

**Box Hill Athletic Club Winter Bulletin 2011 No. 06**  
**Monday 30 May 2011**

## **UPCOMING EVENTS**

Sunday, June 5, Road Race, Flemington  
Saturday, June 18, Road Race, Ballarat  
Saturday, July 9, Cross Country, Brimbank Park

### **"SKINS" BIG V 10, This Sunday, June 5**

The next event on the Athletics Victoria XCR'11 calendar is the "Skins" Big V 10km road race at Flemington on Sunday morning June 5. This event is also the state 10km road championship for open men and women as well as men under 20 and men under 18. Other junior age groups will compete over 3km.

Box Hill has 36 starters in the 10km event and 10 starters in the 3km event.

Runners are reminded that they must wear their timing chip. If you do not have a chip make sure that you arrive early to collect a chip.

This is a fast, predominately flat course that should produce fast times.

Program:

#### **10:00am (3km road race)**

Men and Women U14

Men and Women U16

Women U18

Women U20

#### **10:30am (10km road race)**

Men and Women Open

Men U20

Men U18

## **MORE RESULTS FROM BALNARRING**

Congratulations to our men's and women's under 20 teams who won their teams events at the Balnarring cross country event last week. Michael Dowel, Will Potter and Tyler Agius placed 2nd, 5th and 7th respectively to win the junior men's event and to Grace Brown, Amy Carrig and Liselle Atkin who finished in 1st, 4th and 5th positions to take the women's team event. Natalie Ambrose (3rd), Katherine Foley (15th) and Amelia Savige (17th) took the silver medal in the Under 18 teams competition. Unfortunately the official open and overage team results are still not available.

## **JUST FOR THE JUNIORS**

A "Saucony Junior Prize Pack" will be awarded to one lucky Box Hill Junior Athlete at this Sunday's Flemington road race.

All registered female and male Junior athletes - U20, U18, U16, U14 - who compete for Box Hill are entered into the lucky draw which takes place on the day of each event. It does not matter where you place, or what time you do, all you have to do to be eligible is to run!

## **REGISTRATIONS ARE NOW DUE**

Registration fees are due on April 1 every year. You should have received an invoice, but if not, you can download the new forms from the Box Hill website. Your fees will cover Athletics Victoria fees, plus the club fees and the club facilities maintenance fee. This fee will cover you for this winter season and next track season. These fees also cover you for insurance when training and help in the upkeep of our training facilities, so please pay as promptly as is practical.

If you have any questions regarding registration fees, do not hesitate to ask.