

Winter News 16

Bundoora Park Cross Country, This Saturday, July 23

- 1:00pm** **6km** (2 x 3km laps) Women U20, Men U16, U18
- 1:35pm** **4km** (2 x 2km laps) Women U14, U16, U18, Men U14
- 1:55pm** **8km** (4 x 2km laps) Women Open, Men U20
- 2:45pm** **12km** (4 x 3km) Men Open

At Bundoora Park, Plenty Rd, Bundoora. (Melway map 19 F4)

At the half way mark of the winter season, Box Hill teams are well placed in the winter premiership. We need a good attendance at Bundoora this week and at the remaining events to make sure that we complete a successful season.

Our men's division 1 team is still in second place on the ladder. Although it now looks that first place might be out of our grasp, we are still hoping for some good results, aiming to win at least one event and hold on to second place on the ladder for the rest of the season.

In division 4 we are back on top of the ladder after a win at Sandown. We have to make sure that we get at least 11 finishers in the men's open events to fill both our division 1 and division 4 teams. A premiership in division 4 would mean promotion back to division 3 for next season.

Our women's first team was relegated to division 2 this season. After a good 3rd place at Sandown we are now sitting second on the ladder. Good results for the rest of the season will see us back where we belong in division 1 next year.

Officials Needed

Box Hill must supply 10 officials at Bundoora on Saturday. Your help is needed!

If you are not running please come out to Bundoora on Saturday to help out the club, or persuade a friend or family member to come out and officiate.

This is the only event for the winter that requires a large contingent of Box Hill officials, so please let us know ASAP if you can help out on the day.

Upcoming Events

The next event after this weekend in the cross country at **Ballam Park, Frankston** on Saturday, August 6.

Also on Saturday, August 6 is the annual Box Hill **Trivia Night**.

Make sure you have your tables organised for the trivia night, or if you are coming on your own, let us know so we can organise tables.

News from Marakesh

Matthew Coloe performed well without much luck in the world youth championships in Morocco. He ran a time of 3:54.50 in his 1500m heat but finished 4th in a blanket finish and failed to qualify for the final by 0.26 seconds. The international experience is sure to hold him in good stead in the future when he is sure to represent Australia again.