

Box Hill Athletic Club Summer Bulletin 2011 - 2012 No. 04
Tuesday 25 October 2011

UPCOMING EVENTS

Saturday, October 29, Shield Competition, Round 3, Doncaster
November 4-6, All Schools Championships, Albert Park
Saturday, November 12, Shield Competition Round 4, Doncaster
Saturday, Sunday, November 12-13, Relay for Life, Box Hill

ROUND 3 OF SHIELD COMPETITION AT DONCASTER THIS SATURDAY

Round 3 of shield competition will be held at Doncaster this Saturday afternoon, October 29, starting at 1:00pm for track events and field events from 12:00pm.

See the attached timetable.

Please report to your team manager before you compete so that we know who will be competing in each event.

THANKS

Thanks to Graeme Olden, Colin Organ, Rachel Johnson, James Filshie, Blake Lucas, Angela Robbie, Barbara Johnson and everyone who helped on Saturday with set up and packing away of equipment, helping in the canteen, officiating at the pole vault and all other areas that required volunteers.

SCHOOL ATHLETICS CARNIVALS

Could all members please note that the track will be unavailable for training at the following times, due to school bookings. We hope that this does not inconvenience too many members.

Wednesday 26th October, 2pm - 6pm

Friday 4th November, 5pm - 7pm

Friday 18th November, 5pm - 7.30pm

Thursday 24th November, 4pm - 7pm

JUNIOR DEVELOPMENT PROGRAM - XCR'11

The following junior athletes have yet to receive their XCR'11 winter season Result Certificate and Achievement Award.

Brigitte Wolhuter

Emily Goessler

Liselle Atkin

James Whelan

Nick Paidoussis

Ian Scaeffler

Jack Hill

Michael Dowel

Sam Mackie

Tyler Agius

Please see June Petrie at the track at Doncaster this Saturday to collect your awards.

STEVE 5TH IN BURNIE

Steve Dinneen ran well against a top class field to finish in 5th place in a time of 30:08 in the Burnie 10k road race in Tasmania last week. Steve finished just 10 seconds behind the winner, James Nipperness of NSW.

RELAY FOR LIFE

The 24 hour Relay for Life, which raises money for cancer research will be held at the Box Hill track on November 12 and 13. If any members are able to help over this weekend, in particular in the canteen, or if you are interested in organising a team to take part please let us know.

RESULTS FROM ROUND 2 OF SHIELD COMPETITION

As you can see from the results below, we need to find athletes to compete in all events if we are to make sure that we get through to the finals this year. Although Box Hill dominated in some events a lack of field event athletes meant that our teams did not win on the day. We encourage all athletes to try more than one event in each round of competition. For those athletes who have not yet competed this season, Saturday at Doncaster is your chance to start scoring points for the club! Special mention to Kyle Martin-Alcaide who ran a great 1500m to lead all the way and to run just 2 seconds outside the qualifying time for the world junior championships.

Please let us know if any results are missing.

Men Division 1 (Team finished 2nd)

100m

Mohamad Zeed 11.45
Daniel White-Alikakos 11.52
Blake Lucas 11.54
James Filshie 11.59
Joel Pocklington 12.20
Cameron Baker 12.45
Marcus Johnson 12.59

400m

Daniel White-Alikakos 50.30
Mohamad Zeed 52.23
Daniel Balassone 52.71
Will Potter 54.17
Cameron Baker 56.21
Marcus Johnson 56.87
(Braeden Cross 50.68)

1500m

Daniel Balassone 4:00.2
Will Potter 4:00.6
Daniel Clark 4:03.0
Tyler Agius 4:03.2
Steve Kelly 4:05.4
Dale Bickham 4:25.0

Division 2

David Jiminez 4:26.6
Steve Griffin 4:30.8
Adrian Elderhurst 4:36.7
Ian Schaeffer 4:54.9
Randy Owen 4:56.8
(Peter Green 4:23.3)
(Ben Noske 4:23.5)
Kieren Shah 5:06.1

5000m

Steve Kelly
Daniel Clark
Andrew Hester
Simon Evans 19:28.5

2000m Walk

Simon Evans 9:50.8

110m Hurdles

No Competitor

Pole Vault

James Filshie 4.55m

Joel Pocklington 4.55m

Division 2

Cameron Baker 3.35m

High Jump

No Competitor

Long Jump

No Competitor

Discus

No Competitor

Javelin

No Competitor

Men 40+ (Team finished 2nd)

100m

Andrew Wilcox 12.01

Bert Pelgrim 14.83

John Vaitkunas 15.48

Graeme Olden 16.72

400m

Andrew Wilcox 52.59

Bert Pelgrim 64.40

1500m

Kynan Dawes 4:18.5

John Meagher 4:35.7

Graeme Olden 4:52.3

David Ayers 5:01.8

Bert Pelgrim 5:05.2

5000m

David Ayers

John Meagher 16:54.6

Bert Pelgrim 17:43.9

Graeme Olden 18:12.6

John Vaitkunas 18:17.2

Chris O'Connor 19:10.3

Andrew Tunne 21:32.9

110m Hurdles

No Competitor

2000m Walk

Harry Summers 12:52.9

Pole Vault

Mark Stewart 3.35m

Rob Barclay 2.60m

High Jump

Mark Stewart 1.25m

Long Jump

No Competitor

Discus

Michael Seton 20.24m

Nev Gardner 15.44m

Javelin

Chris O'Connor 17.43m

Michael Seton 16.17m

Men Under 18 (Team placed 2nd)

100m

Jake Musson 11.85

Alex Di Medio 12.09

Daniel Bancroft 12.27

Brodie Cross 12.59

400m

Tom Robertson 51.11

Alex Di Medio 52.63
Hanson Wong 54.07
Daniel Bancroft 54.92
Jake Musson 55.88
Danny Wang 62.34
1500m
Kyle Martin-Alcaide 3:49.7
Hanson Wong 4:24.9
Danny Wang 5:01.5
3000m
No Competitor
110m Hurdles
Alex Di Medio 17.75
Pole Vault
Brodie Cross 4.25m
Angus McLardie 3.35m
High Jump
No Competitor
Long Jump
No Competitor
Discus
No Competitor
Javelin
No Competitor

Men Under 16 (Team Placed 3rd)

100m
Ned Snibson 14.14
Jacob Parlevliet 14.25
400m
Ned Snibson 60.29
1500m
Matthew O'Donnell 4:36.8
Laughlin Norney 4:39.9
Tom Snibson 4:44.6
Zac Hunter 5:06.2
3000m
No Competitor
100m Hurdles
No Competitor
Pole Vault
No Competitor
High Jump
Liam Harris 1.65m
Will Seton 1.55m
Long Jump
No Competitor
Discus
Will Seton 39.11m
Javelin
Will Seton 30.21m

Women Division 1 (Team placed 2nd)

100m
Viv Lee 15.06
Alexis Kelleher 15.82
400m

Amy Carrig 66.99
Julie Norney 67.74
Viv Lee 68.62
Simone Carre 70.27
1500m
Amy Carrig 4:54.2
Julie Norney 5:04.8
Helen McRae 5:14.3
Talitha Crawford 5:26.8
Division 2
Rachel Johnson 5:38.6
5000m
Julie Norney 18:44.0
Rachel Johnson 19:10.7
Amanda Harper 20:09.9
Rebecca Law 20:31.6
100m Hurdles
No Competitor
Pole Vault
Rebecca Marchant 3.35m
Simone Carre 3.20m
High Jump
No Competitor
Long Jump
No Competitor
Discus
No Competitor
Javelin
Simone Carre 31.33m

Women Under 18 (Team placed 2nd)

100m
Verity Cooper 13.54
Helen Tower 13.57
Katherine Foley 14.54
400m
Helen Tower 61.06
Katherine Foley 66.09
Amelia Savige 71.09
1500m
Amelia Savige 5:22.9
3000m
No Competitor
100m Hurdles
No Competitor
Pole Vault
Paris McCathrion 3.50m
Verity Cooper 3.05m
High Jump
Paris McCathrion 1.60m
Verity Cooper 1.55m
Long Jump
No Competitor
Discus
Phoebe Sloane 32.19
Javelin
No Competitor

Women Under 16 (Team placed 3rd)

100m

Iman Balla 13.02

Nana-Adoma Owusu-Afriyie 13.29

Emily Holding 14.22

400m

No Competitor

1500m

Zoe Schwerkolt 5:03.3

3000m

No Competitor

100m Hurdles

No Competitor

Pole Vault

Emily Taylor-Brown 2.00m

High Jump

No Competitor

Long Jump

Monique Hoskin 4.16m

Discus

Emily Taylor-Brown 25.65

Monique Hoskin 23.21m

Javelin

Emily Taylor Brown 31.77