Box Hill Athletic Club Winter News 20

CLUB 10 MILE CHAMPIONSHIP, THIS SUNDAY!

Box Hill Club 10 mile Championship for the Frank Tutchener Shield

Date: Sunday, August 20

Start Time: 9:00am

Location: Start at the Frank Sedgeman Reserve. Elizabeth Street, Box Hill North

Course: The course runs along the bike track near the Eastern freeway.
The start/finish line is situated at the Frank Sedgeman Reserve, near Station Street.
Runners head east for 2km (past Middleborough Road) then turn and head back to start/finish (4km) then continue on west towards Doncaster Road for 2km (6km), then back to the start/finish line (8km). This course is then repeated to complete 16.1km (10 miles)

Come along and support the event.
Run the full 10 miles or any section of it.
If you don't wish to race, you can use it as a training run and then join us for breakfast back at the track after the event.

Meet at the start line at 8:45am or at the track at 8:30am.

NATIONAL CHAMPIONSHIPS
The national cross country championships will be held near Hobart on Saturday, August 26
Good luck to all Box Hill athletes who are traveling to Tasmania for this event.

Congratulations to Duayne Christou who has been selected to represent Victoria in the under 20 event. Chris Hamer, Steve Kelly, Matt Coloe and Sarah Grahame have already been selected in the Victorian under 20 all schools team.

HALF MARATHON
The Victorian half marathon will be held along the Yarra Boulevard at Burnley on Sunday morning, September 3.

TAN RELAYS
The last event for the winter season will be held at the famous Tan track around the Botanic Gardens on Saturday morning, September 16.
We ask all athletes to make themselves available for this event. It is a great event to finish off the winter season*.or to help prepare you for the track season.

WINTER COMPETITION COMMITTEE
Contact a member of the club winter competition committee if you have any enquiries.

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