

Box Hill Athletic Club Winter Bulletin 2012 No. 07
Tuesday 29 May 2012

BOX HILL ATHLETIC CLUB est. 1932 - Celebrating 80 years in 2012!

UPCOMING EVENTS

June 9, Saturday, XCR'12, Round 4, Road Race, Lake Wendouree

June 23, Saturday, XCR'12, Round 5, Cross Country, Brimbank Park

PRESENTATION NIGHT

Thanks to everyone who attended the Presentation Night on Friday. Special thanks to Barbara Johnson and Angela Robbie for their work in preparing for the night. Thanks also to David Stevens and Charmaine McNally who helped with the set up and also to our guest speaker, Steve Foley.

LAKE WENDOUREE ROAD RACE

The next event of the XCR'12 season will be the 15km road race (5km for juniors) at Lake Wendouree, Ballarat on June 9. We encourage all distance runners to take part in this race over a fast flat course. If you do not have a season's entry ticket, you must enter online. Entries will close on Monday.

HARRY SUMMERS WINS AT FLEMINGTON

Congratulations to new club member, Harry Summers, who won the state 10km road title at Flemington race course on Saturday. Harry led from the start to win in a time of 29min 37sec.

After winning the first two rounds of the XCR'12 season, Box Hill's men's Division 1 team appears to have finished third in round three (official team results are not yet available).

Athletics Victoria have apologised to the junior 3km runners who were sent on the wrong course and then had to re-run their event. Given the circumstances our girls ran extremely well!

Welcome also to Caitlin Harrison who had her first run for the club on Saturday.

Thank you to David Stevens, James Tennant, Gary Dowel and Steve Foley who acted as officials; your help is much appreciated.

Results:

1:00pm 3km road race

10. Zoe Schwerkolt 12:48 (U16)

9. Amelia Savige 11:59 (U18)

6. Katherine Foley 12:03 (U20)

10km road race

Open Men - Division 1

1. Harry Summers 29:37

7. Steve Dinneen 30:42

20. Barry Lynch 31:52

40. Michael Dowel 32:44

43. Daniel Balassone 32:52

45. John Meagher 33:13 (1st. 45-49 years)

Open Men - Division 2

56. Will Potter 33:38

72. David Jiminez 34:11

80. Sam Mackie 34:24

86. Charlie Blanch 34:40

107. Steve Griffin 35:14

139. Tyler Agius 36:05

Open Men - Division 5

160. Andrew Hester 36:33

255. Chris O'Connor 39:25

258. Graeme Olden 39:30

264. Trent Collins 39:40

Open Men - Division 7

281. Russell Clowes 40:07

290. Peter Stefanos 40:19

317. Bill Dyer 41:05

401. Andrew Tunne 45:32

Under 20 Men

4. Peter Green 35:07

5. Ben Noske 35:35

17. Danny Wang 45:44

Under 18 Men

11. Matt O'Donnell 36:30

18. Zac Hunter 39:19

19. Laughlin Norney 39:57

Open Women - Division 1

16. Grace Brown 37:45

17. Julie Norney 38:12 (3rd 40-44 years)

44. Rachel Johnson 40:12

74. Hannah Deal 42:53

Open Women - Division 2

93. Helen McRae 44:05

96. Vanessa Bourne 44:18

111. Amanda Harper 45:12

115. Pia Hunter 45:17

Open Women Division 4

130. Megan Sloane 46:34 (4th 55+)

173. Caitlin Harrison 52:30

BERT AND JUNE'S GREAT ADVENTURE!

Congratulations to June Petrie who won the Great Wall of China half marathon and to Bert Pelgrim who finished third in the men's division of the same race. This run along the Great Wall includes thousands of steps and is known as one of the toughest and most scenic in the world. Well done June and Bert!

TRACK RULES - HAVE YOUR SAY

Some years ago the club committee introduced rules for training at the Box Hill track (see attachment). These rules were written with the intention of ensuring that:

1. We have a safe training environment.
2. We avoid excessive wear on high use areas of the track.
3. There is fair and efficient use of the track and facilities.

We are in the process of re-examining and re-writing these rules. We welcome the input of all track users. Please reply, preferably within the next week, if you have any ideas or comments on training rules.