

**Box Hill Athletic Club Summer Bulletin 2010 - 2011 No. 01**  
**Wednesday 29 September 2010**

## **UPCOMING EVENTS**

Tuesday, October 5, Track season launch!

Saturday, October 9, 1st round of shield competition - Box Hill

Saturday, October 16, Shield Competition round 2 - Nunawading

Saturday, October 23, Shield Competition round 3 - Box Hill

### **SEASON LAUNCH, TUESDAY, OCTOBER 5 AT 7PM.**

The club is holding a season's launch, this Tuesday at the club rooms. All members, especially new members are urged to attend. This is a chance to announce the new club captains, meet the team managers, club committee and coaches, find out about the new shield competition scoring system and get to meet more of your fellow club members. Hopefully the summer competition handbooks will also be available.

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7:00pm - 7:45pm: Free pizza! Drinks for sale

7:45pm - 8:30pm: Information session

For sale: New club uniforms, club hoodies, club socks etc.

### **GET REGISTERED NOW! THE TRACK SEASON IS HERE!**

The 2010/2011 interclub shield track and field season is just over 1 week away. Competition starts on Saturday, October 9. Don't miss out on the start of the season. If you are not registered for this season please register as soon as possible. Registration forms can be downloaded from the Box Hill Athletic Club website, or reply to this email and we will send you a form.

Round 1 of shield competition will be held at Box Hill on Saturday, October 9, using program 2 starting at 12:30pm. The events will be Hurdles, Walk, 3000m/5000m, 100m, 1500m, relay, 400m on the track and in the field, Javelin, Discus, Triple jump and Pole Vault.

### **TEAM MANAGERS NEEDED!**

With long time men's team manager, Rob Falkenberg, stepping down from his team management duties, we are looking for people to help as team managers of the senior and the junior men's teams. For this year it is likely to be a shared responsibility, so you do not have to be an expert or have any experience, just a willingness to help out. Please let us know as soon as possible if you are able to help. The only requirement is that you are able to attend shield competition most weeks.

### **STEVE KELLY SELECTED TO REPRESENT AUSTRALIA**

Congratulations to Steve Kelly, who has been selected to represent Australia in the Chiba Ekiden relay team, in Japan on November 23. Steve has been rewarded for his consistent performances throughout the winter season, including the national under 23 cross country title, with his first Australian vest.

### **NATIONAL RECORD TO GLEN BARRETT**

Congratulations to Glen Barrett, a Zimbabwe national, who cleared 4.56m in the pole vault at Box Hill last season. This mark has now been ratified as a Zimbabwean national record. Glen is currently injured but let's hope he is back in action and competing again before too long.

### **EUREKA CLIMB**

The Eureka Climb is a charity stair climb event up Melbourne's iconic Eureka Tower.

This year the event will feature an Elite Race (for a select 20 males and 20 females), to kick off the day at 8am on Sunday 14<sup>th</sup> November 2010.

Travelscene American Express have kindly donated prizes for the fastest male and female up the tower on event day. These winners will each receive return airfares to New York, transfers and 5 nights' accommodation. Event organizers are in the process of investigating the possibility of the winners receiving automatic entry into the Empire State Building Run Up.

To apply for a position in the Elite Race please visit [www.eurekaclimb.com.au](http://www.eurekaclimb.com.au) and click on the yellow “apply for elite race” button or click this link <http://www.eurekaclimb.com.au/elite-application>. Applications close Friday October 1<sup>st</sup> at 5pm, all applicants will be notified on Thursday October 14<sup>th</sup> whether they were selected to compete or not. If you have any further questions then please do not hesitate to contact Tara via email [tara@kingperformance.com.au](mailto:tara@kingperformance.com.au) or phone (03) 9537 0949.