# Box Hill Athletic Club Winter Bulletin 2012 No. 09 <u>Tuesday 12 June 2012</u>

# BOX HILL ATHLETIC CLUB est. 1932 - Celebrating 80 years in 2012!

### UPCOMING EVENTS

June 23, Saturday, XCR'12, Round 5, Cross Country, Brimbank Park July 7, Saturday, XCR'12, Round 6, Harcourt-Bendigo, Coliban Relay July 21, Saturday, XCR'12, Round 7, Cross Country Champs, Bundoora

# BRIMBANK PARK CROSS COUNTRY ON SATURDAY WEEK

The next event of the XCR'12 season will be the Brimbank Park Cross Country on Saturday, June 23. We encourage all distance runners to take part in this challenging race around Brimbank Park in Keilor. Remember that (if you do not have a season's entry ticket) online entries close on Monday.

# LAKE WENDOUREE ROAD RACE

Box Hill had some good results in the 15km road race at Ballarat on the weekend. Of particular note was the performance of Steve Dinneen, who placed 3rd to take the bronze medal. An even team performance leaves Box Hill in contention for both the Division 1 and Division 2 premierships. Team results will be available next week.

See Ian Sloane's report below.

# Men Open 15km Road Race

### **Division 1**

- 3. Stephen Dinneen 46:36
- 12. Barry Lynch 48:12
- 22. Michael Dowel 48:54
- 36. John Meagher 50:38
- 37. Daniel Balassone 50:51
- 54. William Potter 52:00

### Division 2

- 58. Sam Mackie 52:36
  61. Charlie Blanch 52:47
  66. Steven Griffin 52:59
  105. Andrew Hester 55:43
  124. Bert Pelgrim 56:23
  165. Trent Collins 58:36
  Division 5
  211. Chris O'Connor 60:36
  212. Russell Clowes 60:40
  237. Peter Stefanos 62:41
- 315. Andrew Tunne 71:19

#### Women Open 15km Road Race Division 1

14. Julie Norney 57:58
34. Amy Carrig 61:04
35. June Petrie 61:05
36. Rachel Johnson 61:11
Division 2
55. Amanda Harper 64:55
108. Megan Sloane 72:16
123. Caitlin Harrison 74:36
Junior 5km Road Race Men
6. Peter Green (Under 20) 16:33
19. Laughlin Norney (Under 18) 17:55
40. Jacob Parlevliet (Under 18) 22:46
Junior 5km Road Race Women

9. Katherine Foley (Under 20) 21:00 15. Amelia Savige (Under 18) 21:59 11. Zoe Schwerkolt (Under 16) 21:21

# 15 K Road Championship Lake Wendouree Ballarat 9 June 2012

For Ballarat, the climatic conditions were exceptionally benign. Not too cold, minimal wind and no rain.

The junior race over 5 kilometres was run first and Box Hill had six junior representatives. Peter Green performed very strongly to place sixth in the Under 20 Men's race, 51 seconds behind the winner and in sight of the fourth and fifth placegetters. Laughlin Norney and Jacob Parlevliet competed in the Under 18 race and finished 19<sup>th</sup> and 40<sup>th</sup> respectively.

Katherine Foley ran well to finish 9<sup>th</sup> with a really strong finishing burst. Amelia Savige placed 15th in the Under 18 race and Zoe Schwerkolt placed 11<sup>th</sup> on the out an back course in the Under 16 race.

The Open races were delayed by more than 15 minutes, but eventually the starter dispatched the field. Three runners immediately moved to the front with a second pack aggregating not far behind. The three runners who broke clear were Shane Nankervis (Ballarat Region), Wondwosen Geleta (South Melbourne) and Steve Dinneen (Box Hill). Barry Lynch was part of the second group and looked comfortable, early on. Michael Dowel also commenced strongly and was near the second pack. Kyle Martin-Alcaide, who later pulled out, was also up towards the front of the field.

A bit further back, around 40<sup>th</sup> or thereabouts were John Meagher and Daniel Balasone. Will Potter and Sam Mackie were also in the top 60 with Charlie Blanch and Steve Griffin not too far behind. Andrew Hester. Bert Pelgrim and Trent Collins were next to appear and Russell Clowes and Chris O'Connor were midfield, followed by Peter Stefanos and Andrew Tunne.

Eventually, Shane Nankervis broke clear of Wondwosen Geleta to claim victory, with Steve Dinneen running really solidly to win the bronze medal. Ben Ashkettle (Doncaster) improved a number of positions over the last half of the race and placed fourth, followed by James Attard (Ballarat). Steve Moneghetti (Ballarat) also improved his position in the latter part of the race to place 10<sup>th</sup>. Barry Lynch performed creditably to finish 12<sup>th</sup>, with Michael Dowel holding on to place 22<sup>nd</sup>, a strong effort.

John Meagher and Daniel Balassone ran close together to place 36<sup>th</sup> and 37<sup>th</sup> respectively. Will Potter made the scoring team running 54<sup>th</sup> in the race. Sam Mackie was just four positions behind him in58<sup>th</sup> Charlie Blanch 61<sup>st</sup> and Steve Griffin was given 66<sup>th</sup> in the provisional results. Andrew Hester, 105<sup>th</sup>, Bert Pelgrim, 124<sup>th</sup>, Trent Collins, 165<sup>th</sup>, Chris O'Conmnor, 211<sup>th</sup>, Russell Clowes, 212<sup>th</sup> and Andrew Tunne, 315<sup>th</sup>, completed the team. Peter Stefanos ran 62 minutes 42 but was not listed in the provisional results.

In the women's race, Sophie Barker (Melb. Uni) got to the lead and was never challenged. She defeated Karinna Fyfe (GH) and Sinead Diver (South Melbourne). Julie Norney ran an excellent race to place 14<sup>th</sup>. Amy Carrig, 34<sup>th</sup>, June Petrie, 35<sup>th</sup> and Rachel Johnson, 36<sup>th</sup> made up the Division 1 team. Amanda Harper ran well to record 55<sup>th</sup>, and Megan Sloane, 108<sup>th</sup> and Caitlin Harrison, 123<sup>rd</sup> also finished the course.

The Men's Division 1 teams' race produced an interesting outcome. Ballarat appears to have won the team race, from Geelong second and Box Hill third. Frankston was fourth and Knox was fifth. This sees Box Hill in the lead in Men's Division 1 after four events with six races still to go. Box Hill looks likely to maintain its lead in Division 2, given Glenhuntly's modest performance.

The Box Hill Women's Division 1 team were equal fourth after the 10 K Road, and will remain in contention for that placing with Glen Huntly, Melbourne Uni and Knox clear of other clubs in the teams' competition.