

Box Hill Athletic Club Summer News 12

SHIELD COMPETITION AT BOX HILL THIS SATURDAY

Shield competition continues with round 8 at Box Hill this Saturday, January 13. With more than half the season gone, we need to improve our performances to qualify all our teams for the finals

UPCOMING EVENTS

Saturday, January 13	Shield Round 8	Box Hill
Thursday, January 18	Milers Club	Box Hill
Tuesday, January 23	Shield Round 9	Doncaster
Tuesday, January 30	Milers Club	Olympic Park
Saturday, February 3	Vic Youth & U23 Champs	Doncaster
Saturday, February 3	Open & U20 Relay Champs	Doncaster
Sunday, February 4	Vic Youth & U23 Champs	Doncaster
Sunday, February 4	Open & U20 Relay Champs	Doncaster
Sunday, February 4	All Comer's Meet	Doncaster
February 9 - 11	Aust U20 & U23 Champs	Hobart
Saturday, February 10	Shield Round 10	Nunawading
Sunday, February 11	Aust Club Championships	Hobart

RELAY CHAMPIONSHIPS

Note the state under 20 and open relay championships will be held in conjunction with the youth and under 23 individual championships at Doncaster on February 3 and 4. Please let Cathy Tilley, Rob Falkenberg or Chris O'Connor know if you are available for the relay championships.

NATIONAL CLUB CHAMPIONSHIPS

Box Hill has a proud tradition in the national club championships. Our men's team were national champions in Canberra in 2005 and finished second last year in Adelaide. This year we aim to win back the title and hope that our women's team can also be competitive. If you will be in Hobart for the national U20/U23 championships or if you are able to travel to Hobart to compete on Sunday, February 11 please let us know as soon as possible. Contact Chris O'Connor, Cameron Baker or Leana Tilley.

RESULTS FROM ROUND 7 AT DONCASTER

Event	Division	Full Name	Performance
F100	FOP	Deane, Morgan	12.3
F100	FOP1	Ackland, Kathryn	12.6
F100	FOP1	Phillips, Angela	13.1
F100	F16	Booth, Courtney	13.5
F100	F16	Freestone, Abbie	13.8
F100	F16	Carrig, Anna	13.8
F100	F16	Hornett, Kimberlie	14.1
F100	FOP1	Hopkins, Kristine	14.2
F100	F16	Carrig, Amy	14.3
F100	F18	Carabourniotis, Panayiota	14.5
F100	F14	Cotton, Grace	14.7
F1500	FOP1	Fritze, Claire	5:13.2
F200	FOP1	Ackland, Kathryn	25.8
F200	FOP1	Stewart, Sarah	27.3
F200	FOP1	Phillips, Angela	27.4
F200	F16	Carrig, Anna	28.4

F200	F16	Hornett, Kimberlie	28.7		
F200	F16	Freestone, Abbie	28.8		
F200	F16	Carrig, Amy	29.0		
F200	F16	Booth, Courtney	29.1		
F200	F14	Cotton, Grace	29.3		
F200	FOP2	Hopkins, Kristine	29.3		
F200	F14	Pocklington, Alexandra	29.5		
F200	F18	Carabourniotis, Panayiota	29.6		
F200	FOP2	Ward, Elissa	30.7		
F800	FOP1	Hopkins, Kristine	2:24.9		
F800	FOP1	Zagato, Amy	2:25.2		
F800	F18	Hodgkinson, Harriet	2:26.1		
F800	FOP1	Andrews, Suzanne	2:32.5		
F800	F16	Mccrae, Helen	2:36.6		
FDT	F18	Carabourniotis, Panayiota	23.32	1kg	
FDT	F18	Kremenchutskaya, Natalia	25.82	1kg	
FDT	FOP1	Hewitt, Sarah	35.03	1kg	
FDT	FOP1	Burns, Lauren	37.5	1kg	
FHJ	F18	Carabourniotis, Panayiota	1.35		
FHJ	FOP1	Hewitt, Sarah	1.35		
FHJ	FOP1	Stewart, Sarah	1.35		
FHJ	F16	Freestone, Abbie	1.45		
FJT	F18	Carabourniotis, Panayiota	13.26	600gm	
FJT	FOP2	Hewitt, Sarah	21.27	600gm	
FJT	FOP1	Burns, Lauren	35.10	600gm	
FJT	FOP1	Burns, Lauren	37.43	600gm	
FLJ	FOP1	Hewitt, Sarah	3.85		
FLJ	F16	Carrig, Anna	4.11		
FTJ	F16	Carrig, Anna	9.69		
FTJ	FOP1	Burns, Lauren	10.47		
FTJ	F18	Kremenchutskaya, Natalia	10.67		
M100	MOP1	Medford, Rhett	11.15	PL	
M100	M18	Ross, Joshua	11.43	PL	
M100	MOP1	Sherry, Cameron	11.1		
M100	M20	Pulop (Levey), Moses	11.3		
M100	M18	Burke, David	11.5		
M100	M20	Zeed, Imran	11.7		
M100	M18	Di Rienzo, Aaron	11.8		
M100	MOP1	Pocklington, Colin	11.9		
M100	MOP2	Knott, Peter	12.0		
M100	M18	Booth, Brendan	12.1		
M100	M18	Entwistle, David	12.2		
M100	MOP2	Featherston, David	12.63		
M1500	MOP1	Dinneen, Stephen	4:19.4	PL	
M1500	MOP1	Boxshall, Paul	4:20.2		
M200	MOP1	Medford, Rhett	21.26	PL	

M200	M18	Ross, Joshua	21.98	PL		
M200	MOP1	Wilcox, Andrew	22.8			
M200	M18	Burke, David	23.1			
M200	M20	Zeed, Imran	23.5			
M200	M18	Di Rienzo, Aaron	24.2			
M200	MOP1	Featherston, David	25.62			
M3000	MOP1	Bickham, Dale	09:02.6			
M3000	MOP1	O'connor, Christopher	10:21.4			
M3000	MOP1	Gardner, Neville	14:23.9			
M400H	MOP1	Featherston, David	55.3	PL	91cm	
M400H	M20	Zeed, Imran	55.7		91cm	
M800	MOP1	White, Andrew	1:56.6			
M800	MOP1	Chefnaoui, Bouchaib	1:57.9			
M800	MOP1	Tirhazouine, Otmane	1:58.1			
M800	MOP2	Ayers, David	2:05.3			
M800	MOP2	Clowes, Russell	2:07.1			
M800	MOP2	Featherston, David	2:08.7			
M800	MOP3	Kelly, Patrick	2:12.3			
M800	M18	Grace, Harrison	2:12.4			
M800	MOP3	Gardner, Neville	2:55.3			
MDT	MOP2	Gardner, Neville	23.19		1.5kg	
MDT	MOP1	Featherston, David	25.26		2kg	
MDT	MOP1	Rutty, Christopher	33.27		2kg	
MHJ	MOP1	Peavey, John	1.95			
MJT	MOP1	Gardner, Neville	19.01		800gm	
MJT	M20	Pulop (Levey), Moses	27.34		800gm	
MJT	MOP1	Featherston, David	39.16		800gm	
MTJ	MOP1	Rabone, Adam	14.44	PL		

QUESTIONS?

If you have any enquiries about shield competition, please contact: Rob Falkenberg - Robert.Falkenberg@se1.bp.com
or Chris O'Connor - coconnor@swin.edu.au