

**Box Hill Athletic Club Summer News 18**  
**Monday 11 February 2008**

## **UPCOMING EVENTS**

Saturday, February 16	Shield Final	Doncaster
Tuesday, February 19	Miler's Club	Nunawading
Thursday, February 21	Melbourne A-series	Olympic Park
February 23, 24	Victorian Under Age Champs	Olympic Park
February 23, 24	Open Relay Champs	Olympic Park
February 28, 29, March 1	National Championships	Brisbane

## **FINALS THIS SATURDAY START AT 9:00AM!**

### **ASSOCIATION SHIELD FINAL THIS SATURDAY**

The culmination of the interclub track season is the Association Final on this Saturday, February 16 at Doncaster. Box Hill has six teams competing, the Women's Division 1, Under 18 and Under 14 and the Men's Division 1, Division 2 and under 16. PLEASE NOTE THE SHIELD FINAL PROGRAM ON PAGE 33 OF THE SUMMER COMPETITION HANDBOOK The under age competition starts at 9:00am! and finishes at 2:30pm. The open division 1 and division 2 competition starts at 3:00pm and finishes at 7:00pm. Please contact your team manager or email if you are not sure if you are required to run this Saturday. If you are not competing we urge you to come along and support our teams. Likely teams will be sent out over the next few days.

## **STATE CHAMPIONSHIPS**

Congratulations to all the Box Hill athletes who competed so well at the state championships at Olympic Park over the weekend.

A special mention to our medalists.

### **Gold Medals:**

Mohamad Zeed: 110m Hurdles

Andrew White: 5000m

Joel Pocklington: Pole Vault

Rosie Ditton: Pole Vault

Bridget Aughton: 400m Hurdles under 20

Hannah Turnbull: Triple Jump under 20

Hannah Turnbull: Long Jump under 20

Alexandra Pocklington: Pole Vault under 20

Men over 40 4x1500m: Chris O'Connor, John Meagher, Graeme Olden, David Ayers

### **Silver Medals:**

John Peavey: High Jump

James Filshie: Pole Vault

Melanie Adams: Pole Vault

### **Bronze Medals:**

David Featherston: 400m Hurdles

Steve Dinneen: 1500m

Cameron Sherry: Pole Vault

Rhett Medford: 200m

Abbie Freestone: Pole Vault under 20

Chelsea Dyer: Javelin under 20

Women under 18 4x400m: Kim Poon-Hornett, Emily De Luca, Ollie Turnbull, Breanne Cross

## **OPEN RELAY CHAMPIONSHIPS**

The state open relay championships will be held at Olympic Park in conjunction with the under age state championships on Saturday, February 23 and Sunday, February 24. For those competing in the national championships this is a good chance to tune up for the events in Brisbane the following week. For those not running in the nationals this might be your last chance to compete on the track this season. Please contact Chris O'Connor or Cathy Tilley to let us know if you are available for this event.