

Box Hill Athletic Club Summer News 17
Monday 4 February 2008

UPCOMING EVENTS

February 8,9,10	Victorian Open & U20 Champs	Olympic Park
February 8,9,10	Under Age Relay Champs	Olympic Park
Saturday, February 16	Shield Final	Doncaster
Tuesday, February 19	Miler's Club	Nunawading
Thursday, February 21	Melbourne A-series	Olympic Park
February 23, 24	Victorian Under Age Champs	Olympic Park
February 23, 24	Open & Under 20 Relay Champs	Olympic Park

BOX HILL WINS 4 PREMIERSHIPS!

Box Hill won 4 premierships at the East Region finals at Doncaster on Saturday and will have 5 teams competing in the Association Finals on February 16.

Box Hill clearly won the Men's division 1 premiership despite some strong opposition from St. Kevins. The division 2 competition was much tighter with our team finishing in a tie with St. Stephens Harriers. Since this year the top 2 teams in each division progress to the Association Final there was no "run off" and the Eastern Region premiership is presented jointly to the 2 teams. The under 16 men were dominant and won by a large margin.

The open women's team performed well, despite having a number of team members unavailable and finished in 2nd place just 11 points behind St. Stephens Harriers. We expect that we will be able to field a stronger team on February 16. The under 18 women's team had a huge win of almost 100 points, while the under 14 girls did well to finish 3rd with a limited number of athletes.

See finals scores and individual results below.

STATE RELAY CHAMPIONSHIPS

The state relay championships for under 14, under 16 and under 18 age groups will be held at Olympic Park on this weekend of February 8, 9, 10, in conjunction with the state open and under 20 individual championships. If you wish to run in these relays and have not already been contacted by your team manager, please let us know as soon as possible.

Note also that Box Hill must supply some officials for these championships so if you are available to help please contact Cathy Tilley tilleyfamily@bambooblinds.com.au

ASSOCIATION FINALS, FEBRUARY 16

The program for the Association Finals is similar to the one used in the Region finals, except that the junior events will all be held in the morning, starting at 9:30am and the open divisions will be run in the afternoon starting at 3:00pm and going through to 7 o'clock. We urge all athletes to make themselves available to compete and those who are not competing to come along and support our teams!

AUSTRALIAN ATHLETICS CUP

Congratulations to Dora Spathis (long jump) and Matt Coloe (1500m) who were part of the Victorian team that won the Australian Athletics cup competition held in Brisbane last Saturday.

JOHN LANDY LUNCH CLUB EVENT

The 2008 World Athletics Tour kicks off in Melbourne this February and to celebrate Athletics Australia has invited Olympic gold medallist, IAAF Vice President and London 2012 Olympic Games organising committee chairman Lord Sebastian Coe to headline the John Landy Lunch Club event to be held at Crown Palladium on Tuesday 19 February, 2008.

Lord Coe will provide a key-note address and he will be joined by world 100m record holder Asafa Powell and world and Olympic 400m champion Jeremy Wariner, as part of the all star line up of the top

Australian and international athletes in town for the World Athletics Tour (WAT) Meet to be held at Olympic Park two days later.

As an attendee at one of the previous John Landy Club functions you will know this is a not to be missed occasion!

With two mid-week functions each year, Athletics Australia's John Landy Lunch Club provides a great opportunity for client entertaining and business networking, against a backdrop of world class athletic talent to inspire and entertain. Don't miss this opportunity - book now, as tickets are limited!

To book online, please click on the link below or alternatively, download and print the attached ticket booking and membership form: http://www.athletics.com.au/involved/johnlandy_lunchclub

EAST REGION FINALS RESULTS

WOMEN UNDER 14

Nunawading	138
Doncaster	120
Box Hill	107
Croydon	74

WOMEN UNDER 18

Box Hill	213
Diamond Valley	116
Doncaster	70
Ringwood	58

WOMEN DIVISION 1

St Stephens	205.5
Box Hill	194
Ringwood	151
Collingwood	145.5

MEN UNDER 16

Box Hill	220.3
Diamond Valley	148.3
St Kevins	147.8
Ringwood	130.5

MEN DIVISION 1

Box Hill	262.5
St Kevins	231.5
Collingwood	125
Diamond Valley	125

MEN DIVISION 2

Box Hill	247
St Stephens	247
Nunawading	132
Richmond	126

EAST REGION FINALS INDIVIDUAL RESULTS (INCLUDING STATE LEAGUE RESULTS)

Event	Division	Name	
F100	F14	Mcarthur, Caitlin	15.42
F800	F14	Booth, Talea	2:53.1
F80H	F14	Lawrence-Simons, H	14.86
F80H	F14	Mcarthur, Caitlin	16.58

FHJ	F14	Ridge, Kaitlyn	1.40	
FJT	F14	Dyer, Chelsea	35.17	
FJT	F14	Lawrence-Simons, H	18.81	
FPV	F14	Lawrence-Simons, H	2.55	
FSP	F14	Dyer, Chelsea	10.75	
FTJ	F14	Ridge, Kaitlyn	9.85	
FTJ	F14	Lawrence-Simons, H	9.73	
M400	F14	Dyer, Chelsea	1:10.9	
M400	F14	Booth, Talea	1:13.2	
F100	F16	Pocklington, Alex	14.0	
F90H	F16	George, Ryleigh	15.9	
FJT	F16	Pocklington, Alex	19.53	
FPV	F16	Pocklington, Alex	3.25	
M400	F16	Carrig, Anna	1:02.1	
M400	F16	Aughton, Bridget	1:02.6	
F100	F18	Freestone, Abbie	13.28	
F100	F18	George, Ryleigh	13.46	
F100	F18	Brock, Catherine	13.79	
F100H	F18	Aughton, Bridget	16.28	
F3000	F18	Mcrae, Helen	12:02.6	
F3000	F18	Hodgkinson, Harriet	12:52.4	
F800	F18	Turnbull, Olivia	2:25.0	
F800	F18	De Luca, Emily	2:30.8	
F800	F18	Hodgkinson, Harriet	2:43.8	
FHJ	F18	Carabourniotis, P	1.50	
FHJ	F18	Kremenchutskaya, N	1.50	
FPV	F18	Cross, Breanne	3.00	
FPV	F18	Freestone, Abbie	2.85	
FPV	F18	Cross, Breanne	2.80	
FSP	F18	Kremenchutskaya, N	7.81	
FSP	F18	Carabourniotis, P	7.33	
FTJ	F18	Brock, Catherine	8.96	
FTJ	F18	Carabourniotis, P	8.49	
FTJ	F18	Kremenchutskaya, N	11.21	
FTJ	F18	Freestone, Abbie	9.69	
M400	F18	Turnbull, Olivia	1:02.7	
M400	F18	Poon Hornett, Kim	1:04.5	
M400	F18	De Luca, Emily	1:05.0	
F100	FOP1	Lee, Vivienne	13.71	
F100	FOP1	Stewart, Sarah	13.76	
F100	FOP1	Turnbull, Hannah	12.89	
F100	FOP1	Phillips, Angela	13.10	
F100	FOP1	Ackland, Kathryn	13.14	
F100H	FOP1	Lee, Vivienne	17.41	
F100H	FOP1	Anderson, Laura	18.24	
F3000	FOP1	Johnson, Rachel	10:45.8	
F3000	FOP1	Conley, Marguerite	11:38.0	
F3000S	FOP1	Conley, Marguerite	12:22.3	
F800	FOP1	Crawford, Talitha	2:22.6	
F800	FOP1	Conley, Marguerite	2:41.1	
FHJ	FOP1	Spathis, Theodora	1.60	
FHJ	FOP1	Adams, Melanie	1.15	
FJT	FOP1	Phillips, Angela	31.82	
FPV	FOP1	Ditton, Rosanna	4.15	
FPV	FOP1	Ditton, Rosanna	4.20	
FPV	FOP1	Adams, Melanie	4.00	
FSP	FOP1	Phillips, Angela	11.54	

FTJ	FOP1	Turnbull, Hannah	11.42	
M400	FOP1	Crawford, Talitha	1:01.0	
M400	FOP1	Lee, Vivienne	1:03.2	
M400	FOP1	Ackland, Kathryn	1:04.2	
M400	FOP2	Cleland, Coreena	1:05.7	
M400	FOP2	Ward, Elissa	1:10.7	
M100	M16	Cross, Brodie	13.26	
M100	M16	Cornelius, Tom	11.77	
M100	M16	Mcmillan, Lachlan	11.88	
M100	M16	Johnson, Marcus	12.12	
M100H	M16	Mcmillan, Lachlan	15.28	
M100H	M16	Nourish, Simon	19.91	
M2000S	M16	Milnes, Mitchell		7:35.2
M3000	M16	Dowel, Michael	9:25.9	
M3000	M16	Dyer, Jackson	10:50.4	
M400	M16	Snibson, James	57.5	
M400	M16	Johnson, Marcus	55.5	
M400	M16	Potter, William	58.3	
M400	M16	Dare, Timothy	58.7	
M800	M16	Baggott, Nicholas	2:15.9	
M800	M16	Krause, Danny	2:06.7	
M800	M16	Potter, William	2:08.4	
M800	M16	Snibson, James	2:13.3	
MHJ	M16	Nourish, Simon	1.70	
MHJ	M16	Dare, Timothy	1.55	
MJT	M16	Krause, Danny	30.25	
MJT	M16	Potter, William	27.52	
MPV	M16	Cross, Brodie	3.60	
MPV	M16	Papas, Tim	3.55	
MPV	M16	Poole, Dominic	3.25	
MSP	M16	Wu, Kevin	12.07	
MSP	M16	Potter, William	9.21	
MTJ	M16	Wiseman, Matthew	11.69	
MTJ	M16	Cornelius, Tom	12.30	
MTJ	M16	Mcmillan, Lachlan	10.66	
M100	M18	Brock, Christopher	12.5	
M110H	M18	Brock, Christopher	17.85	
M400	M18	Brock, Christopher	59.3	
M400	M18	Nagle, Cameron	59.9	
M100	MOP1	Medford, Rhett	10.94	
M100	MOP1	Sherry, Cameron	11.23	
M100	MOP2	Zeed, Mohamad	11.31	
M100	MOP1	Ross, Joshua	11.41	
M100	MOP4	Baker, Cameron	11.68	
M100	MOP4	Knott, Peter	11.92	
M100	MOP2	Filshie, James	12.09	
M100	MOP2	Pocklington, Joel	12.67	
M110H	MOP1	Zeed, Mohamad	14.91	
M110H	MOP2	Featherston, David	19.38	
M110H	MOP2	Baker, Cameron	19.54	
M3000	MOP1	White, Andrew	8:10.4	
M3000	MOP1	Hamer, Christopher	8:16.1	
M3000	MOP2	Lynch, Barry	8:32.0	
M3000	MOP2	Vincent, Adrian	8:53.5	
M3000	MOP2	Olden, Graeme	10:03.0	
M3000S	MOP1	Boxshall, Paul	9:47.1	
M3000S	MOP1	Olden, Graeme	10:44.3	

M400	MOP1	Tirhazouine, Otmane	50.9	
M400	MOP2	Nagle, Andrew	52.8	
M400	MOP2	Zeed, Mohamad		52.9
M400	MOP2	Baker, Cameron		54.7
M400	MOP3	Ayers, David	57.9	
M400	MOP3	Hassett, Samuel	1:00.1	
M400	MOP4	Gardner, Neville		1:17.2
M800	MOP1	Dinneen, Stephen		1:52.1
M800	MOP1	Clark, Daniel	1:54.8	
M800	MOP1	Tirhazouine, Otmane	1:55.0	
M800	MOP1	Chefnaoui, Bouchaib	1:57.9	
M800	MOP2	Lynch, Barry	1:58.3	
M800	MOP2	Beath, Andrew	1:58.6	
M800	MOP2	Ayers, David	2:07.8	
M800	MOP4	Gardner, Neville		2:56.1
MHJ	MOP1	Peavey, John	2.00	
MHJ	MOP1	Featherston, David		1.70
MHJ	MOP2	Rutty, Christopher		1.55
MHJ	MOP2	Pocklington, Joel		1.40
MHT	MOP1	Scherma, Sam	50.40	
MHT	MOP1	Rutty, Christopher		47.46
MHT	MOP2	Nuske, Brett	32.14	
MHT	MOP2	Featherston, David		22.39
MJT	MOP2	Featherston, David		45.06
MJT	MOP1	Scherma, Sam	44.07	
MJT	MOP1	Morris, Cameron		41.41
MJT	MOP1	Scherma, Sam	39.72	
MJT	MOP2	Baker, Cameron		38.87
MPV	MOP1	Filshie, James	5.05	
MPV	MOP1	Pocklington, Joel		5.05
MPV	MOP1	Sherry, Cameron		4.30
MPV	MOP2	Baker, Cameron		3.40
MSP	MOP1	Rutty, Christopher		11.23
MSP	MOP1	Nuske, Brett	11.14	
MSP	MOP2	Scherma, Sam	10.25	
MSP	MOP2	Featherston, David		9.71
MTJ	MOP1	Featherston, David		11.56
MTJ	MOP1	Zeed, Mohamad		11.55
MTJ	MOP2	Nagle, Andrew	10.55	
MTJ	MOP2	Hassett, Samuel	9.50	