

Box Hill Athletic Club Winter Bulletin 2010 No. 01
Monday 19 April 2010

UPCOMING EVENTS

Saturday, May 1, Cross Country Relays, Jells Park
Sunday, May 2, Presentation Day, Club Rooms
Saturday May 8, Cross Country, Lardner Park
Saturday May 29, Road Race, Sandown

CROSS COUNTRY RELAYS ON SATURDAY WEEK!

The first event of the 2010 winter season, the Jells Park cross country relays will be held on Saturday afternoon, May 1.

Could all athletes who are available to run please contact us via return email as soon as possible, so that teams can be organised.

Contact a member of the winter competition committee if you have any questions.

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NATIONAL CHAMPIONSHIPS

Congratulations to Blake Lucas who won a silver medal behind Steve Hooker in the pole vault in the national championships in Perth on the weekend, with a jump of 5.05m. James Filshie also cleared 5.05m to take the bronze medal.

14 year old Paris McCathrion cleared 3.60m to finish 10th in the women's event.

Daniel Clark ran 3:47.3 in his heat to make the final of a very hotly contested 1500m event, while Matt Coloe ran 3:49.29 to just miss out.

GET REGISTERED NOW!

Registration are now due for the 2010/2011 athletics year.

Registrations expire on April 1 each year, so send in your registration forms now so that you are a paid up member and ready for a winter of either racing or preparing for next summer!

CLUB 5K HANDICAP

Congratulations to Andrew Nagle who won the club 5k handicap on Saturday. Andrew finished ahead of David Featherston and Graeme Olden, who were aided by the fact that some athletes went the long way around on the first lap of the course!

Thanks to everyone who took part and to our handicapper, Ian Sloane. Thanks also to Leana Tilley who helped with recording times and places and to June Petrie who did a great job cooking the BBQ.

Full results will be available next week!

PRESENTATION DAY

This years club presentation function will be held at the club rooms from 4:00pm to 6:00pm on Sunday, May 2. We urge all members to come along and celebrate the successes of the year for Box Hill. Light refreshments will be provided. Hope to see you all there!

WINTER SEASON - XCR'10 - OPENS ON MAY 1

The Athletic Victoria winter season is fast approaching. To take part in the first event, the cross country relays at Jells Park on May 1, you must be registered for the new 2010/2011 season the week before! This year you will **not** be allowed to register on the day. Registration invoices should be arriving in your letterbox this week, so make sure you register as soon as possible.

AV Winter Season Program

1-May-10 Saturday Cross Country Relays Jells Park
8-May-10 Saturday Cross Country Lardner Park
29-May-10 Saturday Road Race Sandown
19-Jun-10 Saturday Road Race Lake Wendouree
10-Jul-10 Saturday Relay Coliban
17-Jul-10 Saturday Cross Country Bundoora
31-Jul-10 Saturday Cross Country Brimbank Park
28-Aug-10 Saturday Road Relays Sandown
5-Sep-10 Sunday Road Race Burnley
18-Sep-10 Saturday Relay The Tan

LOST PROPERTY

A ring and a watch of huge sentimental value were lost at the track last Tuesday. If anyone has any idea of their whereabouts please contact us as soon as possible.

CONGRATULATIONS

Congratulations to Dave Featherston and his wife Jasmine on the arrival of their son. Hayden George Arnold Featherston was born on April 7, weighing a healthy 7lb 6oz

RESULTS

Geelong half marathon, April 11
6. Luke Yeatman 70:59
22. Bert Pelgrim 79:59 (1st Masters)
72. Julie Norney 87:08 (6th woman, 1st veteran)