

Box Hill Athletic Club Winter News 06

Monday 28th April 2008

UPCOMING EVENTS

Saturday, May 3	Cross Country	Lardner Park, Warragul
Saturday, May 17	Road Race	Sandown Racecourse
Sunday, June 1	Road Race	La Trobe Uni
Saturday, June 28	Coliban Relay	Harcourt to Bendigo

ROUND 2 OF THE WINTER SEASON AT WARRAGUL ON THIS SATURDAY.

The next round of the winter cross country season will be held at Lardner Park near Warragul, this Saturday, May 3, starting with the junior events at 1:00pm. The final event will be the men's open 8km race starting at 2:10pm. If you wish to run but have not entered this event, please let us know as soon as possible. Be aware that there is an entry fee for each individual winter event that is not covered by your registration fee (see below).

Unlike the Jells Park event, this is an individual race, but there are still team points and a teams competition to be won, so we are hoping for a big turn out of athletes for this event. Men Open: 8km Men U20: 4km Men U18: 4km Men U16: 3km Women Open: 6km Women U20: 3km Women U18: 3km Women U16: 3km

Lardner Park is located about 6km south of the Princes Hwy between Drouin and Warragul in Burnt-Store Rd (off Lardners Track). If anyone requires transport to Lardner Park please let us know.

ENTRY FEES FOR WINTER EVENTS

We encourage cross country and road athletes to put in a season's entry form. \$55 to enter all 6 individual events for open age athletes. \$40 for under 20 (5 events), \$30 for under 18 and \$15 for under 16 (4 events). If you wish to just enter some events there is a \$12 entry fee for open age athletes a \$10 entry fee for under 20 and under 18 runners and \$5 for under 16s. Entry forms are available at the AV website www.athsvic.org.au

The club pays the entry fee for the relay events.

If you wish to run, you must be entered by the Monday before the weekend race. You can enter direct to AV or just let us know via email and we will send in an entry for you.

Contact a member of the winter competition committee if you have any enquiries

Graeme Olden	ph. 9885 0890	email: golden@sprint.net.au
Ian and Megan Sloane	ph. 9459 4486	email: iansloane@optusnet.com.au
Chris O'Connor	ph: 9808 5914 or 0410 490 630	email: coconnor@swin.edu.au

REGISTER NOW!

Registrations are now due for the 2008/2009 season. If you plan to run the winter season it is important that you register as soon as possible. If you are not competing until next track season, why not pay your fees now and get your full 12 months worth of registration? Registrations are valid from April 1 until March 31 next year.

THE PASSING OF JOHN VISSER

We are saddened to hear that John Visser a former coach at Box Hill passed away last month. John was a dedicated coach of many of our women's distance runners for a number of years.