Box Hill Athletic Club Winter Bulletin 2012 No. 22 Tuesday 11 September 2012

BOX HILL ATHLETIC CLUB est. 1932 - Celebrating 80 years in 2012!

UPCOMING EVENTS

September 15, Saturday, XCR'12 Round 10, Tan Relays (9:00am start)

October 9, Tuesday, 2012/13 season launch

October 13, Saturday, Shield Competition Round 1.

TAN RELAYS ON THIS SATURDAY

The final event of the XCR'12 season will be the Tan Relays to be held on Saturday morning, September 15, **starting at 9:00am**. This is usually the biggest event of the season and consists of each runner completing one lap of the Tan, around the botanical gardens. It should be a great end to the winter season.

Box Hill has entered teams in the following divisions:

Men Division 1

Men Division 2

Men Division 5

Men Division 7

Men Over 40

Men Over 50

Men Under 20

Men Under 18

Men Under 16

Women Division 1

Women Division 2

Women Over 40

Women Under 20

Women Under 18

Women Under 16

Could all those who have not confirmed there availability please do so.

Final teams and running order will be posted later this week.

We also need volunteers to act as time keepers and officials. Please let us know if you are available.

TRIVIA NIGHT

Thanks to everyone who supported the Trivia Night on Saturday. We hope everyone had a great time.

Special thanks to Vivienne Lee, Barbara Johnson, Angela Robbie, David Stevens, Simone Carre, all those who donated auction items and everyone else who contributed to the success of the night.

Congratulations to the Bourne/Jones/Duthie table for their outstanding win!

SIMON WINS AGAIN

Congratulations to Simon Evans who the state 50km walk title in a time of 5hours 17 minutes and 1 second, this was 21 minutes faster than his debut over the distance last year. this is Simon's third state title this year having already won gold medals over 20km and 30km. In other events on the day Nathan Brill won the 10km event in a time of 44:53

MORE LOST AND FOUND!

Some one left a Box Hill singlet behind after the half marathon at Burnley last week. Please let us know if you have picked this up.

There was a cooler bag with cups, tupperware and some food left at Trivia Night.

Spikes left at Brimbank Park: Nike, Mens US11, Runners World shoe bag

Also at the Geelong relays a pair of white Adidas racing flats and a black Adidas T-shirt were left behind.

SUMMER IS COMING!

The summer track and field Sheild competition season start next month, so if you are not yet in shape it is time to start training! It is also important that if you have not yet registered for the 2012/13 year you get your registration forms in soon so that you are eligible to compete in the first round of competition on October 13.

To start the season off on the right foot we will be holding a season launch at the clubrooms on the evening of Tuesday, October 9, hopefully all members, particularly new members will be able to attend.