

## Box Hill Athletic Club Winter Bulletin 2011 No. 04

Monday 16 May 2011

### UPCOMING EVENTS

Saturday, May 21, Cross Country, Balnarring Racecourse

Sunday, May 29, Movie night, Balwyn Cinema

Sunday, June 5, Road Race, Flemington

Saturday, June 18, Road Race, Ballarat

### BALNARRING CROSS COUNTRY ON THIS SATURDAY

The first individual event of the XCR'11 season is the cross country event at the Balnarring racecourse on this Saturday, May 21. Box Hill entries are listed below. **If you have not entered and wish to compete, please let us know as soon as possible.** If there are any entered athletes (individual entries or season's ticket) who cannot take part this week, please let us know, as we are allowed to substitute a non-entered runner.

**12:30pm. 2km cross country: Women U14 , Men U14**

Zoe Schwerkolt

**12:40pm. 4km cross country: Men U20, Men U18**

Tyler Agius, Michael Dowel, William Potter, Mitch Milnes, Dylan Eeles, James Norney

**1:00pm. 3km cross country: Women U20, Women U18, Men U16, Women U16,**

Grace Brown, Liselle Atkin, Amy Carrig, Penny Townshend, Nat Ambrose, Katherine Foley, Amelia Savige, Laughlin Norney

**1:20pm. 8km cross country: Men Open**

Nick Baggott, Daniel Balassone, Dale Bickham, Daniel Clark, Kynan Dawes, Steve Dinneen, Andrew Hester, Scott Jackson,

David Jiminez, Steve Kelly, John Meagher, Chris O'Connor, Bert Pelgrim, Graeme Olden, Kieren Shah, Peter Stefanos,

David Stevens, James Tennant, Adrian Vincent, Stuart Watson, Andrew White

**2:00pm. 4km cross country: Women Open**

Kate Ackland, Charmaine McNally, Hayley Tomlinson, Sarah Cant, Talitha Crawford, Hannah Deal, Amanda Harper,

Rachel Johnson, Jocelyn Keage, Julie Norney, June Petrie, Neetha Pai, Megan Sloane,

**Timing Chips will be used for this event, you must wear a timing chip or your result will not be recorded. If you competed last year, use the same chip this year. If you did not receive a timing chip last year, then you must collect your chip before the start of this race. DO NOT RACE WITHOUT A TIMING CHIP.**

### JUST FOR THE JUNIORS (Thanks to June Petrie for this contribution)

We are pleased to announce that thanks to the generous support of Saucony, a "Saucony Junior Prize Pack" will be awarded to one lucky Box Hill Junior Athlete at each winter event on the Athletics Victoria XCR'11 Calendar. A total of 8 prize packs will be on offer at the Individual events and Relay events.

All registered female and male Junior athletes - U20, U18, U16, U14 - who compete for Box Hill are entered into the lucky draw which takes place on the day. It does not matter where you place, or what time you do, all you have to do to be eligible is TO RUN

Last season we introduced special commemorative results certificates for our Juniors and we will be continuing this for XCR'11. All female and male Junior athletes U20, U18, U16, U14 who compete for Box Hill during the XCR'11 season can look forward to receiving one at the end of the year whether they take part in an individual event or a relay event, one event or all eight events.

### **FUNDRAISING MOVIE NIGHT**

Paris McCathrion and Brodie Cross have been selected to represent Australia in the World Youth Championships in France later this year, but they must raise a portion of the costs of travelling to France themselves. To help raise funds a movie night has been organised. We urge all members to come along and enjoy the movie and help Paris and Brodie get to the world championships.

**Movie:** The Hangover 2

**Date:** Sunday, May 29

**Time:** 6:00pm for supper to be followed by the movie.

**Cost:** \$20 for supper and movie

**Location:** Palace Balwyn Cinema

**Tickets:** Buy tickets from any of the pole vaulters

### **NIKKI WINS IN SYDNEY**

Congratulations to Nikki Chapple who won the Sydney Morning Herald Half-Marathon on Sunday. Nikki completed the course in 72:55 to finish over 4 minutes ahead of the second female finisher.

### **CONGRATULATIONS HELEN**

Congratulations to new club member Helen O'Hagan, who finished 2nd in the Great Ocean Rd. Marathon on the weekend. Helen covered the longer than usual marathon (45km) in 3:23.06, a great performance over a tough course.

### **REGISTRATIONS ARE NOW DUE**

Registration fees are due on April 1 every year. You should have received an invoice, but if not you can download the new forms from the Box Hill website. Your fees will cover Athletics Victoria fees, plus the club fees and the club facilities maintenance fee. This fee will cover you for this winter season and next track season. These fees also cover you for insurance when training and help in the upkeep of our training facilities, so please pay as promptly as is practical.

If you have any questions regarding registration fees, do not hesitate to ask.