

Box Hill Athletic Club Summer News 18

MAKE SURE THAT YOU ARE QUALIFIED FOR THE FINALS!

The next (and final) round of shield competition will be held at Box Hill on Tuesday, March 6, followed by the finals on March 24 and 31. To compete in the finals you need to have competed in at least 3 rounds of shield competition this season. Also to compete in a particular event in the finals you need to have done that event at least once through out the season. So it is important that we get a good turn out of athletes to the last round of shield competition. We have several athletes who must compete on this day in order to be a part of the finals action.

UPCOMING EVENTS

Tuesday, March 6	Shield Round 12	Box Hill
March 9-11	National Championships	Brisbane
Saturday, March 17	All Comer's Meet	Doncaster
Saturday, March 24	Shield Region Final	Nunawading
Saturday, March 31	Shield Final	Olympic Park

CLUB 75 YEAR DINNER

Box Hill Athletic Club commenced in 1932, and this year, 2007, marks our 75th Anniversary. Our club has an outstanding record of achievement, as do many individuals who have competed for "the white horse". Following the marvellous success of our 70th anniversary celebrations in 2002, an organizing committee has been formed to oversee a 75th reunion celebration. Although arrangements are not yet finalised, we ask all current and former members and associates to pencil Saturday June 30th into your diary. Please mention this event and the date to all your friends associated with our great club, as we want as many of our current and former members no matter what level of achievement they attained to be present on the night.

We invite you to join the organising committee to assist us with any of the myriad tasks which will be necessary for success on the night. If you have photos, video or film footage of any event involving Box Hill athletes we would appreciate you letting us know so that we might be able to transfer it on to DVD for a display on the night. If you have any ideas about anything that you would like the organising committee to consider, we invite you to contact us by phone, letter or e-mail. We would like you to think of the group of friends that you would like to be seated with at your table and contact them so that they know the celebration is on. We welcome your support, ideas, thoughts and suggestions. Doug Bourne - email doug@bourneromeo.com.au

Chris O'Connor - email coconnor@swin.edu.au 0410 490 630 (M); 9882 6108 (H); 9214 8966 (W) Ian Sloane - email iansloane@optusnet.com.au 0418 584 309 (M); 9459 4486 (H); 9873 1551 (W) Julie Milner - email jmilner@jpg.com.au

STATE CHAMPIONSHIPS

Many Box Hill athletes took part in the state open and under 20 championships at Olympic Park on the weekend, which also incorporated the state underage relay championships. Congratulations to everyone who took part. Box Hill had many athletes run PB's or make finals and place well. Special congratulations to our medalists.

WOMEN OPEN

Gold Medals

Theodora Spathis, High Jump 1.68m

Rosanna Ditton, Pole Vault 4.20m

Sarah Graeme, 3000m Steeplechase 10:36.34

Silver Medals

Veronica Kirby, High Jump 1.68m
Jacinta Lynn, Pole Vault 3.90m
Theodora Spathis, Long Jump 5.71m

Bronze Medals

Simone Carre, High Jump 1.68m
Simone Carre, 100m hurdles 14.95

MEN OPEN

Gold Medals

Daniel Clark, 1500m 3:48.69
James Filshie, Pole Vault 5.15m
Mohamad Zeed, 110m hurdles 14.49

Silver Medals

Bouchaib Chefnaoui, 1500m 3:49.49
Rhett Medford, 400m 48.09
Joel Pocklington, Pole Vault 5.00m

Bronze Medals

Paul Boxshall, 3000m Steeplechase 9:52.19
David Featherston, 400m hurdles 57.39
Adam Rabone, Triple Jump 14.61
Rhett Medford, 200m 21.99
Lachlan Aspinall, 800m 1:52.14

WOMEN UNDER 20

Gold Medals

Veronica Kirby, High Jump 1.68m
Jacqui Williams, Pole Vault 3.55m

Bronze Medals

Natalie Kremenchutskaya, Triple Jump 11.41
Kate Wall, 800m 2:18.13
Breanna Cross, Pole Vault 3.80m

MEN UNDER 20

Gold Medals

Joshua Ross, 100m 11.19
Joshua Ross, 200m 22.53

Silver Medals

Angus Bovill, High Jump 1.85m
David Burke, 400m 49.56
Chris Hamer, 5000m 15:06.64
Navin Arunasalam, 800m 1:55.90

RELAY TEAMS

Gold Medals

Women 4x800 Metre Relay Under 18
BOX HILL 9:47.35

1) Olivia Turnbull 2) Amy Carrig 3) Helen McCrae 4) Harriet Hodgkinson

Men 4x1500 Metre Relay 40+

BOX HILL 17:50.04

1) Chris O'Connor 2) David Ayers 3) Graeme Olden 4) John Meagher

Bronze Medal

Women 4x400 Metre Relay Under 18

BOX HILL 4:09.23

1) Anna Carrig 2) Emily De Luca 3) Kimberlie Poon Hornett 4) Olivia Turnbull

QUESTIONS?

If you have any enquiries about shield competition, please contact: Rob Falkenberg -

Robert.Falkenberg@se1.bp.com

or Chris O'Connor - coconnor@swin.edu.au