

Box Hill Athletic Club Summer Bulletin 2011 - 2012 No. 17
Tuesday 7 February 2102

UPCOMING EVENTS

Thursday, February 9, Rare Air Club, Melbourne Uni.

Saturday, February 11, Shield Final, Albert Park

Tuesday, February 14, High Velocity Club, Albert Park

Thursday, February 16, Milers Club, Melbourne Uni

Saturday, February 18, Rare Air Club, Box Hill

Saturday, February 18, Post Shield Comp, Doncaster

Thursday, February 23, Rare Air Club, Melbourne Uni

Thursday, February 23, 5000m Races, Melbourne Uni

February 24-26, Vic Junior Championships, Albert Park

February 24-26, Vic Open Multi-Events, Albert Park

Saturday, February 25, AV Throwers, Ringwood

BOX HILL HAS 5 TEAMS THROUGH TO THIS SATURDAY'S FINALS

The 2011/12 Athletics Victoria Shield Finals will be held this Saturday, February 11 at Albert Park, commencing at 10:00am. All members are encouraged to come along and support our teams.

Box Hill has 5 teams that have qualified for the finals. Men Division 1 and Over 40, Women Division 1, Division 2 and Under 18.

Unfortunately our under 16 teams and men's under 18 team just missed out on a place in the final.

The program starts at 10:00am (see attachment).

Please check this timetable carefully and arrive early for your event.

Teams are listed below. Please check the teams carefully.

If you may be unavailable or have any questions about the teams please let us know as soon as possible.

MEN DIVISION 1

400m Hurdles

1. Mohamad Zeed
2. Will Potter

3000m Walk

1. Simon Evans
- 2.

5000m

1. Steve Kelly
2. David Jiminez
3. Ben Noske
4. Steve Griffin
5. Andrew Hester
6. Simon Evans

200m

1. Daniel White-Alikakos
2. Mohamad Zeed
3. Tom Cornelius
4. Marcus Johnson
5. Cameron Baker
6. David Mitchell

800m

1. Daniel Clark
2. Daniel Balassone
3. Daniel White-Alikakos
4. Tyler Agius
5. Steve Kelly
6. Nick Baggott

(Reserves: Will Potter, Ryan Green)

4x400m Relay

1. Daniel White-Alikakos
 2. Mohamad Zeed
 3. Ryan Green
 4. Daniel Balassone
- (Reserves: Daniel Clark, Tom Cornelius)

Shot Put

1. Chris Davies
 2. David Grant
 3. Tom Cornelius
- (Reserve: Marcus Johnson)

Hammer Throw

1. David Grant
2. Cameron Baker
- 3.

High Jump

1. Cameron Baker
2. Simon Evans
- 3.

Triple Jump

1. Marcus Johnson
2. Cameron Baker
3. Simon Evans

MEN OVER 40

400m Hurdles

1. Hendrick Dreyer
2. Andrew Wilcox

3000m Walk

1. Bill Dyer
2. Harry Summers

5000m

1. John Meagher
2. Bert Pelgrim
3. Chris O'Connor
4. Peter Stefanos

(Reserve: John Vaitkunas)

200m

1. Andrew Wilcox
2. Hendrick Dreyer
3. Colin Pocklington
4. James Tennant

(Reserve: Bert Pelgrim)

800m

1. Kynan Dawes
2. John Meagher
3. David Ayers
4. John Vaitkunas

(Reserve: Bert Pelgrim)

4x400m Relay

1. Andrew Wilcox
2. Handrick Dreyer
3. Kynan Dawes
4. David Ayers

Shot Put

1. Hendrick Dreyer
2. Cameron Morris

(Reserve: David Cross)

Hammer Throw

1. David Cross
2. Cameron Morris

(Reserve: Hendrick Dreyer)

High Jump

1. David Cross
2. Peter Stefanos

Triple Jump

1. Andrew Wilcox
2. Hendrick Dreyer

WOMEN DIVISION 1 AND 2

400m Hurdles

1. Vivienne Lee
2. Hannah Deal

3000m Walk

1. Chelsea Dyer
2. Simone Carre

5000m

1. Grace Brown
2. Julie Norney
3. Rachel Johnson
4. Amanda Harper

(Division 2: June Petrie, Charmaine McNally, Sarah Burke)

200m

1. Brony Sudholz
2. Angela Phillips
3. Hannah Deal
4. Tessa Budden

(Division 2: Abbie Freestone, Alex Pocklington, Liselle Atkin, Viv Lee)

800m

1. Hannah Deal
2. Talitha Crawford
3. Amy Carrig
4. Julie Norney

(Division 2: Helen McRae, June Petrie)

4x400m Relay

1. Hannah Deal
2. Talitha Crawford
3. Grace Brown
4. Abbie Freestone

(Division 2: Alex Pocklington, Liselle Atkin, Helen McRae, Viv Lee)

Shot Put

1. Simone Carre
2. Chelsea Dyer

(Division 2: Angela Phillips, Kate McCowan)

Hammer Throw

1. Kate McCowan
2. Chelsea Dyer

High Jump

1. Simone Carre
2. Tessa Budden

(Division 2: Natalia Kremenchutskaya)

Triple Jump

1. Natalia Kremenchutskaya
2. Simone Carre

(Division 2: Yiota Caarabourniotis)

WOMEN UNDER 18

400m Hurdles

1. Helen Tower
- 2.

3000m Walk

- 1.
- 2.

3000m

1. Amelia Savige
- 2.
- 3.
- 4.

200m

1. Helen Tower
2. Katherine Foley
3. Verity Cooper
- 4.

800m

1. Natalie Ambrose
2. Katherine Foley
3. Amelia Savige
- 4.

4x400m Relay

- 1. Helen Tower**
- 2. Natalie Ambrose**
- 3. Katherine Foley**
- 4. Amelia Savige**

Shot Put

- 1. Phoebe Sloane**
- 2. Verity Cooper**

Hammer Throw

- 1.
- 2.

High Jump

- 1. Verity Cooper?**
- 2.

Triple Jump

- 1. Verity Cooper**
- 2.

BOX HILL ATHLETICS CENTRE MANAGEMENT COMMITTEE

After several years of discussions, meetings and negotiations, an agreement was reached late last year between the Box Hill Athletic Club and the Box Hill Little Athletics Centre to establish a joint committee of management to manage the ground and facilities at Box Hill.

The joint management committee will be known as the Box Hill Athletics Centre Management Committee and comprises three members from each club as well as the current ground manager. Initial meetings of the joint committee have been held and a formal agreement signed by both clubs. The members of the committee are Bill Dyer, Graeme Olden and David Stevens from the Box Hill Athletic Club, Alan Bertacco, Warren Paterson and Jon Seddon from the Box Hill Little Athletics Centre and ground manager Tony Marsh.

The new committee is keen to implement a number of capital improvements over coming months to improve the ground and facilities and hopefully can

utilise the resources of the whole athletics community that uses the ground to help achieve this.

Please give your support to this new committee which we hope will lead to closer and stronger ties with the Box Hill Little Athletics Centre.

THANK YOU

Thank you to those who helped out setting up equipment, working in the canteen and packing away equipment at the end of the day at Box Hill on Saturday. Competition could not run without the help of these volunteers.

RESULTS FROM BRIGGS CLASSIC IN HOBART

A number of Box Hill athletes put in good performances at the Briggs Classic in Hobart last weekend.

400m Hurdles Tom Robertson 56.16

800m Daniel Balassone 1:52.65

1500m Daniel Clark 3:49.02

5000m Chris Hamer 13:58.99

5000m Steve Kelly 14:01.89

5000m Steve Dinneen 14:10.08

RESULTS FROM ROUND 12 OF SHIELD COMPETITION AT BOX HILL

Men Open

100m

Tom Cornelius 11.31

James Filshie 11.47

Mohamad Zeed 11.56

Cameron Baker 12.20

Marcus Johnson 12.38

David Mitchell 12.39

400m

Ryan Green 53.08

Nicholas Baggott 53.66

Marcus Johnson 55.89

Cameron Martin 56.70

David Mitchell 57.50

1500m

Ben Noske 4:09.6

Peter Green 4:27.2

Dale Bickham 4:28.8

Andrew Hester 4:31.3

Steven Griffin 4:32.5

Adrian Elderhurt 4:33.5

David Jimenez 4:38.7

110m Hurdles

Mohamad Zeed 15.24

2000m Walk

Simon Evans 12:51.8

3000m Steeple

William Potter 9:56.1

Long Jump

Tom Cornelius 6.64m

Pole Vault

Joel Pocklington 5.05m

James Filshie 4.90m

James Spry 4.15m

Cameron Sherry 4.60m (inv)

Javelin

Chris Davies 40.75m

James Spry 40.16m

Discus

Chris Davies 38.63m

David Grant 32.60m

Men Over 40

100m

Andrew Wilcox 11.99

Hendrick Dreyer 13.19

Colin Pocklington 13.38

James Tennant 15.25

400m

Andrew Wilcox 54.31

Kynan Dawes 58.42

Hendrick Dreyer 58.92

David Ayers 62.69

Bert Peldrim 63.32

1500m

Kynan Dawes 4:24.1

John Meagher 4:25.0

David Ayers 4:43.4

Bert Pelgrim 4:46.2

John Vaitkunas 5:00.9

Peter Stefanos 5:02.4

Andrew Tunne 5:43.6

110m Hurdles

Hendrick Dreyer 18.69

Colin Pocklington 20.84

2000m Walk

William Dyer 11:15.2

Harry Summers 13:20.0

3000m Steeple

John Vaitkunas 13:03.1

William Dyer 13:21.2

Long Jump

Hendrick Dreyer 4.93m

Andrew Wilcox 4.16m

Pole Vault

Mark Stewart 3.25m

Rob Barclay 2.65m

Javelin

Hendrick Dreyer 37.15m

Cameron Morris 35.46m

Neville Gardner 13.30m

Discus

Cameron Morris 24.90m

Hendrick Dreyer 24.71m

David Cross 23.21m

Neville Gardner 16.59m

Men Under 18

100m

Jake Musson 11.62

Daniel Bancroft 11.89
Alexander Di Medio 11.93
Brodie Cross 12.09
Hanson Wong 13.61

400m

Alexander Di Medio 52.93
Jake Musson 54.61
Daniel Bancroft 54.68
Hanson Wong 54.99
Danny Wang 61.49

1500m

Hanson Wong 4:24.9
James O'Connell 4:47.3
Danny Wang 5:09.1

110m Hurdles

Jake Musson 16.82
Alexander Di Medio 17.39

Long Jump

Alexander Di Medio 5.92m
James Norney 4.94m

Pole Vault

Brodie Cross 4.90m

Javelin

James Norney 34.35m

Discus

Jake Musson 21.26m

Men Under 16

100m

Liam Harris 12.18
Jonothan Taylor 12.67
Jacob Parlevliet 13.38

400m

Nicolas Paidoussis 52.70
Laughlin Norney 54.36
Ned Snibson 58.41
Tom Snibson 63.86
Jacob Parlevliet 64.81

1500m

Nicolas Paidoussis 4:12.1
Mitchell Dyer 4:14.6
Laughlin Norney 4:38.9
Tom Snibson 4:43.3
Zac Hunter 5:20.5

100m Hurdles

Jonothan Taylor 15.15
William Seton 16.55

Long Jump

Jonothan Taylor 5.14m

Pole Vault

William Seton 2.50m

Discus

William Seton 44.08m

Women Open

100m

Bronwyn Sudholz 12.70

Hannah Deal	13.40
Natalia Kremenchutskaya	13.40
Tessa Budden	13.49
Alex Pocklington	13.67
Vivienne Lee	14.23

400m

Hannah Deal	60.93
Vivienne Lee	66.64
Julie Norney	67.52
Alex Pocklington	68.82
Helen McRae	69.26
June Petrie	76.85
Charmaine McNally	77.20

1500m

Grace Brown	4:40.3
Julie Norney	5:04.1
Helen McRae	5:10.1
Talitha Crawford	5:15.2
June Petrie	5:28.1
Amanda Harper	5:31.3
Charmaine McNally	5:41.2

2000m Walk

Chelsea Dyer	11:55.7
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Long jump

Tessa Budden	5.09m
Yiota Carabourniotis	4.14m

Pole Vault

Rebecca Marchant	3.85m
Simone Carre	3.25m

Javelin

Chelsea Dyer	37.69m
Simone Carre	30.27m

Discus

Catherine McCowan	35.46m
Chelsea Dyer	28.88m

Women Under 18

100m

Helen Tower	14.07
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400m

Helen Tower	62.65
Katherine Foley	64.59
Amelia Savige	70.76

1500m

Natalie Ambrose	4:48.5
Louise Rait	5:02.3
Amelia Savige	5:28.0

100m Hurdles

Helen Tower	17.57
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Long jump

Verity Cooper	4.86m
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Pole Vault

Paris Mccathrion	4.00m
Verity Cooper	3.40m

Discus

Phoebe Sloane	32.44m
Helen Tower	11.45m

Women Under 16**100m**

Iman Balla	12.34
Nana-Adoma Owusu-Afriyie	13.07
Monique Hoskin	13.10
Dakota Pyke	13.37
Emily Holding	14.19
Olivia Gray	13.67

400m

Emily Goessler	60.37
Dakota Pyke	65.09
Kate Boulter	66.49
Ellissa Garrod	68.86

1500m

Rebecca Philip	5:35.7
Ellissa Garrod	5:54.8

80m Hurdles

Kate Boulter	14.56
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90m Hurdles

Monique Hoskin	14.30
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100m Hurdles

Iman Balla	15.29
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Long Jump

Monique Hoskin	4.46m
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Pole Vault

Emily Taylor-Brown	2.50m
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Javelin

Emily Taylor-Brown	31.15m
Kate Boulter	23.93m

Discus

Monique Hoskin	24.25m
Kate Boulter	23.32m