Box Hill Athletic Club Winter Bulletin 2009 No. 01 Tuesday 14 April 2009

UPCOMING EVENTS

April 18 Cross Country Relays, Jells Park

May 1 Presentation night

May 2 Club 5k handicap, Gardiners Creek, Box Hill South
May 9 Cross Country Championships, Lardner Park, Warragul

CROSS COUNTRY RELAYS ON THIS SATURDAY!

The 2009 cross country season kicks off at Jells Park on Saturday. Open and under 20 events start at 1:30pm, while the rest of the underage events commence at 2:00pm. Please arrive an hour before your event so that team running order can be organised. If you have not already registered for the 2009-10 season you can register on the day, but please arrive early so that your registration can be processed before the event. Likely teams are listed below, but these are subject to change. If anyone listed is unable to compete please let us know as soon as possible. If anyone who is not listed would like to run, please let us know as we are hoping to enter some more teams. We also need volunteers to act as officials and timekeepers. If you can help out please let us know. Box Hill is required to supply at least 3 officials on Saturday, Please let us know if you can help.

MEN DIVISION 1

- 1. Andrew White
- 2. Luke Yeatman
- 3. Matt Coloe
- 4. Steve Kelly
- 5. Daniel Clarke
- 6. Chris Hamer

MEN DIVISION 2

- 1. Barry Lynch
- 2. Navin Arunasalam
- 3. John Meagher
- 4. Steve Griffin
- 5. Sam Dipnall?
- 6. Jonathan Love?

MEN DIVISION 5

- 1. Josh de Stefanis
- 2. Russell Clowes
- 3. Chris O'Connor
- 4. Andrew Nagle

MEN DIVISION 7

John Morris?

Scott Boxshall?

Adam Pepper?

David Boyd?

MEN OVER 40

From:

Graeme Olden

Andrew Tunne

Bill Dyer

Dave Stevens

Peter Stefanos

MEN UNDER 20

1. Daniel Balassone

- 2. Chaai Leilaa
- 3. Jackson Dyer

MEN UNDER 18

- 1. William Potter
- 2. Anthony Aloisio
- 3. Michael Dowel
- 1. Jonathan Tree
- 2. Mitchell Milnes
- 3. Jack Hill

WOMEN DIVISION 1

- 1. Rachel Johnson
- 2. Kate Ackland
- 3. Prue Healy
- 4. Tracey Taylor

WOMEN DIVISION 3

- 1. Megan Sloane
- 2. Jess Eeles
- 3. Talitha Crawford

WOMEN DIVISION 4

From:

Kerry Putt

Liz Dobson

Margie Conley

Priscilla Barrington

WOMEN UNDER 18

- 1. Liselle Atkin?
- 2. Amy Carrig?
- 3. Penny Townshend?

WOMEN UNDER 16

- 1. Jayde Anderson?
- 2. Amelia Savige
- 3. Eloise O'Brien?

Talea Booth?

PRESENTATION NIGHT ON FRIDAY MAY 1

Make sure you come along to the presentation night at the clubrooms on Friday, May 1, as we celebrate another successful season for the Box Hill Athletic Club.

CLUB 5K HANDICAP

The annual Club 5km handicap race will be held at its usual location, starting at the Bennetswood Bowls Club car park at 1:00pm. Let us know if you are planning to run, and tell us your age, recent best times and expected finish time so that a handicap can be allocated. Everyone is welcome to race, run or jog around the course. The event will be followed by a BBQ

Winter competition committee

Graeme Olden ph. 9885 0890 email: golden@sprint.net.au

Ian and Megan Sloane ph. 9459 4486 email: iansloane@optusnet.com.au

Chris O'Connor ph: 9808 5914 or 0410 490 630email:

coconnor@swin.edu.au

RUN FOR THE KIDS

Box Hill athletes put in some excellent performances in the run for the kids last week. Some Results: 3rd Steve Dinneen 43:03 7th Andrew White 44:18 8th Steve Kelly 44:25 10th Barry Lynch 45:15 13th Daniel Clark 46:02 25th Luke Yeatman 47:07 42nd Michael Dowel 49:43 (1st junior) 45th Jonathan Love 49:59 59th Steve Griffin 51.09 65th Navin Arunasalam 51:26 69th Sam Dipnall 51. 36 71st Daniel Balassone 51:42 (4th junior) 240th Tim Heron 56:08 274th Jackson Dyer 56:50 (10th junior)

Women:

8th Mai Tagami 53:02 24th Julie Norney 56:52 Prue Healy 63:36 Megan Sloane 65:28 Heidi Riordan 66:39 Priscilla Barrington 71:44