

Box Hill Athletic Club Winter News 01

CLUB 5K HANDICAP

The club 5k handicap will be held this Saturday, April 21, starting at 1:00pm at the car park of the Bennetswood Bowls club in Station St. Box Hill South. Everyone is welcome to take part and either race, run or jog the 5km course along Gardiner's Creek and then stay around for the BBQ afterwards. If you would like to take part please let a member of the winter competition committee know. Email or call, letting us know your recent times or expected finish time (and your age, if you are a junior) so that we can allocate you an appropriate handicap. We encourage all club members, especially the distance runners to take part.

PRESENTATION NIGHT

The club presentation night will take on a different form this year and will be held upstairs at the club rooms for the first time, on Friday, April 27, starting at 7:30pm. We urge all members to come along and enjoy this social event and congratulate those who have earned awards this year.

ATHLETICS VICTORIA CROSS COUNTRY RELAYS

The Athletics Victoria winter season opens with the cross country relays, this year to be held at Jells Park in Wheelers Hill on Saturday, April 28. We are hoping to enter a large number of teams in all age groups. Please let us know of your availability so that teams can be selected. The distance is 6km for the open (men and women) and men's under 20 event and 3km for all other age groups.

ARE YOU REGISTERED?

Club registrations are now due.

Registration paid now covers your club and Athletics Victoria membership until April 1 next year. We ask members to try to get their membership paid up as soon as possible.

BOX HILL ATHLETIC CLUB 75TH ANNIVERSARY CELEBRATIONS!

To celebrate the 75th anniversary of the club, a dinner will be held at the Box Hill town hall on Saturday, June 30. All past and present members of the club are invited to attend what is sure to be a great night!

CONGRATULATIONS TO ANDREW

Congratulations to club member Andrew Letherby who ran brilliantly to finish 45th in the world cross championships in Kenya. Andrew, now living in the USA, was the first Australian across the line and this result suggests that he is likely to produce some more outstanding performances this year.

UPCOMING EVENTS

Saturday, April 21	Club 5k handicap	Bennetswood Bowls Club
Friday, April 27	Presentation night	Club Rooms
Saturday, April 28	Cross Country Relays	Jells Park
Sunday, May 13	Road Race	La Trobe Uni
Saturday, May 26	Road Race	Sandown
Saturday, June 23	Cross Country	Geelong
Saturday, June 30	75th Anniversary Dinner	Box Hill Town Hall

IS THIS THE YEAR?

Despite winning a truckload of track and field premierships, it has been many years since Box Hill has won an open division 1 winter premiership. With our distance running stocks rising each year for both men and women, this might be the year that we break through. However, we will need to have a good turn out of runners at EVERY event this year, so please make an effort to make yourself available for as many events as possible.

QUESTIONS?

If you have any questions about the winter season competition, contact a member of the club winter competition committee.

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