

Box Hill Athletic Club Summer News No. 07

STADIUM SPORTS VIP NIGHT

Please support the club's major sponsor Stadium Sports and pick up some bargains! Head to Stadium Sports at Box Hill Centro (enter just off Station St.), this Tuesday, November 8, from 6pm till 8:30pm.

LOLLY DRIVE

Order forms are due back, so please return your lolly order forms as soon as possible!

SHIELD COMPETITION ROUND 5 AT DONCASTER

Saturday's shield (interclub) competition will be held at Doncaster Athletic Track (Reischick's Reserve, Melway 33 J11)

CONGRATULATIONS!

Congratulations to Steve Hooker for winning the City of Whitehorse athlete of the year award.

CLARION NATIONAL SERIES MEET

Entries close this Wednesday for the Clarion National Series Meet to be held at the Bill Stewart Athletics Track (Nunawading) on Saturday, November 19. See the AV website for details.

VICTORIAN CLUB CHAMPIONSHIPS AND VICTORIAN RELAY CHAMPIONSHIPS

These events will be held at Newport Park (Williamstown) on Saturday and Sunday, December 17-18. Mark these dates in your diary as we hope to have many teams competing on the weekend before Christmas.

UPCOMING EVENTS

Sat 12-Nov Shield Competition - Round 5 (Program 1) Doncaster
Sat 19-Nov Shield Competition - Round 6 (Program 2) Ringwood
Sat 19-Nov Athletics Victoria - National Series Meet (twilight) Nunawading
Sun 20-Nov 2005 Whitehorse Mega Mile Fun Run / Walk Whitehorse Rd, Nunawading
Sat 26-Nov Shield Competition - Round 7 (Program 1) Box Hill
Sun 27-Nov to Sat 3-Dec Pacific School Games Olympic Park
Thur 1-Dec Zatopek Olympic Park
Sat 3-Dec Shield Competition - Round 8 (Program 2) Box Hill
Sat 10-Dec Shield Competition - Round 9 (Program 1) Doncaster
Sat 17-Dec Vic. Relay & Club Team Champs Newport Park, Newport (Williamstown)
Sun 18-Dec Vic. Relay & Club Team Champs Newport Park, Newport (Williamstown)

RESULTS OF SHIELD COMPETITION ROUND 4

Event	Division	FullName	Performance	Wind
F100	F14	BOOTH, COURTNEY	13	0.8
F100	F14	LIGHT, BIANCA	14.1	-2.6
F200	F14	BOOTH, COURTNEY	27.9	-0.3
F2000W	F14	NEYLAN, ALICIA	12:03.7	
F800	F14	MAHONEY, CHARLOTTE	02:39.3	
F100	F16	BURT, LAURA	16.7	-1.3
F100	F16	WHITTLE, STACEY	14.9	-2.6
F100	F16	DE LUCA, EMILY	14.6	-2.6
F100	F16	HYDE, ALEXANDRA	13.7	1.1
F100	F16	CARABOURNIOTIS, PANAYIOTA	14.2	-1
F100	F16	KREMENCHUTSKAYA, NATALIA	13.6	-2.5

F100	F16	GEORGE, RYLEIGH	13	0.8
F100	F16	FERNANDEZ, LAVINIA	13.5	-2.5
F200	F16	WHITTLE, STACEY	31	-1.9
F200	F16	CARABOURNIOTIS, PANAYIOTA	30.5	-1.9
F200	F16	BURT, LAURA	34.6	-1.1
F200	F16	FERNANDEZ, LAVINIA	28	-1.9
F200	F16	CRAVEN, EMMA	29.6	-1.1
F200	F16	DE LUCA, EMILY	29.7	-1.1
F800	F16	HODGKINSON, HARRIET	02:24.5	
FDT	F16	CARABOURNIOTIS, PANAYIOTA	15.36	
FHJ	F16	KREMENCHUTSKAYA, NATALIA	1.55	
FLJ	F16	CARABOURNIOTIS, PANAYIOTA	3.26	
FLJ	F16	FERNANDEZ, LAVINIA	4.69	
FPV	F16	CHAN, JENNIFER	3.5	
FSP	F16	KREMENCHUTSKAYA, NATALIA	7.69	
FSP	F16	CARABOURNIOTIS, PANAYIOTA	6.63	
F100	F18	DEANE, MORGAN	12.3	0.8
F100	F18	TURNBALL, HANNAH	13.3	-1.8
F200	F18	DEANE, MORGAN	25.4	-1.1
F3000	F18	TOMLINSON, HAYLEY	10:24.0	
F800	F18	CLELAND, COREENA	02:25.1	
F800	F18	WALL, KATHERINE	02:41.1	
FDT	F18	KREMENCHUTSKAYA, NATALIA	24.55	
FLJ	F18	TURNBALL, HANNAH	4.87	
FPV	F18	ADAMS, MELANIE	3.7	
FPV	F18	WILLIAMS, JACQUI	3.3	
F100	FOP	WARD, ELISSA	15	-2.6
F100	FOP	RIORDAN, HEIDI	14.8	-2.6
FDT	FOP	HEWITT, SARAH	NT	
FPV	FOP	HARTIGAN, DAWN	3.3	
F100	FOP1	EGAN, BRIGETTE	12.5	0.8
F100	FOP1	CARRE, SIMONE	13	-1.6
F100	FOP1	LYNN, JACINTA	13.3	-2.5
F200	FOP1	PHILLIPS, ANGELA	27.6	-0.1
F200	FOP1	JACOBS, TEMMETY	28.5	0.6
F3000	FOP1	JOHNSON, RACHAEL	11:07.0	
F3000	FOP1	HARPER, AMANDA	11:27.0	
F400H	FOP1	LEE, VIVIENNE	69.8	
F800	FOP1	RIORDAN, HEIDI	02:22.9	
F800	FOP1	PUTT, KERRY	02:42.3	
FDT	FOP1	BURNS, LAUREN	43.53	
FHJ	FOP1	ADAMS, MELANIE	1.6	
FHJ	FOP1	BURNS, LAUREN	1.4	
FHT	FOP1	HEWITT, SARAH	26.06	
FLJ	FOP1	BURNS, LAUREN	4.91	
FPV	FOP1	LYNN, JACINTA	3.9	
FPV	FOP1	DITTON, ROSANNA	3.5	
FSP	FOP1	PHILLIPS, ANGELA	11.1	
FSP	FOP1	HEWITT, SARAH	9.89	
F100	FOP2	PHILLIPS, ANGELA	13.3	-1.6
F100	FOP2	JACOBS, TEMMETY	13.7	0.8
F100	FOP2	BURNS, LAUREN	14.2	-1.3
F200	FOP2	WARD, ELISSA	30.6	-1.1
FHJ	FOP2	HEWITT, SARAH	1.4	
FPV	FOP2	JEFFS, JENNA	3.5	
FPV	FOP2	BUCHANAN, FIONA	3.3	

FSP	FOP2	BURNS, LAUREN	9.82	
FDT	INV	BURNS, LAUREN	43.53	
M100	M16	DI RIENZO, AARON	11.7	-1.9
M100	M16	NAGLE, CAMERON	13.3	0
M200	M16	HADLOW, CHRIS	25	-1.5
M800	M16	BOOTH, BRENDAN	02:09.2	
MLJ	M16	HADLOW, CHRIS	5.64	
MLJ	M16	NAGLE, CAMERON	4.18	
MSP	M16	NAGLE, CAMERON	NT	
M100	M18	HADDOW, ANDREW	11.5	-0.2
M100	M18	BACHLI, HEATH	11.8	-1
M200	M18	LEVEY, MOSES	23.2	-0.4
M200	M18	HADDOW, ANDREW	23.3	-3.4
M200	M18	BACHLI, HEATH	24	-1.3
M200	M18	GOODWIN, MITCHELL	28	-2.5
M3000	M18	KELLY, STEPHEN	09:00.0	
M800	M18	COLOE, MATTHEW	01:53.9	
M800	M18	ARUNASALAM, NAVIN	01:57.0	
M800	M18	ARUNASALAM, RUBEN	01:58.6	
MDT	M18	POCKLINGTON, DION	25.23	
MHJ	M18	GOODWIN, MITCHELL	1.6	
MLJ	M18	POCKLINGTON, DION	5.68	
MLJ	M18	GOODWIN, MITCHELL	4.66	
M100	MOP1	MEDFORD, RHETT	10.7	0.2
M100	MOP1	SHERRY, CAMERON	11.3	-0.6
M100	MOP1	RABONE, ADAM	11.3	-0.2
M100	MOP1	ZEED, MOHAMAD	11.4	-1.8
M100	MOP1	FILSHIE, JAMES	11.4	-0.6
M100	MOP1	NICOLL, CHRIS	11.5	-2.1
M200	MOP1	DUKE, MARTY	21.5	-1.8
M200	MOP1	HARRISON, LANE	21.8	-1.8
M200	MOP1	FILSHIE, JAMES	23.2	-1.7
M200	MOP1	ZEED, MOHAMAD	23.4	-0.4
M200	MOP1	WILCOX, ANDREW	23.6	-3.4
M200	MOP1	POCKLINGTON, JOEL	23.7	-1.7
M3000	MOP1	WHITE, ANDREW	08:19.9	
M3000	MOP1	CLARK, DANIEL	08:44.2	
M3000	MOP1	VINCENT, ADRIAN	09:15.3	
M3000	MOP1	JIMENEZ, DAVID	09:23.1	
M800	MOP1	CHERRY, TIMOTHY	01:55.3	
M800	MOP1	WALL, CHRISTOPHER	01:58.8	
M800	MOP1	HERON, TIM	01:59.1	
M800	MOP1	CRAIGIE, KEVIN	02:00.1	
M800	MOP1	DE GREENLAW, ALEXANDER	02:00.1	
M800	MOP1	RENOWDEN, TIM	02:00.5	
MDT	MOP1	BUCKLEY, RONNIE	52.48	
MHJ	MOP1	PEAVEY, JOHN	1.9	
MHT	MOP1	RUTTY, CHRISTOPHER	46.35	
MHT	MOP1	SCHERMA, SAM	36.18	
MLJ	MOP1	HODGES, GRANT	6.63	
MPV	MOP1	HOOKE, STEVEN	5.2	
MPV	MOP1	FILSHIE, JAMES	4.9	
MPV	MOP1	POCKLINGTON, JOEL	4.6	
MPV	MOP1	SHERRY, CAMERON	3.8	
MSP	MOP1	SHEPHERD, STEPHAN	13.96	

M100	MOP2	LEVEY, MOSES	11.6	0
M100	MOP2	GOODWIN, DAVID	11.6	-1.8
M100	MOP2	POCKLINGTON, JOEL	11.6	-0.6
M200	MOP2	NICOLL, CHRIS	24	-1.6
M200	MOP2	BAKER, CAMERON	24.6	-1.9
M200	MOP2	CRAIGIE, KEVIN	25.5	-3.4
M3000	MOP2	O'CONNOR, CHRISTOPHER	09:49.1	
M800	MOP2	GRAY, JOHN	02:03.8	
M800	MOP2	AYERS, DAVID	02:05.2	
M800	MOP2	O'BRIEN, SIMON	02:05.3	
MPV	MOP2	BAKER, CAMERON	3.5	
MSP	MOP2	RABONE, ADAM	9.79	
M100	MOP3	CHIPUNZA, ZUIPO	11.8	0
M100	MOP3	POCKLINGTON, COLIN	12.1	-1.9
M100	MOP3	COGHILL, PHILLIP	12.4	-1.9
M200	MOP3	COGHILL, PHILLIP	26.1	-1.6
M2000W	MOP3	SUMMERS, HARRY	13:36.2	
M400H	MOP3	BROMLEY, SIMON	65.8	
M800	MOP3	TAYLOR, MATTHEW	02:07.2	
M800	MOP3	MILLER, LEIGH	02:07.2	
M800	MOP3	FARMER, JACK	02:09.4	
MDT	MOP3	DE GREENLAW, ALEXANDER	29.14	
MLJ	MOP3	BROMLEY, SIMON	4.57	
M800	MOP4	PYM, TOMAS	02:11.1	
HJ	INV	POCKLINGTON, A	1.2	
200	INV	CRAIGIE, G	25.3	-1.6
200	INV	VINES, D	28.9	-2.5
800	INV	BARNES, D	02:30.4	
800	INV	BEATH, A	01:55.3	
400H	INV	MCLEOD, N	57.4	
800	INV	PAPADAKIS, C	02:06.3	
800	INV	CRAIGIE, G	02:01.3	
800	INV	BROWN, M	02:10.6	
100	INV	HARRISON, L	10.8	0.2
200	INV	POCKLINGTON, A	33.6	-0.6
100	INV	POCKLINGTON, A	14.9	-1.6
800	INV	NUGENT, D	01:57.3	