

## **Box Hill Athletic Club Summer News 28**

### **GOOD LUCK STEVE**

Best wishes to Steve Hooker in his quest for a Commonwealth Games medal. Steve will be competing in the pole vault on Friday night and his recent good form suggests he will be very competitive.

### **CONGRATULATIONS TO ANDREW LEHTERBY**

Congratulations to club member Andrew Letherby who ran a very creditable fifth place in the Commonwealth Games marathon last weekend.

### **MILER'S CLUB RESULTS**

The final Milers Club event for the season was held at Box Hill last Thursday.

Results:

800m:	Navin Arunasalam	1:53.8
	Andrew White	1:54.3
	Alex De Greenlaw	1:57.2

1500m:	Daniel Clark	3:58.1
	Chris Hamer	4:02.4

### **FRIDAY, MARCH 31 \* SUNDAY, APRIL 2**

Australian U20 and U23 Championships, Mile End, South Australia Good luck to all athletes taking part in these championships.

### **SUNDAY, APRIL 2**

Australian club championships, Mile End, South Australia Although very late in the season, we are hoping to have a strong team traveling to Adelaide to help us defend our national club championship. A number of athletes have confirmed that they will be available to compete in this competition. If you have not already done so, please contact Chris O'Connor, Cameron Baker or Graeme Olden (men) or Cathy Tilley (women) if you are able to compete for the club in Adelaide.

### **SUNDAY, APRIL 9: "RUN FOR THE KIDS" WINTER SEASON OPENS!**

The winter season starts early this year, with the Herald-Sun/City Link "Run for the Kids" being incorporated into the winter season calendar, replacing the 15k race usually held at Albert Park.. This is a run of 14.7km travels over the Bolte bridge, through the Burnley tunnel and up through the city to finish at royal Park. There is a shorter 4.5km event for under 20 athletes. All AV members who enter through the club will be given a priority start for what promises to be the biggest fun run in Melbourne for many years. Entries for this event must be with the club by March 29!

### **SATURDAY, APRIL 22: CLUB 5K HANDICAP**

The annual club 5k handicap will be held on Saturday, April 22.

### **WINTER SEASON BULLETIN**

With the track season coming to a close you may only be receiving a couple more weekly summer bulletin emails. We have a different email list for the winter bulletin which will give information about the winter races.