

Box Hill Athletic Club Winter News 10

FRANKSTON CROSS COUNTRY RESULTS

Despite having many runners missing due to injury, illness, auctions, babies, exams and other commitments, there were some good performances by Box Hill athletes in the cross country championships at Frankston last Saturday. Although not at full strength, our women's team finished 2nd in division 1 and our under 20 women's team also finished second. The under 20 men's team finished 3rd and Box Hill were 4th in the men's over 40 division. Unfortunately our open men's team struggled just to get the required 6 runners across the line and finished in 11th place.

A full report will appear soon.

Individual results:

WOMEN OPEN 4KM

9. Sarah Grahame	15:30
17. Rachel Johnson	15:52
23. Amanda Harper	16:06
25. Heidi Riordan	16:08
47. Megan Sloane	17:00
100. Inge Watson	19:10

UNDER 20 WOMEN 3KM

5. Kate Wall	11:59
6. Hayley Tomlinson	12:05
13. Priscilla Barrington	13:46

UNDER 14 WOMEN 3KM

10. Grace Cotton	13:09
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UNDER 16 MEN

12. Danny Krause	16:26
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UNDER 20 MEN 6KM

6. Duayne Christou	21:20
10. Ruben Arunasalam	21:53
11. Navin Arunasalam	22:01

OPEN MEN 16KM

18. Andrew White	55:11
44. Simon Watson	58:07
60. Graeme Olden	59:34
122. Chris O'Connor	65:03
151. Bill Dyer	66:40
247. Barry Whittle	75:35

UPCOMING EVENTS

Saturday, June 17 Victorian All Schools Cross Country Championships Bundoora

Saturday, June 24 Harcourt - Bendigo Relays Long Relay

Last year our men's and women's teams both finished second. We are hoping to go one better this year. There are no junior events on this day but juniors may run in senior teams. Box Hill has traditionally performed well in this event and we are hoping to be at full strength and enter 3 men's and 3 women's teams.

Saturday, July 8 Sandown Racecourse Road Relay

The Sandown road relays are always one of the big events of the winter and we are hoping to enter a large number of senior and junior teams.

TRIVIA NIGHT! TRIVIA NIGHT! TRIVIA NIGHT! COMING SOON!

Mark Saturday, July 29 in your diaries so that you don't miss the club's biggest social and fund raising event for the year! More details to follow soon.

WINTER COMPETITION COMMITTEE

Contact a member of the club winter competition committee if you have any enquiries.

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