Box Hill Athletic Club Summer Bulletin 2012 - 2013 No. 02 Tuesday 2 October 2012

BOX HILL ATHLETIC CLUB est. 1932 - Celebrating 80 years in 2012!

UPCOMING EVENTS

October 2, Tuesday, Coaches Meeting, Clubrooms, 7:15pm

October 7, Sunday, XCR'12 Presentation Day, Albert Park

October 9, Tuesday, 2012/13 season launch, Clubrooms, 7pm

October 13, Saturday, Shield Competition Round 1, Box Hill

October 20, Saturday, Shield Competition Round 2, Doncaster

October 27, Saturday, Shield Competition Round 3, Box Hill

SHIELD COMPETITION STARTS NEXT WEEK!

The first round of Shield competition for the 2012/13 season will be held at Box Hill next Saturday, October 13. The track events (100m, 400m, 1500m, 5000m/3000m, Hurdles, Walk and Relay) start at 1:30pm. While the field events (pole vault, long jump, javelin and discus) start at 1:15pm.

Please make sure you are registered for the first round of competition!

COACHES MEETING TODAY

All coaches who use the Box Hill facilities or coach Box Hill athletes are urged to attend a meeting at the clubrooms at 7:15pm today, Tuesday, October 2. The aim of the meeting is to discuss how the Club's coaches can work more cooperatively together and also to gain feedback from the coaches about what the club can do to better support them.

SEASON LAUNCH, TUESDAY OCTOBER 9

To get the season off to a flying start, a function will be held at the clubrooms on Tuesday, October 9, from 7pm. This is a great opportunity to meet team mates, coaches, team managers, club captains and to ask any questions you might have about the upcoming season. And there will be free pizza available! All members are welcome and encouraged to attend.

ARE YOU REGISTERED?

Club registrations are due on April 1 each year. If you have not paid your fees for this year make sure you do so as soon as possible, or you risk not being able to compete for the club in the first round of track and field competition on October 13.

TEAM MANAGERS NEEDED

Team managers are desperately needed for this season. It is not an onerous job but does require that you attend (nearly) every week of shield competition. Anyone who might be able to help, please let us know and we can give you more information.

XCR'12 PRESENTATION DAY

An XCR'12 presentation day is being held at Athletics House at Lakeside stadium on Sunday, October 7, from 1:00pm. Let us know if you wish to attend. We are especially hoping that many of our premiership winning team members, women over 490 and men division 2 will be able to attend.