

Box Hill Athletic Club Summer News 14

VICTORIAN CLUB CHAMPIONSHIPS

Box Hill dominated the Victorian club championships at Williamstown last weekend. On Saturday, in tough windy conditions, Box Hill women won the division 1 title. On Sunday Box Hill men did the same winning the men's division 1 title. Both teams also won the right to compete in the national club championships in Adelaide at the end of the season. Box Hill were also successful in the under 18 girls competition, finished second in the men's division 2 and third in the men's under 18s.

VICTORIAN RELAY CHAMPIONSHIPS

Box Hill also had a number of good performances the state relay championships over the weekend. Highlights were the gold medal winning performances by Adam Rabone, Joshua Ross, Rhett Medford and Mohamad Zeed in the 4x100m and Lane Harrison, Joshua Ross, Mohamad Zeed and Rhett Medford in the 4x200, while Kevin Craigie, Alex De Greenlaw, Steve Kelly and Daniel Clark won bronze in the 4x1500.

SHIELD FINALS: JANUARY 14 and 26

Box Hill teams have qualified for the finals in the following divisions: Under 14 girls, Under 16 girls, Under 18 girls, Open division 1 women, Under 18 boys, Open division 1 men and Open division 2 men. The Region finals will take place at Box Hill on Saturday, January 14 and the Association finals will be held at Doncaster on Australia Day, Thursday, January 26. We need as many athletes as possible available to compete in the finals.

ALL COMER'S MEETS

In January and February there will be number of "All Comers" meets at various venues. The club could win prizes valued at \$7000 and our chance of winning depends on the number of athletes that compete. So mark these events down in your diary!

All Comer's Meet 1: Saturday, January 7 at Box Hill

All Comer's Meet 2: Thursday, January 19 at Doncaster, Aberfeldie, Frankston All Comer's

Meet 3: Saturday, February 4: Glenhuntly, Williamstown, Knox All Comers Meet 4:

Saturday, February 11 at Olympic Park All Comers Meet 5: Saturday, February 25 at Ballarat

All Comers Meet 6: Saturday, March 4 at Box Hill We are planning a big club trip up to Ballarat on February 25 and hoping to get many athletes competing.

UPCOMING EVENTS

Sat 7-Jan King's Track & Field All Comers Meet (1) Box Hill

Sat 14-Jan Shield Competition - Region Final, Box Hill

Thurs 19-Jan King's Track & Field All Comers Meet (2) Doncaster

Fri 20-Jan to Sun 22-Jan Vic Youth, U20, U23 & o/age Track & Field Champs Olympic Park

Thurs 26-Jan Shield Final Reischick's Reserve, Doncaster

MERRY CHRISTMAS AND BEST WISHES FOR THE NEW YEAR!

Hope to see everyone fit and ready to compete in January!