

**Box Hill Athletic Club Summer News 07**  
**Monday 19 November 2007**

## **UPCOMING EVENTS**

Saturday, November 24	Shield Round 5 – Program 2	Box Hill
Thursday, November 29	Premier League 2	Olympic Park
Saturday, December 1	Shield Round 6 – Program 3	Box Hill
Sunday, December 2	Ron Clarke Classic	Geelong
Monday, December 3	Zatopek 10k lower grades	Box Hill
Saturday, December 8	Shield Round 7 – Program 1	Nunawading
Thursday, December 13	Zatopek	Olympic Park
Thursday, December 13	Milers Club (before Zatopek)	Olympic Park
Saturday, December 15	Shield Round 8 – Program 2	Doncaster
Saturday, December 15	Premier League 3	Aberfeldie

## **ROUND 5 OF SHIELD COMPETITION AT BOX HILL THIS SATURDAY, NOVEMBER 24**

Round 5 of Shield competition will be held at Box Hill this Saturday. Remember that if you want to compete in the finals at the end of the season that you must compete in at least 3 rounds of competition throughout the season. Also you are not allowed to compete in any event in the finals that you have not done in the regular shield competition, so try a few extra events if you can as you might be needed come finals time.

## **OFFICIALS AND HELPERS**

The club is distributing letters asking people to help supply an official for at least one round of competition. Of course anyone who would like to volunteer is encouraged to help as an official. This might involve data entry or raking a long jump pit or standing on the judges stand. We are grateful to anyone who can help.

## **TRACK REDEVELOPMENT**

As you might be aware the Box Hill track is due to be resurfaced and redeveloped this summer. If all goes to plan and subject to final approval by the Whitehorse city council, work will start on the track on Tuesday, December 4. The track is unlikely to be available for training for the rest of the summer after this date. Despite the inconvenience, it will be great to have a new surface on the track, a new pole vault run up, 2 extra lanes down the front straight and a double long, triple jump run up. The club is still negotiating for use of the Nunawading track at East Burwood for training over this time period. Further information should be available next week.

## **PLAN AHEAD!**

The most important dates in this season's athletics calendar for club competition are the Eastern Region Shield Final on Saturday, February 2 and the Association Shield Final on Saturday, February 16. Please mark these dates in your diary, we need our best possible teams available on these days. For open age athletes there is also the possibility of competing in the National Club Championships in Hobart on Saturday, January 19. Box Hill has a proud tradition of representing Victoria in this national competition and we are hoping to have a strong team make the trip across Bass Strait again this year.

## **CONGRATULATIONS!**

Congratulations to Leana Tilley and Cameron Joyce who have recently announced their engagement. Leana and Cameron have both contributed so much to the club through coaching, fund raising and working on the committee. We wish them the very best.

## **RESULTS FROM ROUND FOUR OF SHIELD COMPETITION**

F800	F14	Schwarz, Rebecca	2:42.2
FHJ	F14	Bastecky, Frederika	1.55

FJT	F14	Dyer, Chelsea	35.07	(600gm)
FLJ	F14	Mcarthur, Caitlin	4.05	
Walk	F14	Mcnicol - Davidson, Chole	9:35.2	(1.5k)
F100	F16	Carrig, Anna	13.2	
F1500	F16	Townshend, Penny	5:02.9	
F200	F16	Carrig, Anna	27.41	
F200	F16	Carrig, Amy	29.38	
F200	F16	Mahoney, Charlotte	29.98	
F800	F16	Mahoney, Charlotte	2:39.5	
F800	F16	Carrig, Amy	2:39.8	
FLJ	F16	Carrig, Amy	4.32	
F400H	FOP	Aughton, Bridget	1:08.4	(76cm)
F100	F18	George, Ryleigh	13.1	
F100	F18	Freestone, Abbie	13.5	
F100	F18	Kremenchutskaya, Natalia	13.8	
F100	F18	Poon Hornett, Kimberlie	13.9	
F100	F18	Zerella, Emily	14.0	
F100	F14	Whittle, Sstacey	14.1	
F1500	F18	Hodgkinson, Harriet	5:40.6	
F200	F18	Whittle, Stacey	30.19	
F200	F18	Freestone, Abbie	27.55	
F200	F18	Poon Hornett, Kimberlie	28.36	
F200	F18	De Luca, Emily	2	
			8.49	
FDT	F18	Kremenchutskaya, Natalia	16.88	(1kg)
FDT	F18	De Luca, Emily	14.05	(1kg)
FHJ	F18	Cross, Breanne	1.35	
FHJ	F18	Carabourniotis, Panayiota	1.50	
FHJ	F18	Kremenchutskaya, Natalia	1.50	
FHJ	F18	Zerella, Emily	1.50	
FHJ	F18	Freestone, Abbie	1.45	
FLJ	F18	Freestone, Abbie	4.49	
FLJ	F18	Cross, Breanne	3.96	
F100	FOP1	Adams, Melanie	12.8	
F100	FOP1	Ackland, Kathryn	13.2	
F100	FOP1	Phillips, Angela	13.2	
F100	FOP2	Lee, Vivienne	14.0	
F1500	FOP1	Conley, Marguerite	5:16.4	
F1500	FOP1	Harper, Amanda	5:17.1	
F1500	FOP1	Crawford, Talitha	5:23.1	
F1500	FOP2	Watson, Inge	6:18.6	
F200	FOP1	Turnbull, Hannah	26.68	
F200	FOP1	Ackland, Kathryn	27.16	
F200	FOP1	Phillips, Angela	28.36	
F200	FOP2	Lee, Vivienne	28.40	
F200	FOP2	Carre, Simone	29.45	
F200	FOP2	Ward, Elissa	31.02	
F800	FOP1	Zagato, Amy	2:24.2	
F800	FOP1	Andrews, Suzanne	2:36.9	
FDT	FOP1	Adams, Melanie	25.80	(1kg)
FDT	FOP1	Carre, Simone	29.96	(1kg)
FHJ	FOP1	Adams, Melanie	1.70	
FJT	FOP1	Phillips, Angela	33.7	(600gm)
FLJ	FOP1	Turnbull, Hannah	5.06	
M100	M16	Nourish, Simon	12.0	
M100	M16	Johnson, Marcus	12.0	

M100	M16	Mcmillan, Lachlan	12.1	
M100	M16	Mcmillan, Lachlan	12.1	
M100	M16	Schneider, Danny	12.4	
M100	M16	Potter, William	12.9	
M100	M16	Dare, Timothy	13.1	
M100	M16	Goldsmith, Timothy	13.1	
M100	M16	Cross, Brodie	13.3	
M100	M16	Parkinson, Joshua	13.6	
M1500	M16	Schneider, Danny	4:47.3	
M1500	M16	Waters, Matthew	4:52.3	
M200	M16	Parkinson, Joshua	27.61	
M200	M16	Johnson, Marcus	24.54	
M200	M16	Nourish, Simon	25.94	
M200	M16	Snibson, James	26.07	
M200	M16	Goldsmith, Timothy	26.24	
M200	M16	Dare, Timothy	26.69	
M200	M16	Cross, Brodie	27.55	
M200H	M16	Cornelius, Tom	27.2	(76cm)
M200H	M16	Mcmillan, Lachlan	29.2	(76cm)
M800	M16	Potter, William	2:09.6	
M800	M16	Baggott, Nicholas	2:09.7	
M800	M16	Dowel, Michael	2:10.3	
M800	M16	Snibson, James	2:15.4	
MDT	M16	Wu, Kenneth	27.05	(1kg)
MHJ	M16	Dove, Tim	1.65	
MHJ	M16	Nourish, Simon	1.60	
MHJ	M16	Potter, William	1.50	
MHJ	M16	Cross, Brodie	1.50	
MHJ	M16	Parkinson, Joshua	1.45	
MLJ	M16	Mcmillan, Lachlan	5.51	
MLJ	M16	Johnson, Marcus	5.32	
MLJ	M16	Potter, William	5.04	
MLJ	M16	Schneider, Danny	4.74	
Walk	M16	Mcnicol - Davidson, Cody	9:38.0	(1.5k)
M100	M18	Maginn, Tim	11.5	
M100	M18	Entwistle, David	12.0	
M200	M18	Maginn, Tim	24.85	
M200	M18	Nagle, Cameron	25.75	
M200	M18	Brock, Christopher	26.1	
M400H	M18	Brock, Christopher	1:06.6	(91cm)
M800	M18	Nagle, Cameron	2:18.3	
MHJ	M18	Entwistle, David	1.05	
MLJ	M18	Maginn, Tim	5.58	
M100	MOP1	Medford, Rhett	10.7	
M100	MOP1	Ross, Joshua	10.9	
M100	MOP1	Haddow, Andrew	11.0	
M100	MOP2	Sherry, Cameron	11.3	
M100	MOP2	Filshie, James	11.5	
M100	MOP2	Levey (Pulop), Moses	11.5	
M100	MOP3	Pocklington, Joel	11.5	
M100	MOP3	Baker, Cameron	12.5	
M100	MOP3	Pocklington, Colin	12.5	
M100	MOP4	Gardner, Neville	16.7	
M1500	MOP1	Lynch, Barry	3:56.8	
M1500	MOP1	Hamer, Christopher	3:59.7	
M1500	MOP1	Kelly, Stephen	4:01.5	
M1500	MOP2	Beath, Andrew	4:09.3	
M1500	MOP2	Olden, Graeme	4:31.2	

M1500	MOP2	Hassett, Samuel	4:34.3	
M1500	MOP3	Griffin, Steven	4:34.8	
M1500	MOP3	Featherston, David		4:47.8
M1500	MOP3	Graham, Craig	5:12.3	
M200	MOP1	Sherry, Cameron		22.5
M200	MOP1	Filshie, James	23.32	
M200	MOP1	Wall, Christopher		23.43
M200	MOP2	Pocklington, Joel		24.81
M200	MOP2	Pocklington, Colin		25.26
M200	MOP2	Baker, Cameron		25.51
M200	MOP3	Gardner, Neville		34.85
M400H	MOP1	Featherston, David		58.5 (91cm)
M800	MOP1	Coloe, Matthew	1:53.6	
M800	MOP1	Clark, Daniel	1:54.3	
M800	MOP1	Dinneen, Stephen		1:56.9
M800	MOP2	Wall, Christopher		1:56.9
M800	MOP	Arunasalam, R	2:01.4	
M800	MOP2	Nagle, Andrew	2:03.2	
M800	MOP2	Ayers, David	2:05.8	
M800	MOP3	Boyd, David	2:16.1	
M800	MOP3	Graham, Craig	2:31.7	
M800	MOP3	Gardner, Neville		3:03.9
M800	MOP	Boyd, David	3:14.9	
MDT	MOP2	Gardner, Neville		21.80 (1.5kg)
MDT	MOP1	Rutty, Christopher		33.36 (2kg)
MDT	MOP1	Nuske, Brett	35.79	(2kg)
MHJ	MOP1	Featherston, David		1.60
MHJ	MOP2	Rutty, Christopher		1.60
MHJ	MOP1	Peavey, John	2.00	
MJT	MOP2	Gardner, Neville		16.57 (800gm)
MJT	MOP2	Featherston, David		35.81 (800gm)
MJT	MOP1	Morris, Cameron		43.18 (800gm)
MJT	MOP1	Scherma, Sam	43.98	(800gm)
MLJ	MOP2	Filshie, James	4.23	
MLJ	MOP1	Pocklington, Joel		4.61
MLJ	MOP1	Sherry, Cameron		6.02