3	Cross, David	58.03	

M100	MOP4	Baker, Cameron	12.58	-0.7
M100	MOP4	Dawson, Andrew	12.65	-0.7
M1500	MOP4	Gardner, Neville	6:05.0	
M400	MOP4	Gardner, Neville	81.17	
MDT	MOP4	Gardner, Neville	22.87m	