

Box Hill Athletic Club Summer News 13
Thursday 10 January 2008

UPCOMING EVENTS

Thursday, January 10	Premier League 4	Olympic Park
Saturday, January 12	Under 23 State Champs	Doncaster
Sunday, January 13	Under 23 State Champs	Doncaster
Tuesday, January 15	Shield Round 10	Nunawading
Saturday, January 19	National Club Champs	Hobart
Saturday, January 19	Premier League 5	Ballarat
Tuesday, January 22	Shield Round 11	Doncaster
Thursday, January 31	Premier League 6	Olympic Park
Saturday, February 2	Shield Region Final	Doncaster

HELP URGENTLY NEEDED THIS WEEKEND!

The club is required to provide volunteers to help with officiating at the state under 23 championships at Doncaster on this weekend, Saturday, January 12 and Sunday, January 13. If you are able to help out for either a morning session or an afternoon session on either day please contact Chris O'Connor as soon as possible on 0410 490 630.

ROUND 10 OF SHIELD COMPETITION TO BE HELD AT NUNAWADING THIS TUESDAY

Round 10 of shield competition will be held at the Nunawading track (Burwood Highway, East Burwood) on Tuesday evening, January 15. This will be the second last round before the finals, so I hope everyone takes this opportunity to compete and earn extra points for the club.

WE NEED MORE WOMEN!

The national club championships will be held on Saturday, January 19, in Hobart. Our men's team is looking strong and although our women's team should also perform well we still need more athletes so that we can fill every event. Anyone who might be interested in competing please contact Chris O'Connor (0410 490 630) or Rob Falkenberg as soon as possible. With prize money available this year there is extra incentive for us to get our best teams to Hobart.

PLAN AHEAD!

The most important dates in this season's athletics calendar for club competition are the Eastern Region Shield Final on Saturday, February 2 and the Association Shield Final on Saturday, February 16. Please mark these dates in your diary, we need our best possible teams available on these days.

RICHARD RANCIE RIP

We are saddened to hear of the death of Richard Rancie, aged 28, in a car accident on Boxing Day. Although Richard has not been competing for the club in recent years, many members will remember him as an outstanding junior athlete who won a national under 20 800m title. He leaves behind a fiancée and a young son.

RESULTS FROM ROUND 9 OF SHIELD COMPETITION AT DONCASTER

Under 14 Women
F400 Dyer, Chelsea 1:14.6
FJT Dyer, Chelsea 31.57
FSP Dyer, Chelsea 9.34

Under 16 Women
F100 Carrig, Anna 13.81

F100	Pocklington, A	14.22
F100	Carrig, Amy	14.63
F400	Carrig, Anna	1:04.2
F400	Carrig, Amy	1:10.2
F400	Pocklington, A	1:10.4
F800	Carrig, Amy	2:49.4
FHJ	Pocklington, A	1.25
FJT	Helms, Meaghan	29.41
FJT	Pocklington, A	13.62
FLJ	Carrig, Anna	4.55
FLJ	Carrig, Amy	3.93
FPV	Pocklington, A	3.10

Under 18 Women

F100	Freestone, Abbie	13.61
F100	Poon Hornett, Kim	13.89
F100	Turnbull, Olivia	14.34
F100	De Luca, Emily	14.44
F400	Poon Hornett, Kim	1:06.6
F800	Turnbull, Olivia	2:28.0
F800	De Luca, Emily	2:31.0
FHJ	Carabourniotis, P	1.50
FHJ	Freestone, Abbie	1.35
FLJ	Freestone, Abbie	4.34
FPV	Freestone, Abbie	2.95

Open Women

FLJ	Spathis, Theodora	5.77
FLJ	Turnbull, Hannah	5.48
F100	Turnbull, Hannah	13.37
F100	Phillips, Angela	13.61
F100	Stewart, Sarah	14.01
F100	Anderson, Laura	14.65
F100H	Spathis, Theodora	17.19
F3000	Keage, Jocelyn	10:36.1
F3000	Conley, Marguerite	11:36.0
F3000	Harper, Amanda	11:37.9
F400	Ackland, Kathryn	1:03.2
F400	Lee, Vivienne	1:05.1
F400	Ward, Elissa	1:12.7
F800	Andrews, Suzanne	2:34.8
FJT	Phillips, Angela	33.02
FPV	Ditton, Rosanna	4.15
FSP	Spathis, Theodora	11.42
FSP	Phillips, Angela	11.42

Under 16 Men

M100	Schneider, Danny	12.74
M400	Schneider, Danny	57.4
M400	Dare, Timothy	1:04.0
M400	Dyer, Jackson	1:09.1
M800	Schneider, Danny	2:08.3
M800	Dowel, Michael	2:15.6
M800	Waters, Matthew	2:21.0
M800	Milnes, Mitchell	2:24.8
M800	Dyer, Jackson	2:34.0
MHJ	Dare, Timothy	1.65
MJT	Schneider, Danny	31.14

Under 18 Men

M100	Entwistle, David	12.2	
M100	Booth, Brendan	12.38	
M100	Brock, Christopher	12.7	
M110H	Brock, Christopher	18.1	
M2000S	Nagle, Cameron		8:44.8
M400	Brock, Christopher	1:00.3	
M800	Nagle, Cameron	2:19.5	

Open Men

M100	Medford, Rhett	11.02	
M100	Ross, Joshua	11.18	
M100	Sherry, Cameron	11.77	
M100	Baker, Cameron	12.38	
M100	Pocklington, Colin	12.82	
M100	Haddow, Andrew	14.39	
M100	Gardner, Neville	16.82	
M110H	Zeed, Mohamad	15.18	
M110H	Pocklington, Joel	16.32	
M110H	Baker, Cameron	19.11	
M3000	White, Andrew	8:51.9	
M3000	O'Connor, Chris	10:31.2	
M3000	Gardner, Neville	13:26.8	
M3000	Boyd, David	14:00.5	
M3000S	Olden, Graeme	11:04.7	
M400	Burke, David	1:01.5	
M400	Pocklington, Colin	1:01.7	
M400	Dyer, M	1:10.8	
M800	Dinneen, Stephen	1:54.5	
M800	Clark, Daniel	1:54.8	
M800	Lynch, Barry	1:59.3	
M800	Vincent, Adrian	2:02.0	
M800	Ayers, David	2:09.8	
M800	Hassett, Samuel	2:12.9	
M800	Bed, Hayden	2:34.3	
M800	Gardner, Neville	3:08.9	
MHJ	Baker, Cameron	1.50	
MHJ	Featherston, David	1.70	
MHJ	Peavey, John	1.90	
MHT	Scherma, Sam	48.22	
MHT	Rutty, Christopher	51.13	
MJT	Gardner, Neville	17.67	
MJT	Levey, Moses	33.26	
MJT	Baker, Cameron	37.13	
MLJ	Gardner, Neville	3.50	
MLJ	Featherston, David	5.78	
MPV	Baker, Cameron	2.95	
MPV	Sherry, Cameron	4.00	
MPV	Pocklington, Joel	5.05	
MPV	Filshie, James	5.20	
MSP	Boyd, David	5.43	
MSP	Nagle, Andrew	6.42	
MSP	Gardner, Neville	6.52	
MSP	Nuske, Brett	11.22	