

**Box Hill Athletic Club Summer News 05**  
**Monday 27 October 2008**

## UPCOMING EVENTS

Thursday, Oct 30 Shield Competition Round 3, Doncaster  
Wed, Nov. 5 Miler's Club at Box Hill  
Wed, Nov. 5 Rare Air Club (HJ and PV) at Box Hill  
Wed, Nov. 5 High Velocity Club at Aberfeldie  
Nov. 7,8,9 All Schools Championships, Olympic Park  
Saturday, Nov 15 Shield Competition Round 4, Ringwood

## INTERCLUB SHIELD COMPETITION AT DONCASTER THIS THURSDAY

Round 3 of the 2008/2009 track and field season will be held at Doncaster this THURSDAY, October 30. This week we have Program 3, with the hammer throw starting at 5:00pm and the track events starting at 6:00pm. The Program is on the AV website ([www.athsvic.org.au](http://www.athsvic.org.au)) it is also in your Summer Competition Handbook.

## VOLUNTEER OFFICIALS

Thank you to Graeme Olden, Colin Organ, Julie Milner, Coral Barrett, Joan Hines, Adam Pepper, Mark Stewart, James Filshie, Rosie Ditton, David Ayers, Steve Griffin, Rosemary Cleland, and John Martin-Alcaide who helped with set up and officiating on Saturday. We are hoping that every member of the club will help once throughout the season (or arrange for a friend, parent or partner to help out). If everyone volunteers just once throughout the summer, then we should have plenty of officials and the competition will run much more smoothly (and hopefully on time!)

## RESULTS FROM ROUND 2 OF SHIELD COMPETITION

### WOMEN UNDER 14

1500m	Amelia Savige	5:28.6	
P Vault	Paris McCathrion	2.85	
2000mW	Chloe McNicol-Davidson	13:35.3	

### WOMEN UNDER 16

400m	Ajok Mabior	1:05.2	
200m	Ajok Mabior	28.55	
P Vault	Alex Pocklington	3.30	
P Vault	Rebecca Marchant	3.60	

### WOMEN UNDER 18

400m	Bridget Aughton	1:00.2	
400m	Olivia Turnbull	1:00.3	
400m	Amy Carrig	1:05.6	
400m	Emily De Luca	1:05.7	
200m	Bridget Aughton	26.59	
200m	Ryleigh George	27.02	
200m	Kimberlie Poon Hornett	28.44	
200m	Catherine Brock	28.54	
200m	Olivia Turnbull	27.3h	
200m	Katherine Houston	28.8h	
200m	Amy Carrig	28.78	
1500m	Amy Carrig	5:04.5	
1500m	Emily De Luca	5:19.5	
P Vault	Katherine Houston	2.25	
Triple J	Katherine Houston	8.52	
Triple J	Catherine Brock	8.99	
Triple J	Amy Carrig	9.16	

WOMEN OPEN

100mH	Bridget Aughton		15.76
1500m	Kathryn Ackland		5:02.9
1500m	Coreena Cleland		5:13.6
1500m	Margie Conley	5:29.8	
1500m	Suzanne Andrews		5:37.9
200m	Bronwyn Sudholz		26.29
200m	Holly Baxter	27.45	
200m	Yiota Carabourniotis	30.13	
400m	Talitha Crawford		1:00.8
400m	Simone Carre	1:13.1	
5000m	Rachel Johnson		18:59.8
5000m	Rebecca Law		21:56.7
Discus	Simone Carre	29.04	
Shot Put	Simone Carre		9.72
Triple J	Samantha Gagovska	10.21	
Triple J	Yiota Carabourniotis	8.97	

MEN UNDER 16

100mH	Benjamin Porteous		16.7
100mH	Andrew Miller	18.44	
1500m	Kyle Martin-Alcaide	4:16.5	
1500m	Andrew Coughlin		4:51.2
1500m	Jonathan Tree		4:53.3
200m	Joshua Parkinson		26.03
200m	Benjamin Porteous		27.28
200m	Sam Collins	30.23	
400m	Sam Collins	1:10.7	
400m	Andrew Coughlin		56.42
400m	Braeden Cross		57.41
400m	Brodie Cross	58.63	
400m	Joshua Parkinson		1:01.8
Discus	Kenneth Wu		29.34
P Vault	Brodie Cross	4.35	
Shot Put	Brodie Cross		9.05
Shot Put	Kenneth Wu		9.51

MEN UNDER 18

110mH	Lachlan Mcmillan		16.04
110mH	Chris Brock	16.63	
1500m	Anthony Aloisio		4:18.9
1500m	William Potter		4:19.3
1500m	Daniel Balassone	4:20.3	
1500m	Jackson Dyer	4:43.3	
1500m	James Snibson	4:39.3	
200m	Marcus Johnson		23.72
200m	Lachlan Mcmillan		24.06
200m	Danny Schneider		24.23
200m	Braeden Cross		24.6
200m	Andrew Miller	26.56	
400m	Danny Schneider		53.1
400m	Marcus Johnson		54.62
400m	James Snibson	56.32	
400m	Chris Brock	57.98	
400m	Lachlan Mcmillan		1:01.9
Discus	Kevin Wu	35.71	
P Vault	Tim Papas	4.20	
Shot Put	Marcus Johnson		9.68
Shot Put	Danny Schneider		9.90

Shot Put	Kevin	Wu		10.81
Triple J	Callum	Farrell	11.30	
Triple J	William	Potter		11.61

MEN OVER 40

1500m	Craig	Graham	5:00.8	
1500m	William	Dyer	5:18.0	
2000mW	William	Dyer		10:09.9
200m	Colin	Pocklington	26.35	
200m	Craig	Graham	28.21	
5000m	Andrew	Tunne	21:20.1	
5000m	David	Stevens	21:54	
5000m	Neville	Gardner	24:18.2	
Hammer	David	Cross	21.92	
Shot Put	David	Cross	8.70	

MEN OPEN

110mH	Mohamad	Zeed		14.89
110mH	Joel	Pocklington	16.21	
110mH	David	Featherston	20.65	
1500m	Stephen	Dinneen		3:54.4
1500m	Daniel	Clark	3:54.6	
1500m	Matthew	Coloe	3:55.3	
1500m	Andrew	White	3:59.9	
1500m	Stephen	Kelly	4:00.6	
1500m	Bouchaib	Chefnaoui	3:58.8	
1500m	Tristan	Harradine	4:30.9	
1500m	Adam	Pepper	5:36.5	
200m	Blake	Lucas	23.09	
200m	Cameron	Baker	23.84	
200m	David	Featherston	27.09	
200m	Cameron	Sherry	29.2	
400m	Navin	Arunasalam	52.18	
400m	Andrew	Nagle	52.68	
400m	David	Featherston	55.62	
400m	Mohamad	Zeed	56.27	
400m	Cameron	Baker	56.58	
5000m	Andrew	White	15:37.3	
5000m	Sam	Collins	16:36.7	
5000m	Tristan	Harradine	17:36.8	
5000m	Steven	Griffin	17:50.8	
5000m	John	Morris	18:01.1	
5000m	Graeme	Olden	18:34.4	
5000m	David	Featherston	20:08.3	
5000m	Chris	O'Connor	22:03	
5000m	Adam	Pepper	22:27.5	
Discus	Cameron	Baker	20.69	
Discus	David	Featherston	25.65	
Hammer	David	Featherston	19.19	
Hammer	Sam	Scherma		49.00
P Vault	Cameron	Sherry	3.15	
P Vault	Cameron	Baker	3.30	
P Vault	Blake	Lucas	3.60	
P Vault	Joel	Pocklington	5.00	
Shot Put	Cameron	Baker		8.06
Shot Put	David	Featherston	8.02	
Triple J	David	Featherston	11.01	

## **ARE YOU REGISTERED?**

There are still some athletes who have not paid their registration fees for this season. We urge everyone who intends to compete this summer to register as soon as possible, so that you can earn points in interclub competition.