

# Winter News 12

## **Sunday June 26 Albert Park road race, 15km for seniors, 5km for juniors**

This Sunday morning is the next event in the AV winter premiership. We want to keep up the momentum of our good results so far, so we are hoping for a big turn up to this event.

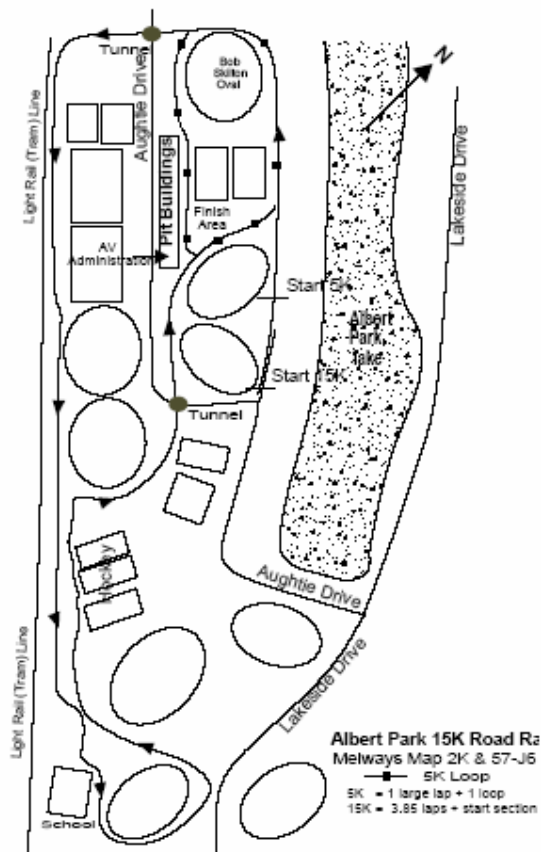
The race starts at 8:30 am for juniors 5km, 9:00am for open men and women 15km.

Make sure you arrive in plenty of time as parking can be limited near the start/finish area adjacent to the pit lane in Aughtie Drive.

Note a new course (see below) different to the one in the winter handbook has been posted on the AV website.

Remember we can always do with parents, friends or anyone else who can help with officiating or time keeping.

See you at Albert Park on Sunday morning.



## **UPCOMING EVENTS – Sandown Relays**

One of the big events for the winter, the Sandown road relays, will be on Saturday, July 9. Teams will be organised over the next couple of weeks, please contact the winter competition committee regarding your availability for this event.

## **TRIVIA!**

The big social and fundraising event for the year, the annual Box Hill Athletic Club trivia night, is just 2 months away on Saturday, August 6! More details to come in the following weeks, but start organising your tables and let us know if you have any items suitable for auction on the night.

## **FRANK TUTCHENER BOX HILL 10 MILE CHAMPIONSHIP**

**Saturday, June 19**

A larger than normal group assembled for the 2005 Frank Tutchener 10 mile championship and the inaugural running of the Women's 5 mile championship on Sunday 19 June. Seventeen starters lined up in somewhat miserable conditions at the Frank Sedgeman reserve in Box Hill North adjacent to the Freeway. Chris O'Connor laid out the new course this year (and is thanked for his efforts in doing so).

Andrew White was victorious after a reasonable close race where he was pursued by Graeme Olden and Chris O'Connor. David Jimenez has commenced racing again after a long layoff with pneumonia and it was great to see him return to contest this race, where he finished fourth. David distinguished himself by running faster for the second half of the race than for the first 5 miles.

The women's 5 mile race had numerous competitors, with Fiona Turner proving victorious from Alice Baquie, recently returned from overseas. Alice looks to be in tremendous form, actually running the full 10 mile distance in a very even time. Jess de Bruin was placed third, closely followed in by Haley Tomlinson, and Joc Keage.

Breakfast was provided for those athletes who returned to the club.

Thanks to Julie Milner for her efforts in recording and encouraging athletes.

### **Full Results**

Name	5 mile time	10 mile time	Placing
Andrew White	28:51	57:53	1
Graeme Olden	29:16	58:45	2
Chris O'Connor	29:31	59:32	3
David Jimenez	30:40	61:19	4
Chris Wall	32:03		
Fiona Turner	32:10		1
Alice Baquie	32:19	64:40	5 (2nd in Women's 5 mile)
Alan Craigie	32:28	65:00	6
Jess de Bruin	33:34		3
Haley Tomlinson	34:10		4
Joc Keage	34:13		5
Adam Pepper	34:51	72:34	7
Kate Wall	37:20		6
Kerry Putt	37:33		7
Kylie King	37:43		8
Megan Sloane	39:50		9

Chris Hamer also started and ran part of the course

### **Rumour has it.....**

that club veteran John Meagher has been selected to represent Australia in his age group in the world duathlon championships

### **And in America.....**

Former club members Nikki Chapple and Erica Sigmont are having great success running for American colleges, while Andrew Letherby continues his outstanding form on the roads. Nikki was the leading cross country runner for the University of Iowa over our summer, while Erica has been in great form on the track over 1500m and 800m for the University of Arkansas. Erica has recently ran a PB of 2:05.4 for 800m. In April, Andrew Leatherby finished 8<sup>th</sup> in the famous Boston marathon and recently placed 5<sup>th</sup> in the Rocky mountains half marathon.



*Erica Sigmont racing indoors for the university of Arkansas*



*Nikki Chapple leads the field running for the university of Iowa*

### **Victorian All Schools Cross Country Championships**

A number of our junior athletes had outstanding performances at the All Schools championships at Bundoora last Saturday.

One of the highlights of the days competition was a run away win by Chris Hamer in the under 18 boys 6km event.

Other good performances included Matt Coloe 5<sup>th</sup> and Navin Arunasalam 12<sup>th</sup> in the same event. Steve Kelly finished 4<sup>th</sup> and Duayne Christou 6<sup>th</sup> in the under 20 8km race and Harriet Hodgkinson was 11<sup>th</sup> in the girls under 16 event.

