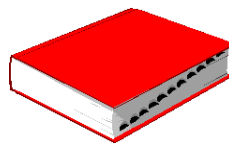




# Club News

**Volume 25**

**June 2000**



## **DATES FOR YOUR DIARY**

Wed 21 Jun '00 **AGM - Box Hill Clubrooms**  
Sat 24 Jun '00 5km Handicap - Box Hill  
(note deferral of half marathon)  
Sat 8 Jul '00 Bundoora Park Cross Country  
(officials & helpers required)  
Sat 22 Jul '00 Sandown Road Relays  
Sat 29 Jul '00 Working Bee - Box Hill

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# PRESENTATION NIGHT

This years Presentation Night was on 29<sup>th</sup> April at the Hawthorn Football Club Social Club and it again proved to be a night of surprise, elegance and stuffing yourself silly on the smorgasbord. Debate had been raging on down at the track as to who would take out the major awards of the season. Names of both senior and junior athletes were thrown around with perhaps the only certainties of the night being the Andrew Stewart trophy for pole vault, the Outstanding Finals Athlete trophy and the fact that David Cross would walk away with at least one of the male interclub awards if not all three (Go Dave!!).

Marcus Tierney was the MC in his black shirt and suit and gave back the evening that touch of class that departed when the rest of the middle distance crew arrived. Sadly, the evening lacked a certain spark as quite a few athletes were either at the Sydney Marathon or Pacific Schools Games and the traditional screaming girls table from the last few years was absent but that didn't stop the athletes who were there from having an awesome time.

Dr Peter Larkins was the guest speaker. Peter was a member of the Box Hill Aths Club way, way back in the 70's and 80's and won seven consecutive national titles in the steeplechase. Peter spoke about how he combined a career in medicine with his pursuit of international glories in athletics. But the things that stood out most in his speech to me were the fact he qualified for an Australian team in his second ever steeplechase (he had to run his first to qualify for the qualifying race) and some of the sessions that Alan Barlow used to give him (400m belts when he had a bad day). For the 1976 Olympics Box Hill Aths Club supplied a quarter of the aths team and the list of names that Peter trained and competed with were past legends to me, friends to the older generation and yet to be discovered myths to some of the younger athletes.

Congratulations must go out to all the award winners and the last thing I have to say is next year I am going to beat you Dave!!

## Under 14 Females

Rosalyn Moore

## Under 14 Males

Joel Pocklington

Ronnie Buckley

Matt Lukaczynski

## Under 16 Females

Cecilia Azcurra

Jocelyn Keage

Jess de Bruin

## Under 16 Males

Lane Harrison

Peter deLuca

Mohammed Zeed

## Under 18 Females

Elizabeth Bird

Erica Sigmont

Fiona Buchanan

## Under 18 Males

Sam Hassett

James Fildes

Tom Hanslow

## Interclub Awards – Female

Belinda Tolley

Elissa Ward  
Interclub Awards – Male  
Michael Jones  
David Cross  
Cameron Baker  
State League Points Award – Female  
Georgina Power  
Jenny Marshall  
Cathy Marshall  
Wendy Muldoon  
Laurissa Tourchinskaya  
State League Points Award – Male  
Andrew Wilcox  
Frank Tutchener Shield – Club 10 Mile Trophy  
Marcus Tierney  
Andrew Stewart Trophy – Pole Vault Champion  
Steven Hooker  
Bridgid Isworth  
Ross Haywood Trophy – Race Walking  
Wendy Muldoon  
Vladimir Slavnic Trophy – Outstanding Thrower  
Laurissa Touchinskaya  
Outstanding Finals Athlete  
Jenny Marshall  
Club Award  
Adam Pepper  
Megan Sloane Cup – Champion Winter Athlete – Female  
Anna Thompson  
Hansen Trophy – Champion Winter Athlete – Male  
Chris O'Connor / Graeme Olden  
Grant Taggart Shield – Most Determined Junior Winter Athlete  
Jessica de Bruin  
Armstrong Shield – Junior Female Athlete of the Year  
Elizabeth Bird  
Reg Barlow Cup – Male Junior Athlete of the Year  
Tim Williams  
Martha Fraser Shield – Female Athlete of the Year  
Georgina Power  
Allan Barlow Shield – Male Athlete of the Year  
Marcus Tierney

## **Annual General Meeting**

The Annual General Meeting is to be held at 7:30pm on Wednesday 21 June 2000 at the Clubrooms (refer to attachment to this newsletter for more details). A light supper will be served after the meeting at about 8:00 pm.

In recent years, the attendance at the AGM has been poor which is of great concern to the committee as it seems to indicate that there is a great deal of apathy amongst club members as to the future direction for the club. It could also mean that most Club members are completely satisfied with the way the club is run, with the facilities that are provided and with the services that are provided for members! Recent comments from a number of members probably indicate that this is not the case. In fact there have been some radical suggestions put forward for discussion during general business at the AGM including rotating training sessions on the track throughout the week to avoid congestion on the track (sprinters

Monday, hurdlers Tuesday, distance runners Wednesday, pole vaulters Thursday, throwers Friday etc); turning off the lights at 6:00pm to save power and enable fees to be reduced, employing a person full time to collect training fees from non-members and club fees from non-financial members; and keeping the Clubrooms locked during the week to avoid them being left open in the evenings.

If you have any thoughts on these matters, the committee welcomes your input at the AGM.

The committee is small for a club of our size and to maintain the success of the Club we badly need a few more volunteers to join the committee this year to take one of a number of small roles which need to be filled to ensure the continued success of the Club. Unfortunately, some of the longer serving committee members are starting to feel "old, tired and worn-out" (a bit like the clubrooms) so they would welcome some assistance from some new members with lots of energy and enthusiasm (or even a little bit of energy and enthusiasm). If you are able to spare one evening a month, enjoy stimulating discussion in a warm, cosy environment, and have an interest in seeing the continued success of the Club, please fill out the attached nomination form and return it to the secretary.

We look forward to seeing a big crowd at the clubrooms on 21 June.

### **Tim Wins Gold**

At the recent Australian Surf Life Saving Championships Box Hill Aths Club member Tim Williams won gold in the U18 beach sprint. Tim, an Anglesea Surf Life Saving club member, was runner up in 1998 and 1999 and finally cracked it for his first individual title. *Eds note: Sorry Tim, this would have been in the last newsletter but the results hadn't been posted up on the web even over a week after the competition.*



*Tim and Dawn Fraser*



### **Cross Country Relays.**

Box Hill started the year 2000 cross country season with several victories in the cross country relays at

Brimbank Park.

## **JUNIOR TEAMS**

### **Under 20 Men.**

The Under 20 men's 3x6.2km. team had a resounding victory, despite the absence of Sam Hassett. David Tyler, faded a little on the second lap, but still brought the team into a good position in 3<sup>rd</sup> place, not far from the leaders. Matt Spain ran strongly on the second leg to surge into the lead, then Ben Bissett held off all challengers to run away with a great victory.



1. Dave Tyler 22:46
2. Matt Spain 21:48
3. Ben Bissett 21:05

### **Under 18 Women**

The under 18 women's 3x3.1km. team had a great win in their event, with competition on the early legs coming from the Box Hill No.2 team, which eventually finished fourth just out of the placings.

No.1 team:

1. Jessica De Bruin 12:09
2. Heidi Riiordan 12:00
3. Emily Smith 11:37

No.2 team:

1. Jocelyn Keage 11:44
2. Briana Mallinder
3. Elizabeth Bird 12:59

Invitation team:

Jenita Dunner  
Anna Connell  
Georgie McCallum  
Kerry Walker

## **SENIOR TEAMS**

### **Men's Division 1**

The men's division 1 team finished 5<sup>th</sup> against some very strong opposition after being in second place halfway through the race, thanks to great runs by Julian Dwyer and Glen Tooze. The team should improve through out the year, especially with the return of Marcus Tierney who was unavailable for this race.

1. Kynan Dawes 21:13
2. Julian Dwyer 18:56
3. Glen Tooze 19:46
4. Christian Ashby 21:15
5. Graeme Olden 20:46
6. Scott Jackson 20:56

### **Men's Division 3**

A consistent team effort with great runs by Chris Bunney and Tom Waters brought the division three team in to finish comfortably ahead of the field, in first place.

1. Barry Lynch 21:51
2. Tom Waters 20:51
3. Dale Bickham 21:47
4. Adam Pepper 21:56
5. Chris Bunney 20:47

### **Men's Division 6**

Another victory to Box Hill, led by a very good time by the senior member of the team, Tony Bird, on the first leg.

1. Tony Bird 22:13
2. Dave Boyd 25:48
3. Dave Ayers 25:15
4. Chris O'Connor 23:18

### **Women Division 1**

With some of our top distance runners unavailable, the team did well to finish mid-field.

1. Georgina Connell
2. Eliza Eddy
3. Marion Gamble
4. Kimberley Coltman



## **Geelong Cross Country**

There were some good performances on the fast cross country course at Eastern Park Geelong.

### **Men's Open 8km.**

In the men's senior race Scott Jackson showed a great return to form to finish in 16<sup>th</sup> place just ahead of Graeme Olden (18<sup>th</sup>), Marcus Tierney (19<sup>th</sup>) and Tom Waters (21<sup>st</sup>). These four were followed by Christian Ashby (47<sup>th</sup>), Tony Bird (64<sup>th</sup>, 2<sup>nd</sup> in the 45+ category) and Adam Pepper (71<sup>st</sup>).

### **RESULTS:**

1. S. Moneghetti BYC 23:25

2. C. Mottram Geel 24:03  
3. C. Semple Ivan 24:08  
16. S. Jackson 25:31  
18. G. Olden 25:41  
19. M. Tierney 25:45  
21. T. Waters 25:50  
47. C. Ashby 27:01  
64. A. Bird 27:36  
71. A. Pepper 27:48  
79. D. Bickham 28:02  
162. A. Ayers 30:10  
234. D. Boyd 32:59  
249. I. Sloane 33:42



### **Men's U20 4km**

Matt Spain managed to get to the start on time(!) and ran a good race to finish 6<sup>th</sup> in a time of 13:13.

### **Women's Open 6km**

Anna Thompson continued her great form from last summer to run a great race and finish 4<sup>th</sup> in a strong field. Unfortunately Box Hill had only two other runners in this race. Megan Sloane finished 37<sup>th</sup> and Kimberley Coltman 48<sup>th</sup>.

### **Women's U18 3km**

It was a quinella to the Box Hill girls in the under 18 women's 3km race. Emily Smith ran away with victory in 11:16, closely pursued by Heidi Riordan in 2<sup>nd</sup> place (11:21) with Jenita Dunner finishing 10<sup>th</sup> in 12:27

## **Flemington 10km. Road Race**

Cold conditions, a fast course and big fields (and traffic jams on the way!) greeted our runners at Flemington this year.

### **Men's Open 10km**

Marcus Tierney ran a great race to never be too far from the leading pack and finished 15<sup>th</sup> in the time of 30:06. Scott Jackson continued his good form to finish 24<sup>th</sup> in 30:45 ahead of Graeme Olden (27<sup>th</sup> in 31:00) and Tom Waters (35<sup>th</sup> in 31:21). Christian Ashby put in a much improved performance to finish 43<sup>rd</sup> in the good time of 31:31. Kynan Dawes finished 58<sup>th</sup> (32:21) and Ben Bissett decided to take on the challenge of the open race and finished 73<sup>th</sup> in 32:55.

### **RESULTS:**

1. S. Moneghetti BYC 28:15  
2. N. Adkin (inv) Don 28:55  
3. D. Eadie Glen 29:10

15. M. Tierney 30:06  
24. S. Jackson 30:45  
27. G. Olden 31:00  
35. T. Waters 31:21  
43. C. Ashby 31:31  
58. K. Dawes 32:21  
73. B. Bissett 32:55  
96?? P. Pelgrim (inv) 33:38  
100. A. Bird 33:42  
108. A. Pepper 33:53  
247. W. Windsor (inv) 38:44  
249. J. Tyler (inv) 38:49  
253. D. Boyd 39:05  
261 I. Sloane 39:28



### **Women's Open 10km**

It was great to have a few more Box Hill competitors in the women's race this time, with several runners achieving pb's. Anna Thompson again ran well to be the first Box Hill competitor, finishing 5<sup>th</sup> behind Anne Cross, Kate Anderson-Richardson, Susan Michelson and Carolyn Schuwalow in the time of 33:41. Georgina Connell finished 22<sup>nd</sup> in 37:57, Marion Gamble was 44<sup>th</sup> in 40:03, Megan Sloane 47<sup>th</sup> (40:33), Kim Coltman 60<sup>th</sup> (43:13) and Kerry Walker-Putt 65<sup>th</sup> (44:23)

### **Women's U18 10km**

Box Hill Dominated this event, finishing 1<sup>st</sup>. 2<sup>nd</sup> and 3<sup>rd</sup>. Emily Smith won again in a very good time of 37:59. Prue Healy was second in 40:10 followed by Heidi Riordan in 3<sup>rd</sup> place in 40:37. Congratulations to these girls for their fine performances.

### **Women's U16, U14 3km**

Kate and Juliet Thornton both had good results in their respective races. Kate finished 4<sup>th</sup> in the under 16 event in a time of 11:15, not far ahead of Juliet who finished 2<sup>nd</sup> in the under 14 event in a time of 11:22

### **From the Rubdown Table**

At the recent 10km cross country Box Hill Athlete Dale Bickham was asked how he felt in his last two laps of the course. "My legs felt pretty good" was his reply in all seriousness. Pity he only completed the first lap of the run. Well done Dale.





## REGISTRATIONS

Registrations are now due for the 2000-2001 season. A Club membership should be completed and returned to the Club Registrar as soon as possible to make sure that you are registered in time for the winter season.

Note that registration fees have increased slightly from last year due to the fact that GST must be paid on 9 months of the membership which equates to a 7.5% equivalent tax which has been levied on the registration fee charged by Athletics Victoria. In order to minimise the impact on membership fees to our members, we have decided not to register with the ATO to collect GST which means that we do not have to apply the GST to the services which we provide, however the Club does have to pay GST on anything that we purchase so we will have to pass this cost on to the members which means that fees have to rise, but not by the full 7.5%.

The Club is in the process of applying to receive an ABN from the Australian Taxation Office so that users of services that we provide (i.e. ground hirers) will not be required to retain withholding tax. It is likely that in the future we will have to register for GST as our income is close to the \$100,000 threshold, however for the present we have chosen to minimise our administrative costs and the cost to our members by not registering.



## PACIFIC SCHOOLS GAMES

Pacific Schools Games were held in Sydney this year and Box Hill had a impressive list of competitors. Apologies must be given to anyone who was there who's results are not listed.

### Boys 18-19 Years

Steven Hooker Pole Vault 4.80m 1<sup>st</sup>  
Sam Hassett 5000m 15:45.1 4<sup>th</sup>  
2000m. steeple 6:07.4 5<sup>th</sup>

### Boys 14-15 Years

Ronnie Buckley Hammer 53.46m 2<sup>nd</sup>  
Discus 5.44m 4<sup>th</sup>

### Girls 18-19 Years

Erica Sigmont 800m 2:08.5 1<sup>st</sup>  
1500m 4:36.2 1<sup>st</sup>  
Georgie Power 100mH 14.33 1<sup>st</sup>  
100m 12.74 6<sup>th</sup>  
200m 25.82 5<sup>th</sup>

### Girls 16-17 Years

Jocelyn Keage 2000m steeple 6:54 3<sup>rd</sup>  
Elizabeth Bird 800m 2:12.3 3<sup>rd</sup>  
400m 57.85 9<sup>th</sup>  
Jessica De Bruin 3000m 10:49.3 14<sup>th</sup>

### 5km Handicap

The Annual Box Hill Athletic Club 5km Handicap race will be held on **Saturday 24 June** at 1:30 pm.

The course will be the same as that used for the last few years along the bike paths starting from the carpark adjacent to the Brentwood Bowling Club. A group will be leaving the clubrooms at 1:00 pm to travel to the venue. A BBQ lunch will be provided at the clubrooms after the race at which prizes for the leading placegetters will be presented.

If you are interested in running the race, please contact Ian Sloane on 9459 4486 or e-mail at [sloane@cybernetint.net](mailto:sloane@cybernetint.net) with times for recent races over 1500m, 3000m, 5000m or 10000m so that he can allocate you a fair handicap.



### International Results

Australia had it's equal best finish in the Women's Ekiden yesterday with 6th place. Anna ran the opening leg for Australia, faced a couple of Olympic and World Championship runners and several national distance champions. She finished 11th and covered the tough 6km in 20.59.



**Working Bee - Saturday 29 July '00**

To enable general maintenance and painting works to be carried out in readiness for the next track season, a working bee is to be held at the clubrooms from 12:00 noon to 5:00 pm on Saturday 29 July 2000.

Tasks to be completed include painting of seats, repair and replacement of hurdle tops, repair of doors and benches damaged by vandals, cleaning and vacuuming of the clubrooms, toilets and showers, painting of the shot put stop boards, trimming weeds from around the track and other general cleaning and maintenance tasks.

It only takes a couple of hours from a large group to make a big difference to the track and facilities, however if we only get the same few people turning up, then the work will not get done and the facilities will continue to fall into a state of disrepair. Make sure you don't miss out on the free lunch and come along to do your bit.

### **Helpers Required at Bundoora Park**

On Saturday 8th July, the Box Hill Athletic Club is required to supply 10 people to help with running of the cross country event at Brimbank Park. In addition, we are responsible for running the canteen at the event which requires setting up a tent, cooking hamburgers and sausages on a BBQ and serving drinks, chocolates etc. The Club will lose points if we do not supply enough officials so we require as many parents, friends and club members as possible to help on the day. If you are unable to stay all day, then even an hour or two would be a great help. We need to provide assistance from 12:30 pm onwards. The last event should finish at about 3:45pm. Please contact Graeme Olden on 9885 0890 (h) if you can help.



### **RON CLARKE FOUNDATION**

Eleven of Australia's rising athletic stars are the latest beneficiaries from the R.W Clarke Foundation which was established to support the development of Australia's young athletes.

Included in the recent round of recipients were Box Hill Athletes Bridgid Isworth and, Steven Hooker.

More than 500 athletes have benefited from the Foundation since its inception 30 years ago.

### **Banksia Sports Clinic**

Club sponsor Banksia Sports Clinic has moved to 1062 Heidelberg Rd, Ivanhoe (Just next door to Pizza Hut we are told). Could all athletes please take note of their new address and phone number : 9499 8887.

### **Box Hill Central**

Box Hill Central Shopping Centre consists of a diverse group of tenants offering a unique shopping experience.



The fresh food market is the biggest six day a week market under cover in Melbourne. Fresh food is a great addition to healthy lifestyle. The market prides itself on variety, with four butchers, three poultry operators, two fish mongers, two deli's, four cake shops and bakers, three fruit and vegetable operators, two Asian grocers and eight general specialty shops.

The food court is a smoke free and spacious environment with a smorgasbord of various cuisines and flavours.



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## NOTICE OF 1999 – 2000 ANNUAL GENERAL MEETING

**BOX HILL ATHLETIC CLUB INC.**

**7.30 PM WEDNESDAY 21st JUNE 2000**

**CLUB ROOMS, HAGENAUERS' RESERVE**

**BARWON STREET, BOX HILL**

### AGENDA

- Presentation of financial statement
- Election of Office Bearers

Nominations are called for the following positions which will be declared vacant:

President  
Vice President  
Secretary  
Treasurer  
Committee

We wish to Nominate \_\_\_\_\_

For the Position of \_\_\_\_\_

Moved \_\_\_\_\_

Seconded \_\_\_\_\_

I hereby consent to my nomination for the position of :

\_\_\_\_\_

Signed \_\_\_\_\_

All nomination to be in the hands of the Secretary, PO Box 247, Box Hill 3128 seven (7) days prior to the Annual General Meeting