

Box Hill Athletic Club Winter Bulletin 2009 No. 10
Monday 15 June 2009

UPCOMING EVENTS

Saturday, June 20 Road Race Championships, Ballarat
Sunday, June 21 Joel and Blake's Movie Night
Saturday, June 27 Working Bee at Box Hill
Saturday, July 4 Harcourt to Bendigo Relay
Wednesday, July 8 BHAC Annual General Meeting

BALLARAT 15K ROAD RACE (5k Junior race) ON THIS SATURDAY

The next event on the AV winter calendar (XCR'09) is the 15km road race at Ballarat (5km for juniors) on Saturday, June 20. We are again hoping to have all our distance runners competing in this event. The new Lake Wendouree course is flat and fast and should produce fast times. Box Hill is placed well for the winter premiership in most divisions (see the ladders below) If you have not already entered for this event, but wish to run, please let us know as soon as possible. Contact a member of the winter competition committee if you have any questions. Winter competition committee: Graeme Olden ph. 9885 0890 email: golden@sprint.net.au
Ian and Megan Sloane ph. 9459 4486 email: iansloane@optusnet.com.au
Chris O'Connor 0410 490 630 email: coconnor@swin.edu.au

MOVIE NIGHT THIS SUNDAY

At the end of June, Blake Lucas and Joel Pocklington will be heading to Serbia to represent Australia in the World University Games. They have organised a movie night to help raise funds to cover some of their costs. All club members and friends are welcome and urged to attend.
Contact Joel or Blake, or let us know via return email if you will be attending. Details below.

Joel & Blake's Sweet As Movie Night
Host: Joel Pocklington & Blake Lucas
Type: Causes - Fundraiser
Date: Sunday, June 21, 2009
Time: 6:00pm - 9:30pm
Location: Balwyn Cinema, 231 Whitehorse Rd, Balwyn
Movie: The Hangover

WORKING BEE

There are a number of repair and cleaning tasks that need to be done around the track and clubrooms. All members are asked to try to find a couple of hours on Saturday afternoon, June 27 to attend a working bee. More details next week.

BOX HILL ATHLETIC CLUB ANNUAL GENERAL MEETING

The club's annual general meeting will be held on Wednesday, July 8 at the clubrooms. More details will soon be available on the club website.

WINTER PREMIERSHIP LADDERS AFTER 3 ROUNDS

(Top teams in each division)

Men Division 1
1 Box Hill 35
2 Geelong 31
2 Glenhuntly 31

4 Ballarat YCW 29
5 Essendon 25
6 Sandringham 20

Men Division 2

1 Eureka 42
2 Box Hill 36
3 Waverley 27

Men Division 5

1 Bendigo 57
2 Box Hill 54
3 Traralgon 48

Men Division 7

1 Traralgon 31
2 Box Hill 20
3 Waverley 19

Men Over 40

1 APS United 39
2 Box Hill 22
2 Traralgon 22

Women Division 1

1 Knox 34
2 APS 33
3 Box Hill 32
4 Melbourne Uni 27
5 Glenhuntly 22
6 Traralgon 20

Women Division 3

1 Box Hill 61
2 Frankston 51
3 Traralgon 47

Women Division 4

1 Box Hill 37
2 Oakleigh 23
3 Keilor St Bernards 20

Women Over 40

1 Collingwood 30
1 Traralgon 30
3 Box Hill 26

Women Under 18

1 Ballarat YCW 37
2 Knox 29
3 Keilor St Bernards 25
4 Essendon 23
5 Diamond Valley 21
6 Box Hill 11

Men Under 18

1 Knox1 39
2 Knox2 29
3 Box Hill 20

Men Under 20

- 1 Keilor St Bernards 35
- 2 Ballarat YCW 23
- 3 Glenhuntly 13
- 4 Bendigo Region 11
- 5 Ringwood 10
- 6 Box Hill 9

Men Open Individual Winter Champion

- 1 Duer Yoa Eureka 15
- 2 Clint Perrett Sandringham 11
- 2 Mark Tucker Geelong 11
- 4 Chris Hamer Box Hill 10
- 5 Toby Rayner Glenhuntly 9
- 5 Andrew White Box Hill 9

Women Individual Winter Champion

- 1 Susan Michelsson Collingwood 18
- 2 Kathryn Ewels Traralgon 13
- 3 Kate Seibold-Crosbie Knox 12
- 3 Isabella DeCastella APS 12
- 5 Nikki Chapple Box Hill 11
- 6 Kristy McCarthy Knox 9
- 6 Cassandra Fien Wellington 9
- 8 Hanny Allston Box Hill 8

Men Under 18 Individual Winter Champion

- 1 Ryan Geard Essendon 20
- 2 Jordan Nelson Knox 19
- 3 Michael Dowel Box Hill 16

Women Under 18 Individual Winter Champion

- 1 Jamie Vernon Essendon 20
- 2 Jackie Hallam Wellington 17
- 3 Rachel Tallent Ballarat YCW 11
- 3 Georgie Buckley Geelong 11
- 5 Lauren Grant Knox 10
- 6 Danielle Baulch Essendon 9
- 7 Rosie Donegan Essendon 8
- 8 Eloise O'Brien Box Hill 7

Women 40-44 Individual Winter Champion

- 1 Natalie Geddes APS 20
- 1 Lisa Dick Ringwood 20
- 3 Julie Norney Box Hill 16

Men 45-49 Individual Winter Champion

- 1 Maurice Prendergast Ballarat YCW 17
- 2 Steven Quirk South Coast 16
- 3 Gerrard Brown KSB 12
- 4 John Meagher Box Hill 11
- 4 Chris O'Connor Box Hill 11
- 4 Stephen Moneghetti Ballarat YCW 11

Women 45-49 Individual Winter Champion

- 1 June Petrie Box Hill 20
- 2 Joanne Keely Bendigo 19
- 3 Deb Piercy Traralgon 14

Men 50-54 Individual Winter Champion

- 1 Michael McIntyre KSB 22
- 2 Bert Pelgrim Box Hill 18
- 3 Stephen Vernal Nunawading 15

Women 50+ Individual Winter Champion

- 1 Megan Sloane Box Hill 22
- 2 Christine O'Halloran Ballarat Harriers 16
- 3 Lavinia Petrie Ringwood 15