

Box Hill Athletic Club Winter Bulletin 2009 No. 23
Monday 14 September 2009

UPCOMING EVENTS

Saturday, September 19 Tan Relays
Sunday, September 27 Club 10 mile Championship.
Saturday, October 3 Working Bee at the track.
Saturday, October 10 Shield Rd.1 Ringwood
Saturday, October 17 Shield Rd.2 Box Hill

TAN RELAYS ON THIS SATURDAY

The final event for the 2009 cross country and road racing season will be the Tan Relays on the this Saturday, September 19, commencing at 9:00am. Possible teams are listed below.
Could all those whose names are listed below please confirm that you will be running in this event (if you have not already done so).
If your name is not listed but you wish to take part please let us know as soon as possible!

Preliminary Teams:

(Subject to change)

Men Division 1

Steve Kelly

Daniel Clark

Chris Hamer

Andrew White

Matt Coloe

John Meagher?

We seem to have the premiership sown up but a victory here would top off a great season.

Men Division 2

Navin Arunasalam

Luke Yeatman

Stuart Watson

Adrian Vincent

David Jiminez

Chris Papadakis

Eureka will win this division but we are equal second on the ladder with Keilor St. Bernards. It would be nice to beat them and finish a clear second.

Men Division 5

Josh De Stefanis

Steve Griffin

Andrew Nagle

Chris O'Connor

We are second on the ladder just 1 point behind Bendigo. A win will give us the division premiership!

Men Division 7

Stewart Downs

Marcus Hanley

Dean Membrey

Graeme Olden

We are also second in this division, just 2 points behind Traralgon a win could give us this premiership.

Men Over 40

David Stevens

Bill Dyer

Andrew Tunne

Simone Evans?

Men Under 20
Daniel Balassone
Chaa Kathirasan
Jackson Dyer
Nic Baggott

Men Under 18 (2 teams) from:

Anthony Aloisio
Michael Dowel
William Potter?
Jonathan Tree
James McNiece
Jack Hill
Mitchell Milnes?
Mitchell Dyer
Kyle Martin-Alcaide?

Women Division 1

Hanny Allston
Rachel Johnson
Julie Norney
Kate Ackland

We are just 1 point clear on top of the ladder. We must defeat Knox to win the women's division 1 for the first time!

Women Division 3

Emma Steer
Jess Eeles
Talitha Crawford

We are second in this division, 2 points behind Waverley. Victory on Saturday will give us the premiership.

Women Division 4 (2 teams) from:

Amanda Harper
Rebecca Law
Megan Sloane
Suzanne Andrews
Charmaine McNally
Sam Cook?
Margie Conley?
Tracey Taylor?

We are also second in this division but 5 points behind Bendigo. If we win and they perform poorly then we still have chance!

Women Under 20

Helen McRae
Ollie Turnbull?
Emily De Luca?
Ali Wilson?

Women Under 18 (2 teams) from:

Laura Constable
Amy Carrig
Eloise O'Brien
Grace Brown
Penny Townshend
Liselle Atkin

Women Under 16

Natalie Ambrose

Emma Kenshole?
Amelia Savige

If you have any questions, please contact a member of the winter competition committee.

Winter competition committee:

Graeme Olden ph. 9885 0890 email: golden@sprint.net.au

Ian and Megan Sloane ph. 9459 4486 email: iansloane@optusnet.com.au

Chris OConnor 0410 490 630 email: coconnor@swin.edu.au

ONLY ONE MONTH UNTIL TRACK SEASON!

The 2009/2010 interclub track and field season starts in less than 4 weeks, with the opening round of Shield competition at Ringwood on Saturday, October 10. So if you are not already fit, time is running out to get into shape for this season! We also have quite a number of athletes who have not yet registered. Don't miss out on scoring points for the club because your registration has not come through! If you have not already registered for the 2009/2010 season send in your registration forms today!

The registration forms (Box Hill registration and AV registration) are available at www.boxhillathleticclub.org

BLAKE AND JOEL ON THEIR WAY TO ENGLAND

Congratulations to Blake Lucas and Joel Pocklington will join Nikki Chapple in England to represent Australia in the Great North City Games, Australia vs England athletics "Test Match" on the streets of Newcastle-Gateshead this weekend.

TRIATHLON SUCCESS FOR JOHN

Congratulations to John Meagher who put in a spectacular performance to win the world 45-49 years world triathlon championship on the Gold Coast on the weekend.

DIAMOND CREEK FAIR POLE VAULT COMPETITION

Box Hill Results

Mens Elite

1 Joel Pocklington BH 4.75m

2 Blake Lucas BH 4.60m

4 Cam Sherry BH 4.45m

5 James Filshie BH 4.30m

Womens Elite

1 Rebecca Marchant BH 3.60m

2 Alexandra Pocklington BH 3.45m

3 Melanie Adams BH 3.30

Womens Intermediate

1 Bre Cross BH 3.30m

2 Abbie Freestone BH 2.80m

CLUB RECORDS

The club record boards at the track as well as those on our web page have recently been up-dated, so please check them out:

<http://www.boxhillathleticclub.org/records.htm>

With changes to things like javelin specifications, quite a few of the junior records are vacant. Lets hope that by the end of the season there are names against all of the records.

If any records are broken please let Mark Stewart know: mark.stewart@rmit.edu.au

CELEBRATING 80 YEARS OF WOMEN'S ATHLETICS

Come and help celebrate 80 Years of Women's Athletics in Victoria on 15th November, 2009.

Come revel and reminisce 80 years of women's athletics in Victoria, with an afternoon tea to celebrate the formation of the Victorian Women's Amateur Athletics Association eight decades ago.

Set aside the afternoon of November 15th, schedule in a trip to the Melbourne Town Hall, and start dusting off your memorabilia.

To reserve your place, contact Elizabeth Stubbings in the AV Office (9428 8195). Tickets cost \$30, and will be on sale mid-September.

Any photos, records, memorabilia or contributions to the afternoon should be directed to Ronda Jenkins (9386 5031).