Winter News 07

CLUB PRESENTATION NIGHT THIS SATURDAY!

If you have not booked already make sure you do so immediately! \$20 for a great dinner and a night or presentations to celebrate the successes of the track season.

A GREAT RESULT AT BENDIGO

Box Hill had some great results at the second event of the cross country season at Bendigo last Saturday. On the dry and hilly Belvoir Park Golf Course our runners put in some excellent performances. See details below

SANDOWN 10KM ROAD RACE ON SATURDAY MAY, 28

If you have not put in a season's entry get your entry in to Athletics Victoria or contact Chris O'Connor <u>before next Monday</u> so that you can be entered for this event. We are hoping for an even better showing than our great performance at Bendigo!

BENDIGO CROSS COUNTRY, SATURDAY MAY, 14

MEN 8km Cross Country

Our **Division 1** men's team improved on its 3rd placing at Yarra Bend to take 2nd behind Glenhuntly, with our first six finishers all in the top 35 placings.

This is a superb result, especially considering that both Marcus Tierney and Luke Yeatman were missing from the team.

In particular, Alan Craigie continued his terrific form to be our first runner home, Daniel Clark raced very well in his first open individual cross country event and new club member Simon Watson showed that he will be a valuable member of the team throughout the winter.

Individual Placings:	16	Alan Craigie	26:38	
	17	John Meagher	26:42	1 st 40+
	23	Adrian Vincent	27:17	
	30	Daniel Clark	27:41	
	33	Barry Lynch	27:51	
	35	Simon Watson	27:59	

In **Division 4** Box Hill easily won the team's event, with Andrew White starting to return to form, Steve Dineen running well in his comeback season and Paul Boxshall running well after returning from a long illness.

Individual Placings:	37	Andrew White	28:06	
	43	Steve Dineen	28:23	
	46	Graeme Olden	28:28	3 rd 40+
	53	Paul Boxshall	28:41	
	68	Chris O'Connor	29:10	5 th 40+

We had three finishers in **Division 7** with John Vaitkunas another athlete on the comeback trail running strongly ahead of Gary and Jamie Strudley. Unfortunately, Scott Jackson aggravated his hamstring injury sustained at the Cross Country Relays and was unable to complete the course.

Individual placings:	160	John Vaitkunas	31:46
	245	Gary Strudley	35:56
	253	Jamie Strudley	36:44

WOMEN

After failing to fill a team in a number of events last year our women's team has been dropped to Division 2, but hopefully we can reverse that situation by winning this division this season.

Jocelyn Keage, Rachel Johnson and Jess De Bruin all ran well to convincingly win the Division 2 competition.

Division 3 results have not been finalised but good runs by Fiona Turner and Amanda Harper should ensure a good result. Welcome to Inge Magher and Gemma Duhig who competed for Box Hill for the first time on Saturday and filled our second team.

Individual placings:	Women's 6km cross country		
	15	Jocelyn Keage	24:05
	22	Doobal Johnson	24.50

23	Rachel Johnson	24:50
26	Jessica De Bruin	24:58
29	Fiona Turner	25:17
43	Amanda Harper	26:08
71	Kerry Putt	28:51
86	Inge Magher	31:30
87	Gemma Duhig	31:52

Under 18 Women's 3km cross country

Hayley Tomlinson ran strongly up the hills to win a silver medal in the under 18 competition with Coreena Cleland finishing in 11th place.

2	Hayley Tomlinson	11:39
11	Coreena Cleland	12:44