

## **Box Hill Athletic Club Winter News 19**

### **BALLARAT CROSS COUNTRY RESULTS**

Andrew White, Duayne Christou, Navin Arunasalam and Kate Wall put in outstanding performances at the cross country championships at Ballarat last Saturday.

Full report next week.

Open Men 8km

Division 1: Team 3rd

6. Andrew White

19. John Meagher (1<sup>st</sup> Over 40)

30. Daniel Clark

31. Adrian Vincent

51. Paul Boxshall

66. Liam Rourke

75. Graeme Olden

160. Bill Dyer

194. Scott Boxshall

Under 20 Men 4km

Team: 1<sup>st</sup>

2. Duayne Christou

3. Navin Arunasalam

8. Ruben Arunasalam

Open Women 6km

25. Rachel Johnson

29. Amanda Harper

53. Megan Sloane (2<sup>nd</sup> in age group)

Under 20 Women 4km

4. Kate Wall

Our numbers were down for this event, but we are hoping to have a good turn out for the half marathon on September 3 and we encourage every runner to make themselves available for the finale of the winter season at the Tan on September 17.

### **CLUB WINTER CHAMPION**

The points in the race for the club winter champions trophy after the cross country at Ballarat is:

#### **MEN**

Andrew White 49

Adrian Vincent 26

John Meagher 26

Graeme Olden 22

Daniel Clark 22

#### **WOMEN**

Rachel Johnson 45

Amanda Harper 36

Alice Baquie 31

Sarah Grahame 28

Megan Sloane 27

#### JUNIORS

Kate Wall 65

Ruben Aranasalam 38

Danny Krause 37

Duayne Christou 36

#### UPCOMING EVENTS

##### CLUB 10 MILE CHAMPIONSHIP

The next event for the year will be the club 10 mile championship. This traditional event will be held on Sunday morning, August 20.

Come along on this day to race or just to have a run and stay around for the breakfast afterwards!

##### NATIONAL CHAMPIONSHIPS

The national cross country championships will be held near Hobart on Saturday, August 26  
Good luck to all Box Hill athletes who are traveling to Tasmania for this event.

##### HALF MARATHON

The Victorian half marathon will be held along the Yarra Boulevard at Burnley on Sunday morning, September 3.

##### TAN RELAYS

The last event for the winter season will be held at the famous Tan track around the Botanic Gardens on Saturday morning, September 16.

##### WINTER COMPETITION COMMITTEE

Contact a member of the club winter competition committee if you have any enquiries.

Graeme Olden

ph. 9885 0890 email: <mailto:golden@sprint.net.au>

Ian and Megan Sloane

ph. 9459 4486 email: <mailto:iansloane@optusnet.com.au>

Chris O'Connor

ph: 9882 6108 email: <mailto:coconnor@swin.edu.au>