

Box Hill Athletic Club Summer News 06
Monday 3rd November 2008

UPCOMING EVENTS

Wed, Nov. 5 Miler's Club at Box Hill
Wed, Nov. 5 Rare Air Club (HJ and PV) at Box Hill
Wed, Nov. 5 High Velocity Club at Aberfeldie
Nov. 7,8,9 All Schools Championships, Olympic Park
Saturday, Nov 15 Shield Competition Round 4, Ringwood
Saturday, Nov 22 Shield Competition Round 5, Doncaster
Saturday, Nov 29 Shield Competition Round 6, Box Hill

NEXT ROUND OF SHIELD COMPETITION AT RINGWOOD ON NOVEMBER 15

There is no shield competition this Saturday due to the completion of the All Schools Championships at Olympic Park. Round 4 of competition will be held at Ringwood on Saturday, November 15.

MILERS CLUB, RARE AIR CLUB, HIGH VELOCITY CLUB

This Wednesday at Box Hill, the Victorian Milers Club and the Rare Air Club will hold competitions. The milers club will hold 1500m and 5000m events starting at 7:00pm. Entries close today, Monday, November 3. Email victorianmilersclub@hotmail.com to enter, giving your name and PB for the event you wish to enter. The Rare Air Club will conduct High Jump and Pole Vault events, commencing at 6:15pm, with entries taken on the day. Email rareairclub@gmail.com for more details. The High Velocity Club will hold 100m, 400m, Sprint Hurdles and Triple Jump events at Aberfeldie this Wednesday, starting at 7:00pm. Email highvelocityclub@gmail.com to enter. See pages 88-92 of the summer competition handbook for more details.

WINTER COMPETITION PRESENTATION FUNCTION

Athletics Victoria have organised a presentation function to be held at the Backstage Room at Olympic Park on Sunday, November 16, commencing at 3:30pm (not at 1:00pm as previously advertised) Their will be presentations to the individual and team champions, light refreshments and former world marathon record holder, Derek Clayton has been confirmed as the guest speaker. Box Hill won three winter premierships this year, Men's Division 1, Division 3 and Under 20. We urge all members of these teams and any other athletes who took part in the winter season competition to come along and celebrate these victories and to hear the great Derek Clayton speak. We need to let AV know how many people from our club will be attending, so please RSVP via return email so that we can let them know.

VOLUNTEER OFFICIALS

Thank you to Barbara Johnson, David Boyd, Gary Spry and Boas Hiu Yeung Wong who acted as high jump officials at Doncaster last Thursday. We are hoping that every member of the club will help once throughout the season (or arrange for a friend, parent or partner to help out). If everyone volunteers just once throughout the summer, then we should have plenty of officials and the competition will run much more smoothly (and hopefully on time!) Contact us and tell us on which week of competition you will be able to help out.

RESULTS FROM ROUND 3 OF SHIELD COMPETITION

(Please let us know if there are any obvious errors or omissions in the results listing)

Event 3000m Walk

Raselli, Cassandra 15:42.30

Evans, Simon 15:49.50

Olden, Graeme 18:40.20

Event 400m

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|--------------------|---------|
| Cross, Breanne | 1:04.50 |
| Mahoney, Charlotte | 1:10.20 |
| Carre, Simone | 1:10.20 |

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|-------------------|---------|
| Schneider, Danny | 54.50 |
| Johnson, Marcus | 54.60 |
| Haddow, Andrew | 56.00 |
| Baker, Cameron | 56.30 |
| Snibson, James | 57.00 |
| Cross, Braeden | 58.30 |
| Parkinson, Joshua | 1:00.50 |
| Cross, David | 1:04.10 |

Event High Jump

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|---------------------------|------|
| Marchant, Rebecca | 1.60 |
| McCathrion, Paris | 1.50 |
| Carre, Simone | 1.50 |
| Carabourniotis, Panayiota | 1.40 |

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|-------------------|------|
| Spry, Jesse | 1.95 |
| Cross, Brodie | 1.55 |
| Cross, Braeden | 1.55 |
| Parkinson, Joshua | 1.50 |

Event 3000m

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|------------------|----------|
| Johnson, Rachel | 10:55.10 |
| Conley, Margie | 11:48.20 |
| Anderson, Jayde | 11:51.40 |
| Andrews, Suzanne | 12:34.00 |
| Savige, Amelia | 12:36.50 |
| Law, Rebecca | 12:36.80 |

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| Dinneen, Stephen | 8:28.10 |
| Clark, Daniel | 8:29.10 |
| Coloe, Matthew | 8:34.00 |
| Kelly, Stephen | 8:36.90? |
| Lynch, Barry | 8:46.80 |
| Aloisio, Anthony | 9:18.50 |
| Dowel, Michael | 9:38.90 |
| Griffin, Steven | 10:13.20 |
| Morris, John | 10:21.40 |
| Olden, Graeme | 10:36.40 |
| Milnes, Mitchell | 10:47.60 |
| Farrell, Callum | 11:00.80 |
| Featherston, David | 11:32.60 |
| Tunne, Andrew | 12:01.90 |
| Stevens, David | 12:26.10 |
| Gardner, Neville | 13:48.10 |

Event Pole Vault

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|------------------------|------|
| Adams, Melanie | 3.65 |
| Pocklington, Alexandra | 3.35 |
| Marchant, Rebecca | 3.20 |
| Cross, Breanne | 3.20 |
| Ditton, Rosanna | 3.05 |
| McCathrion, Paris | 2.75 |

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|-------------------|------|
| Lucas, Blake | 5.00 |
| Pocklington, Joel | 4.85 |
| Cross, Brodie | 4.10 |

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|-----------------|------|
| Papas, Tim | 4.10 |
| Sherry, Cameron | 3.65 |
| Baker, Cameron | 3.20 |

Event 100m

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|---------------------------|-------|
| Sudholz, Bronwyn | 12.70 |
| Marchant, Rebecca | 12.70 |
| George, Ryleigh | 13.00 |
| Baxter, Holly | 13.20 |
| Spathis, Theodora | 13.20 |
| Carabourniotis, Panayiota | 14.10 |

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|--------------------|-------|
| Medford, Rhett | 11.00 |
| Zeed, Mohamad | 11.50 |
| Papas, Tim | 11.50 |
| Cornelius, Tom | 11.50 |
| Pocklington, Joel | 11.70 |
| McMillan, Lachlan | 11.80 |
| Spry, Jesse | 12.00 |
| Wilcox, Andrew | 12.10 |
| Johnson, Marcus | 12.10 |
| Baker, Cameron | 12.10 |
| Cross, Braeden | 12.20 |
| Schneider, Danny | 12.20 |
| Potter, William | 12.80 |
| Parkinson, Joshua | 12.90 |
| Pocklington, Colin | 12.90 |
| Sherry, Cameron | 13.30 |
| Collins, Sam | 15.00 |
| Knott, Peter | 15.70 |
| Gardner, Neville | 17.10 |

Event Hammer Throw

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|--------------------|-------|
| Nuske, Brett | 34.45 |
| Featherston, David | 21.66 |

Event Long Jump

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|--------------------|------|
| Spathis, Theodora | 5.45 |
| Carre, Simone | 4.65 |
| Gagovska, Samantha | 4.65 |
| Cross, Breanne | 4.16 |
| Carrig, Amy | 4.00 |

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|--------------------|------|
| Cornelius, Tom | 5.78 |
| McMillan, Lachlan | 5.64 |
| Cross, Braeden | 5.40 |
| Parkinson, Joshua | 5.20 |
| Johnson, Marcus | 5.17 |
| Porteous, Benjamin | 4.48 |

Event 800m

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|-------------------|---------|
| Crawford, Talitha | 2:18.90 |
| Turnbull, Olivia | 2:19.30 |
| Carrig, Amy | 2:19.60 |
| Ackland, Kathryn | 2:19.60 |
| Cleland, Coreena | 2:21.60 |
| De Luca, Emily | 2:27.50 |
| Atkin, Liselle | 2:34.60 |

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| Arunasalam, Navin | 1:54.00 |
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| White, Andrew | 1:54.70 |
| Martin-Alcaide, Kyle | 1:58.40 |
| Balassone, Daniel | 1:59.80 |
| Nagle, Andrew | 2:01.30 |
| Schneider, Danny | 2:03.10 |
| Potter, William | 2:04.20 |
| Coughlin, Andrew | 2:09.30 |
| Baggott, Nicholas | 2:09.50 |
| Snibson, James | 2:11.70 |
| Dyer, Jackson | 2:19.80 |
| Farrell, Callum | 2:23.10 |
| Dyer, William | 2:34.10 |
| Gardner, Neville | 3:08.10 |

Event 400m Hurdles

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| Aughton, Bridget | 1:05.30 |
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Event Javelin

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| Carre, Simone | 27.38 |
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| Spry, Jesse | 39.12 |
| Baker, Cameron | 36.49 |
| Schneider, Danny | 29.15 |
| Potter, William | 27.59 |
| Wu, Kevin | 18.65 |
| Wu, Kenneth | 15.31 |