

Box Hill Athletic Club Winter Bulletin 2009 No. 22

Monday 7 September 2009

UPCOMING EVENTS

Saturday, September 19 Tan Relays
Saturday, October 10 Shield Rd.1 Ringwood
Saturday, October 17 Shield Rd.2 Box Hill

TAN RELAYS ON SATURDAY WEEK

The final event for the 2009 cross country and road racing season will be the Tan Relays on the morning of Saturday, September 19.

Each runner must complete 1 lap of the Tan (only 3.8km) so we are expecting many of our members to take part, not just the distance running brigade!

Please let us know of your availability for this event as soon as possible so that we can enter the appropriate number teams. We are hoping to fill all our open teams as well as junior teams.

If you have any questions, please contact a member of the winter competition committee.

Winter competition committee:

Graeme Olden ph. 9885 0890 email: golden@sprint.net.au

Ian and Megan Sloane ph. 9459 4486 email: iansloane@optusnet.com.au

Chris OConnor 0410 490 630 email: coconnor@swin.edu.au

ONLY ONE MONTH UNTIL TRACK SEASON!

The 2009/2010 interclub track and field season starts in less than 5 weeks, with the opening round of Shield competition at Ringwood on Saturday, October 10. So if you are not already fit, time is running out to get into shape for this season! We also have quite a number of athletes who have not yet registered. Don't miss out on scoring points for the club because your registration has not come through! If you have not already registered for the 2009/2010 season send in your registration forms today!

The registration forms (Box Hill registration and AV registration) are attached to this email or available at www.boxhillathleticclub.org

BOX HILL WRAPS UP THE PREMIERSHIP AT BURNLEY!

Box Hill is almost certain to again win the men's Division 1 winter premiership after a strong display in the Burnley half marathon on Sunday. The 21.1km distance is a tough one, but Box Hill athletes fronted up in good numbers and strong performances from Andrew White and Chris Hamer in particular gave our division 1 men a comfortable win and extended our lead at the top of the ladder. With just one round of competition remaining, we only have to finish in the first 8 teams at the Tan relays to win our second successive title.

The women's competition is much closer. Despite an outstanding PB by Rachel Johnson and an impressive debut by Jess Eeles, Box Hill narrowly lost to Knox at Burnley, which means that our women's division 1 team is just one point clear at the top of the ladder, setting up an exciting showdown at the Tan.

Men's Division 1: Team Result: 1st

3.	Andrew White	68:30
6.	Chris Hamer	68:52
22.	Matt Coloe	71:51
41.	Daniel Clark	74:54
46.	David Jimenez	75:09

Men's Division 2: Team Result: 2nd

55.	Adrian Vincent	75:57
70.	Luke Yeatman	77:30
74.	Steve Griffin	77:36
81.	Bert Pelgrim	78:08

121. Steve Kelly 81:31

Men's Division 5: Team Result: 3rd

140. Josh de Stefanis 82:18

174. Chaai Kathirasan 84:13

178. Chris O'Connor 84:28

253. Bill Dyer 90:51

Men's Division 7

311. Peter Stefanos 95:35

348. Dave Stevens 99:19

413. Andrew Tunne 111:36

Women's Division 1: Team Result: 2nd

4. Rachel Johnson 80:11

18. Jessica Eels 86:33

22. Julie Norney 87:32

Women Division 3: Team Result: 1st

36. Kate Ackland 93:36

42. Amanda Harper 94:54

51. Rebecca Law 96:04

Women Division 4: Team Result: 1st

66. Talitha Crawford 99:18

69. Megan Sloane 99:55

102. Charmaine McNally 111:01

Women's 40+ : Team Result: 1st

7. Julie Norney 87:32

11. Amanda Harper 94:54

19. Megan Sloane 99:55

CLUB RECORDS

The club record boards at the track as well as those on our web page have recently been up-dated, so please check them out:

<http://www.boxhillathleticclub.org/records.htm>

With changes to things like javelin specifications, quite a few of the junior records are vacant. Lets hope that by the end of the season there are names against all of the records.

If any records are broken please let Mark Stewart know: mark.stewart@rmit.edu.au

CONGRATULATIONS TO NIKKI

Congratulations to Nikki Chapple, who finished a close third in the great Yorkshire run in Sheffield, England on Sunday. Nikki ran the good time of 32:41 for the 10km to finish close behind Freya Murray of Scotland (32:28) and Benita Willis of Australia (32:29).

CELEBRATING 80 YEARS OF WOMEN'S ATHLETICS

Come and help celebrate 80 Years of Women's Athletics in Victoria on 15th November, 2009.

Come revel and reminisce 80 years of women's athletics in Victoria, with an afternoon tea to celebrate the formation of the Victorian Women's Amateur Athletics Association eight decades ago.

Set aside the afternoon of November 15th, schedule in a trip to the Melbourne Town Hall, and start dusting off your memorabilia.

To reserve your place, contact Elizabeth Stubbings in the AV Office (9428 8195). Tickets cost \$30, and will be on sale mid-September.

Any photos, records, memorabilia or contributions to the afternoon should be directed to Ronda Jenkins (9386 5031).