

Box Hill Athletic Club Summer News 15

Happy New Year and best wishes for a most successful conclusion to the 2005/2006 track season.

Chris O'Connor is taking a well earned holiday after a busy end to last year organising the successful Club Championship and Relay teams so this week's Summer Bulletin takes a slightly different and more condensed format!

KINGS TRACK AND FIELD ALLCOMERS MEET – BOX HILL SATURDAY 7 JAN 2006

The track season gets back into full swing again this weekend with the Kings Track and Field Allcomers Meet at Box Hill this Saturday 7th January 2006. With only 5 weeks until the Commonwealth Games selection trials, there is likely to be keen competition this weekend from athletes keen to get into form in time for the trials.

The program of events is very similar to the normal Shield Program 1, however a full program is listed in the Summer Handbook on page 84.

This is an excellent opportunity to get back into competition in preparation for the Shield Region final at Box Hill the following week (Saturday 14th January).

Note that there is an entry fee of \$2 per event at the Allcomers Meets, however there is a prize pool of \$7,000 worth of Athletics Equipment on offer at the end of the series with the Clubs with the most athletes competing having the greatest chance of winning prizes each round.

This event is also important to the Club from a financial perspective, as entry fees are retained by the Club in lieu of any ground hire fee from Athletics Victoria, so it is our interest to have as many athletes competing. On the other hand, as hosts of the meeting, we are responsible for collecting entry fees and assisting with officiating so it is vital that we have as many members or friends to help out on the day. If you can assist in any way, if even for only an hour or two, please respond by return email to <mailto:golden@sprint.net.au>.

SHIELD REGION FINAL – SATURDAY 14 JANUARY 2006

The Shield Region Final will be held at Box Hill on Saturday 14th January 2006. Box Hill teams have qualified for the finals in the following divisions: Under 14 girls, Under 16 girls, Under 18 girls, Open division 1 women, Under 18 boys, Open division 1 men and Open division 2 men. The program for the final will be the normal Shield Program 1 for track events, with Program 3 for Field events. Please make sure that you make yourself available to compete to ensure that we have the strongest possible teams available. Note that even if your team has not made the finals, you are still able to compete by invitation at the Region Final so come along and support the Club and help prepare yourself for the upcoming championships in the weeks ahead.

ASSOCIATION FINAL – THURSDAY 26 JANUARY 2006

With a large number of teams competing in the Region Final at Box Hill next week, there is a great chance that a number of these teams will win through to the Association Final at Doncaster on Australia Day – 26th January 2006. Further details will be available after the Region Final, however please keep this date free if you are qualified to compete in the finals so that we can make sure that we have our strongest possible teams available..

UPCOMING EVENTS

Sat 7-Jan King's Track & Field All Comers Meet (1) Box Hill

Sat 14-Jan Shield Competition - Region Final, Box Hill

Thurs 19-Jan King's Track & Field All Comers Meet (2) Doncaster

Fri 20-Jan to Sun 22-Jan Vic Youth, U20, U23 & o/age Track & Field Champs Olympic Park

Thurs 26-Jan Shield Final Reischiek's Reserve, Doncaster