

Box Hill Athletic Club Summer News 01

2006/7 TRACK AND FIELD SEASON COMMENCES THIS SATURDAY!

The Summer track and field season starts with the All Comers Meet / Registration day at Box Hill this Saturday.

Program (as per page 36 of the Summer Competition Handbook)

TRACK

1:00pm	100m Men & Women
1:45pm	1500m Men & Women
2:30pm	400m Men & Women
3:15pm	3000m Men & Women

FIELD	Shot Put	Discus	Long Jump	High Jump
1:00pm (1.10m)	M14/F14	F Open	M18/F18	Underage
1:30pm	M16/F16		M Open	
2:00pm	M18/F18	M14/F14		Underage (1.40m)
2:30pm	M Open	M16/F16	F Open	Open (1.40m)
3:00pm		M18/F18	M14/F14	
3:30pm (1.60m)	F Open	M Open	M16/F16	Open

Everyone is welcome to come along and compete even if you are not registered!

If you are not yet registered for this season, you can pay your registration at the track this Saturday.

Shield Competition commences on Saturday, November 11, so make sure you are registered well before then.