

**Box Hill Athletic Club Summer News 02**  
**Monday 5 October 2009**

## **UPCOMING EVENTS**

Tuesday, October 6 Track season launch and information night.  
Saturday, October 10 Shield Rd.1 Ringwood  
Saturday, October 17 Shield Rd.2 Box Hill

## **SEASON LAUNCH, TOMORROW NIGHT (Tuesday October 6)**

All members are invited to attend an evening at the clubrooms, from 7:00pm on Tuesday, October 6. This is a chance to give all members information about the 2009/2010 track and field season. Meet the team managers and club committee and collect the club information handbook. New members and juniors in particular are encouraged to attend. Registration forms will be available for those who are yet to register for this season.

Food will be provided, so come to the clubrooms at 7:00pm or stay after training and let's get the new season off to a great start.

## **TRACK SEASON STARTS THIS SATURDAY!**

The 2009/2010 interclub track and field season starts this Saturday, October 10, with the opening round of Shield competition at Ringwood. The track events program (Walk, 400mH, 200m, 800m, 4x400m, 3000m/5000m) starts at 1:00pm. The field event program (Hammer, Shot Put, High Jump, Long Jump) starts at 12:00pm (30m+ Hammer) for the throws and 12:30pm (6m+ men, 5m+ women) for the jumps. We also have quite a number of athletes who have not yet registered. Don't miss out on scoring points for the club because your registration has not come through! If you have not already registered for the 2009/2010 season send in your registration forms today or sign up tomorrow at the season launch at the clubrooms.

## **XCR'09 PRESENTATION DAY**

At 2:00pm on Sunday, October 25 a presentation day will be held at Olympic Park, Backstage Club to celebrate the Individuals and Teams who have won their Divisions or Age Groups in the XCR'09 series.

A number of special guests will be on hand to present the trophies and pennants, plus we will once again feature a highlights package of the season put together by the AthsvicTV crew.

Light refreshments and food will be served. Could all those wishing to attend let Chris O'Connor know (via email) as soon as possible so that we can confirm numbers with Athletics Victoria.

## **THANKS**

Thanks to all those who helped out at the working bee on Saturday. Your efforts are appreciated.

## **MELBOURNE UNI POLE VAULT COMPETITION**

Box Hill pole vaulters started their season with a competition at Melbourne University on Saturday.

Results:

Men

- 1 Blake Lucas Box Hill 4.75m
- 2 James Fiishie Box Hill 4.60m
- 3 Joel Pocklington Box Hill 4.45m
- 4 Cameron Sherry Box Hill 4.30m
- 5 Brodie Cross Box Hill 4.30m
- 6 Glen Barrett Box Hill 4.00m
- 7 Travis Rickard Brunswick 3.25m
- 8 Adam Hall MUAC 3.10m
- 9 Robin Barclay Box Hill 2.70m
- 10 Warren Hill MUAC 2.30m

Women

- 1 Melaine Adams Box Hill 3.70m

- 2 Rebecca Marchant Box Hill 3.40m
- 3 Katherine Ianello MUAC 3.25m
- 4 Dawn Hartigan MUAC 2.95m
- 5 Jessie Layman MUAC 2.50m
- 6 Genevive Morris MUAC 2.30m
- 7 Lindsay Cattermole MUAC 1.90m
- 8 Gemma Rickard Brunswick 1.50m

## **IVANHOE HARRIERS**

As you may be aware, Ivanhoe Harriers Athletic Club, were in discussion with the Diamond Valley Athletic Club last year to consider a merge of the 2 clubs. Unfortunately for Ivanhoe Harriers the merger fell through, leaving Ivanhoe with few members & no money to cover the ever increasing track hire fees! In an effort to raise some funds, Ivanhoe are holding a Comedy Night on Saturday 17th October 2009 at the Veneto Club, 191 Bulleen Rd, Bulleen. The night starts at 8pm and features some fantastic “stand up” comedians. Tickets are \$40 each & tables of 10 are available. (Individual tickets may be purchased). If anyone is interested please contact: Peter 0409 964 625 or Lyndall 0407 544906 by Friday 9th October.