#### Box Hill Athletic Club Summer News 16 Wednesday 30 January 2008

#### **UPCOMING EVENTS**

Thursday, January 31Premier League 6Saturday, February 2Shield Region FinalFebruary 8,9,10Victorian Open and U20 ChampsFebruary 8,9,10Under Age Relay ChampsSaturday, February 16Shield Final

Olympic Park Doncaster Olympic Park Doncaster

# SHIELD FINALS THIS SATURDAY AT DONCASTER

The Eastern Region interclub shield finals will be held this Saturday, February 2 at Doncaster.

Box Hill will have the following teams competing in the Region Finals: Women Under 14 Women Under 18 Women Open Division 1 Men Under 16 Men Open Division 1 Men Open Division 2.

The competition will run on Program 3 from the summer competition handbook.

If our teams can win the region final then they will progress to the Association Finals against the winners from the other regions, on Saturday, February 16, also at Doncaster.

Please arrive early and report in to your team manager as last minute changes to the teams may be necessary. We encourage all athletes, even if your team has not made the finals, to come along as you can still compete by invitation. Contact your team manager (or myself via return email) if you have any questions about the finals competition. Good luck to every one who is running this Saturday and let's hope Box Hill can win a number of premierships!

# NATIONAL SERIES MEET IN CANBERRA

Rosie Ditton and Mel Adams performed well to finish 2nd and 4th respectively in the pole vault at the national series meet in Canberra. Rosie cleared 4.10m to finish 2nd on a count back while Mel cleared 4.00m

## STATE RELAY CHAMPIONSHIPS

The state relay championships for under 14, under 16 and under 18 age groups will be held at Olympic Park on the weekend of February 8, 9, 10. Please contact Cathy Tilley, Elissa Ward, Rob Falkenberg, Dave Boyd, or Chris O'Connor if you are available to run in the relays.

## **CONGRATULATIONS STEVE**

Congratulations to former club member and Commonwealth Games pole vault champion Steve Hooker who cleared the magical 6.00 metre barrier in interclub competition in Perth on the weekend. Amazingly this was Steve first competition after returning from illness. See <a href="http://www.iaaf.org/news/Kind=2/newsId=43037.html">http://www.iaaf.org/news/Kind=2/newsId=43037.html</a> for more details.