

Club News



Issue 41

August 2002

BOX HILL ATHLETIC CLUB INC

Hagenauer's Reserve, Barwon Street, Box Hill 3128 Phone: 9890 3631

PO Box 247 Box Hill 3128

<http://www.boxhillathleticclub.org>

DATES FOR YOUR DIARY



Sat 31 Aug '02	Ballarat Cross Country
Sat 7 Sep '02	Trivia Night
Sat 14 Sep '02	Working Bee
Sun 15 Sep '02	Burnley Half Marathon
Sat 19 Oct '02	Interclub Round 1 – Box Hill
Sat 16 Nov '02	Whitehorse Gift – Box Hill

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TRIVIA NIGHT

The major fundraising event organised for this year to raise funds for the club room upgrade is a Trivia Night to be held on Saturday 7 September 2002. It is important that we once again have good support for this event to ensure that the club can fund the ongoing building works.

A flyer with a return slip is attached with full details of the night. Last year Mark Stewarts table took out the top honours. Who will be champion this year?

We are still looking for additional items to auction on the night, so if you have anything suitable, please contact one of the organising committee listed below.

Date: Saturday 7 September 2002
Time: 7:00pm for 7:30 pm start
Venue: Box Hill Senior Secondary College
Dunloe Avenue, Box Hill
Cost: \$10 per head.

For more information or to reserve a spot on a table, contact:

Chris O'Connor 9882 6108 (AH)
coconnor@swin.edu.au

Ian Sloane 9459 4486 (AH) sloane@cybernetint.net

Julie Milner 9818 1278 (AH) juliem@brd.net.au

Bert or Leana Tilley 9807 2487

Tilley_family@bigpond.com

CLUB ROOM UPGRADE UPDATE

Progress with construction of the upstairs section of the club rooms has been slow over the last few months with ongoing negotiations continuing to appoint a builder to erect the steelwork. An application has been made for a building permit for this work. It is hoped that the permit will be issued in time for construction work to commence in mid-September so that the new roof is in place by the start of the track season.

The time and funds not available to complete any more of the work this year, it is planned to complete the external walls and fitout of the upstairs section of the works next winter.

WORKING BEE

To enable final preparations to be made for erection of the roof over the grandstand and to prepare equipment for the upcoming track season, a working bee is being held at the track on Saturday 14 September 2002 from 12:00 noon until 5:00 pm. It is imperative that we have a good attendance to ensure that everything is in place for the Contractor to start work and we do not receive claims for extra costs due to delaying the start of the work.

70 YEAR DINNER

Over 200 members, ex-members and friends of the Box Hill Athletic Club attended the 70 Anniversary Dinner of the Club held at the Eastern Golf Club on 27 July 2002. Highlights of the evening included presentation of a video showing club members competing in competitions in the 1970's and 1980's; various displays of old photos, newspaper clippings and other memorabilia and announcement of a men's and women's team of the century.

There was wonderful cross section members in attendance, with athletes from all eras stretching back to the 1940's catching up with their contemporaries and remembering great deeds from the past. Special guest Allan Barlow was in great demand throughout the evening with a queue forming around his table which lasted for most of the night.

A copy of the video presented on the night is available for purchase as well as a CD showing photos taken on the night as well as the presentation of old photos which was on display on the evening. A return form is attached for ordering of these items.

TEAM OF THE CENTURY

One of the main discussion points following the 70 Year Dinner was the make up of the Team of the Century which was announced on the night. A small selection team spent many hours agonising over past results and discussing the relative merits of performances in different eras to select the best 3 athletes to have represented the Club in each track and field event throughout the history of the Club. A copy of the team is attached. The editor would welcome any feedback or comments!

IN MEMORY OF MARY BARLOW

It is with much sadness that we announce the passing of Mary Barlow on the early hours of Saturday 10th August.

It is well documented the input that Allan Barlow has had in the development, reputation and successful history of this club, however without the selfless support of Mary most of what we have now would never be. Allan would be the first to tell you of the strength he gained from Mary and of Mary's devotion to the running of the family home, supporting him and raising their two children.

Mary also spent many weekends in the years when competition was at Mentone driving car loads of athletes to and from competition with Allan.

The club shares in the great sorrow that the Barlows are experiencing. Our deepest sympathies go to Allan, Margaret, David and their children.

REGISTRATIONS ARE NOW DUE

Your registration with Athletics Victoria and also membership of the Box Hill Athletic Club fell due on 15 April 2002. To be eligible to compete in winter races and continue to use the Club facilities for training, you will need to organise to get yourself re-registered for the 2002-2003 season. Despite increased registration costs with Athletics Victoria, increased costs associated with the new pavilion and the large financial commitment required from the Club to fund the Stage II Pavilion Upgrade works, the committee has only increased the membership fees by \$5. All members are urged to re-register as soon as possible to help maximise the funds available to the Club to meet these upcoming works. Registration forms can be obtained from the club rooms or downloaded from the Club web page and should be returned to The Registrar, PO Box 247, Box Hill VIC 3128.

LEVEL 1 COACHING

To assist with the development and recruitment of new coaches to the sport, Athletics Victoria is offering to pay the cost of any member wishing to complete a Level 1 coaching course. If you are interested in becoming qualified as a coach then please contact the Club Coaching coordinator, Chris O'Connor for more details (ph 9882 6108 or email: coconnor@swin.edu.au)



INTERNATIONAL NOTES

Box Hill was well represented at the Commonwealth Games in Manchester and it was triple bronze for Box Hill.

Bridgid Isworth came in 3rd in the women's pole vault, **Andrew Leatherby** came 3rd with an amazing finish in the men's marathon, **Tim Williams** received a bronze for 3rd in the 4x100m and led off the 4x400m team as well and former Box Hill athlete **Anna Thompson** performed beyond expectations in the women's 5,000m.

Hopefully these athletes will lead Box Hill into another golden age as we look towards Athens in 2004.



Bridgid, Tim, Andrew and the rest of the Australian Team

BARLOW FOUNDATION

Box Hill Athletic Club operates the Barlow Foundation as a registered project with the Australian Sports Foundation for the purpose of supporting elite athletes and coaches in state league interclub competition. The project makes grants to athletes and

coaches from tax-deductible donations made to the foundation. These grants have played a significant part in the success of the State League teams over the past few seasons and the Club is committed to continuing to provide these opportunities for our State League athletes.

The distribution of Barlow Foundation grants made at the presentation night for the 2001/02 season were:

- \$200 Reimbursement of expenses to the leading Female State League points scorer
- \$200 Reimbursement of expenses to the leading Male State League points scorer
- \$200 Reimbursement of expenses to the coach whose athletes (both male and female) score the greatest combined total of State League points.

To help ensure the continued success of our State League teams, we are requesting donations to help fund these grants. All donations are tax deductible. If you would like to obtain a donation form to send in a donation, or have any questions about the Barlow Foundation, please contact Colin Organ on 9813 3597 or via email (colo@bigpond.com). Alternatively you may wish to download a form directly from the Club's web site at <http://www.boxhillathleticclub.org>.

BUY A BRICK

The Club's tax deductible Barlow Fund also includes a separate building fund. With additional funds needed to be able to fund the Stage II Pavilion Upgrade (upstairs extension), donations to this fund are urgently required. Any donations made to this building fund will be directed solely towards the club room upgrade. Now is an excellent time to help the Club to fund your new club rooms and reduce your tax bill. Any donation of \$100 or more will be recognised with a plaque recording your donation prominently displayed on a brick in the new clubrooms. Donation forms can be downloaded from the Club's web site - www.boxhillathleticclub.org - or obtained from Colin Organ - phone 9813 3597 or email at colo@bigpond.com.

ALL TIME RANKINGS

A full set of all time Club rankings for men's track events have been posted on the Club web site at <http://www.boxhillathleticclub.org>. Most of the women's track events have now been added and the women's field events will be added over coming months. If you find any mistakes or can add to the lists in any way, please contact either Dale Bickham (bickham@deakin.edu.au) or Graeme Olden (golden@sprint.net.au).

WOMENS'S STATE LEAGUE TEAM IN THE BALANCE

With the retirement of Val and Les Armstrong from active involvement, the Women's State League team needs help. We have no team manager and no officials. Failure to provide the required 2 officials results in loss of 36 points per night – it would be impossible to make the finals with that sort of handicap. The club pays \$1400 to enter a team (this figure is sure to increase this year) in order to provide the top level competition for you – so how badly do you want it – Are you prepared to put your hand up to help manage the team and bring a friend or parent to officiate?

The female athletes of this club, both past and present, have a poor history of “putting back”. It's interesting to note that the male members of the club have always taken on roles such as team managers, coaches, committee members, officials, maintenance and looking after the equipment - why is this so? In this age of equality why don't more women get involved?

Are the women of this club prepared to stand up and take responsibility for the team and officials?

Will there be a Box Hill Women's team in State League this season? It's up to you!!!

VOLUNTEERS FOR INTERCLUB

For those who are new to the club, or just unaware of the fact, each Saturday at Interclub competition (and State league), we must supply at least 1 official per team entered into the competition. With teams in every division and age group, this requires a lot of officials. In addition, we need people to help out in the canteen.

The penalty for not supplying enough officials for a day of competition is at least a 10-point deduction from EVERY team entered by the club, for EVERY official missing. This means that if we are 2 officials short, EVERY Box Hill team will lose at least 20 points from their scores for that day. This makes winning the competition very difficult, for all teams!!!

To eliminate this possibility occurring, an Officials Roster is going to be constructed. EVERY athlete will be responsible for providing an official/assistant for at least one round of interclub for the next summer season. This means that the athlete will have to make sure that either a parent, husband, wife, girlfriend, boyfriend, uncle or auntie is available to help out on their rostered day. If you are unable to get

someone down to the track to assist, YOU will have to become the rostered official. More details of the roster will be supplied closer to the track interclub competition (commencing on Saturday 19 October), however, expressions of interest from people willing to help out would be most appreciated. These can be forwarded to any member of the committee. It is envisaged that people would only need to help out for 2 hours. However, the more people we get, the less time they will have to officiate. No experience is necessary, as you will be taught everything you need to know “on-the-job”.

NEW COMMITTEE

If you have anything you wish to discuss or if you would like to offer assistance either team managing, coaching, fundraising, officiating, canteen or anything else please contact one of the committee members listed below.

Graeme Olden 9885 0890 golden@sprint.net.au

Adam Pepper 8802 4462 pepper@sme.com.au

Angela Robbie 9898 3052

Julie Milner 9818 1278 juliem@brd.net.au

Joan Hines 9859 5081

Colin Organ 9813 3597 colo@bigpond.com

Dale Bickham 98905150 bickham@deakin.edu.au

Marcus Tierney 9497 3521

David Featherston 9467 2262

Fiona Buchanan 98173095 fionaland@yahoo.com

DUAL REGISTRATION WITH V.A.L.

Registered AV athletes who have not previously registered with the VAL can do so for a fee of \$20 for one season. A VAL registration form needs to be completed (available at AV office).

A joint registration is also being offered at the special discounted rate of \$200 (excluding club fee) for an Open Metropolitan Athlete. Registration forms of both bodies need to be completed, indicating on each form that you want a joint registration.



ONE HOUR DECATHLON

Athletics Essendon and the Aberfeldie Venue are thinking about holding a one hour decathlon on the 12th October and were wondering if there was enough interest in running this. They are holding a PB meet on the same day and the one hour decathlon would be incorporated into the schedule (Sat Arvo).

Cost would be around \$15 and there would be electronic timing available. Depending on numbers there would be groups of around 5 maybe 6 individuals starting, with a ten minute time difference between groups. Aim to have the 1500m started within the one hour, good hard fun especially trying to get 3 strides in the hurdles after the 400m.

If anyone is keen please let contact Nick Foley at FoleyNJ@cba.com.au or try Cameron Baker on 9898 4316 and he can put you in touch with Nick.

CLUB MERCHANDISE

For a limited time there are some "State League" Long Sleeve Training Tops now available for only \$20. Also a new order of Club Tracksuit tops has just arrived so get in early before they all go for \$85. For either of the above or uniforms please contact Julie Milner 9818 1278 or email juliem@brd.net.au.

EDITORS NOTE

An interesting point was brought up at the 70th Anniversary Dinner. Imagine our team of the century verses our current Commonwealth Games team. It would be a close battle. I wonder how many other clubs round Australia would have people who had represented their nation miss out on their best club team.

It really makes you think about the strength and tradition of our club. Box Hill Athletics Club, the most successful club in Australia.

To submit articles either see Cameron Baker or el Presidente Graeme Olden down at the track or email Cameron on cbak2@student.monash.edu

FLEMINGTON ROAD RELAY

Box Hill AC had a great result in Division 1 of the 2002 Road Relay Championships at Flemington Race Course on Saturday, 20 July, winning a Bronze medal for the first time in a number of years. Conditions were very cold, wet, and a stiff breeze added to the unpleasant conditions. There were two teams in contention for the title Glen Huntly and

Doncaster, with Ballarat YCW, Geelong, APS, Essendon and Box Hill being likely to fill the next placings. As it turned out these teams were in contention for third place during the running of the event.

Our Section 1 team had a flying start with Luke Yeatman racing at his best, probably recording his finest performance in Box Hill uniform. Luke made it clear that he meant business from the moment the gun was fired, running in 4th position at the end of his first lap. With a strong finishing kick, Luke just failed to catch his Glen Huntly opponent but passed the Doncaster runner to hand over in third place at the changeover point. Luke recorded the fastest time of the day for Box Hill, 18 m. 09 s. John Meagher has been our most accomplished runner in most winter races this year and he set out in a very determined fashion. Our Geelong opponents remained 22 seconds ahead of Box Hill at the end of the this leg, but Doncaster's Quilty ran an excellent leg wresting the lead from Hulbert from Glen Huntly, with our team 27 seconds down on 2nd place in 4th position. John recorded our third fastest leg.

Dale Bickham was next out, finding conditions not to his liking. Glen Huntly stretched its lead over Doncaster and Paul Wilson ran a smart third leg propelling APS into 3rd place. Geelong started to drift backwards in this leg, completing the leg 24 seconds in advance of our team which was in 5th place. At the conclusion of Paul Boxshall's first lap, we had conceded another place, with Shane Nankervis running a brilliant first lap. His effort took Ballarat YCW to third place, a position they maintained to the end of this fourth leg, being only 23 seconds behind the second-placed Doncaster, which was 11 seconds behind leaders Glen Huntly. The tiring APS runner was caught and passed by Paul as he ran an even faster second lap, and when he handed over we were one second down on Geelong, so we were back in 5th place, effectively equal 4th. This was a key leg for Box Hill because we managed to maintain contact with the two teams which we ultimately caught and passed later in the race.

Marcus Tierney had the distinction two years ago on leading in our Section 1 in first place in the first leg, a striking accomplishment, and although probably not in such great form this year, he was very determined to do his best. With a powerful display of fine distance running, Marcus first picked off his Geelong opponent to get the team to 4th and then in the second lap caught and passed his Ballarat opponent to bring our team into 3rd place, just 8 seconds in advance of Ballarat YCW, in fourth. Graeme Olden has found himself in similar tight pressure situations previously, but this year, was

delighted that he was actually defending a lead for 3rd position rather than having to come from behind. With an emphatic first lap which destroyed his Ballarat YCW opponent's self-confidence, he slowly but surely extended the team's lead to a 1 minute 18 second advantage, and if there had been an additional leg, may have given Box Hill an opportunity to take silver with Doncaster only finishing 250 metres in front of our team for second place.

This team result was very pleasing because we had not anticipated being a strong chance of placing and also because of the evenness of the individual team members' performances, with only 1 m. 03 s. separating our fastest and slowest legs.

Our second team, in Section 3 performed well, too, placing 4th. Barry Lynch ran a sizzling first leg and this was followed up with a very encouraging performance by Sam Hassett who looks to be regaining his fitness and confidence. Tony Bird and Adam Pepper ran solid legs and Chris O'Connor anchored the team with a very strong finishing phase, running his second lap 25 seconds quicker than his first in an attempt to catch his Traralgon opponent.

Section 6 runners were remarkably even in their leg times to finish in second place, just thirty seconds behind the winning team.

Unfortunately, a full report on the women's races is not available for this edition of Club News, however the Open Women's team finished in 6th place, while the Under 20 girls continued on their great form this season to win their race, with the Under 18 and Under 16 teams both finishing in third place.

BRIMBANK PARK CROSS COUNTRY

Four seasons in one day – better than the often freezing conditions encountered in the northern wilds of Brimbank Park – was the scene for those contesting the annual torture test at Keilor. Box Hill secured third place, behind Glen Huntly and Doncaster, in the men's Division 1 16 km Cross Country Race. Given our small representation of only 8 senior athletes this was an excellent result, but a disappointment that we were unable to field a second team.

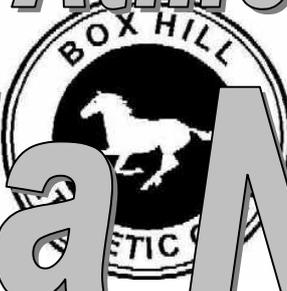
Box Hill was well represented in the early stages in the first quarter of the field, with all athletes moving freely. John Meagher ran his best race at this venue for some time, starting strongly and passing other athletes as the race progressed. With a strong finishing burst he finished in the top 10, a wonderful

achievement, showing he still has many more excellent performances in him. Luke Yeatman has had some spectacular races this year and he was expecting a strong performance. However, he picked up a cold during the preceding week and ran a steady race further back in the field than his excellent relay form would have suggested. Dale Bickham has also performed well in the Winter races this year and he managed to place third of the Box Hill team in 32nd position. Not far behind him was Sam Hassett, 37th, who is slowly but surely getting fitter and improving with every run. Graeme Olden also competed with a bad cold and plugged away for 42nd place, probably one of his lower placings in recent years. Many lesser athletes would not have toed the starting line, and Graeme's determination to compete and run for his club ensured the team placed third, a very pleasing performance without all available runners in the race. Chris O'Connor completed the Section 1 team with an unexpectedly good performance, given his unlucky run with injuries this year. He placed 49th on this tough unrelenting course. Adam Pepper and Tony Bird have been close to each other all season and this week Adam turned the tables on Tony again by a narrow margin, finishing 75th to Tony's 76th, one-and-a-half seconds in advance.

The women's race was run in pleasant sunny conditions, with Nicky Chapple running an impressive race to lead in our senior team members and Under 20 runners. Nicky was running close enough to the third placed runner to have a chance of picking up the bronze medal. However, Leah Rogers (Glen Huntly) showed sufficient determination to stay ahead of Nicky, who is having an excellent winter season. In the end Nicky was able to hold off her Diamond Valley opponent for fourth place. Audra Papworth ran a sensible even race and placed 32nd, 21 seconds in advance of Megan Sloane who ran evenly, finishing with a strong sprint. The Section 1 Women's team managed 4th position, one of their best placings for some time. Carly Carmody was Box Hill's final senior female athlete across the line placing 84th. Running in the same race were three of our Under 20 runners, all of whom performed well enough to secure the team's race, an excellent achievement. Emily Smith placed 5th after losing touch with the leaders, just outlasting Jocelyn Keage, 6th, by a fraction of a second. Prue Healy placed 9th completing this winning team.

Box Hill Athletic Club

Trivia Night!



Don't miss out on the Box Hill Athletic Club Trivia Night!

- Where:** Box Hill Senior Secondary College, Dunloe Ave., Box Hill
Date: Saturday, September 7
Time: 7:00 pm (questions start at 7:30pm sharp!)
Cost: \$10 per head (give your money to any of the organising committee or else pay on the night)
Booking: Return the attached booking form to the Club by 30 Aug 2002, or else email your confirmation to a member of the organising committee.
Auction: The following items will be auctioned: Signed Collingwood and Richmond Football jumpers, football signed by Essendon players plus many other items.

Bring your friends, bring your family, everyone is welcome!
Form your own team of 10 or come on your own....just don't miss out on a night of quizzes, questions, games and loads of fun.

BYO drink and munchies!

For more information contact:

- Chris O'Connor 9882 6108 (AH) coconnor@swin.edu.au
- Ian Sloane 9459 4486 (AH) sloane@cybernetint.net
- Julie Milner 9818 1278 (AH) juliem@brd.net.au
- Bert or Leanna Tilley 9807 2487

BOX HILL ATHLETIC CLUB TRIVIA NIGHT TEAR OFF RETURN SLIP

Please Return to: PO Box 247, Box Hill 3128 by 30 August 2002

I enclose \$ _____ for _____ tickets to Box Hill's Trivia Night for the following people

_____, _____, _____
(PLACE MORE NAMES ON BACK IF REQUIRED)

CREDIT CARD DETAILS: CHEQUE / MASTERCARD / VISA / BANKCARD (please circle)

Card No. _____

Expiry ___/___/___ Name on Card _____

BOX HILL ATHLETIC CLUB – MERCHANDISE REPLY FORM

Please send the items selected below to (name): _____

At the following address: _____

No.	Item	Size S, M, L or XL	Unit Cost	Total Cost
	70 Year Dinner Video (VHS Format)		\$25	
	70 Year Dinner CD (PowerPoint Presentations)		\$20	
	70 Year Dinner DVD (includes video and photos)		\$30	
	Box Hill Athletic Club Long-sleeved Training Tops		\$20	
	Box Hill Athletic Club Tracksuit Tops		\$85	
	TOTAL	(includes postage)		

Please return with your cheque or credit card details (see below) to:

**Box Hill Athletic Club
 PO Box 247
 Box Hill VIC 3128**

CREDIT CARD DETAILS: MASTERCARD / VISA / BANKCARD (please circle)

Card No. _____

Expiry ___ / ___ Signature _____

Name on Card: _____

Box Hill Athletic Club

Team of the Century

Men

100 metres:	Graham Haskell	Byron Williams	Gary Eddy (r: Phil King)
200 metres:	Gary Eddy	Robert Stone	Peter Van Miltenberg
400 metres:	Robert Stone	Gary Eddy	Peter Grant (r: Andrew Wilcox)
800 metres:	Peter Fuller	Ian Jones	Colin McCurry
1500 metres:	Graham Crouch	Peter Fuller	Steven Foley
5000 metres:	Steve Austin	Bill Scott	Tony Benson
10000 metres:	Bill Scott	Steve Austin	Bruce Jones
Marathon:	Bill Scott	Andrew Letherby	Tom Kelly
110m. hurdles:	John Caliguri	Robert Green	Tony Briggs
400m. hurdles:	Peter Grant	Leigh Miller	Tony Briggs
3000m. steeple:	Peter Larkins	Rob Neylon	Grant Taggart
20km. walk:	Ross Haywood	Bill Dyer	Paul Copeland
50km. walk:	Bill Dyer	Ian Waters	Harry Summers
Shot Put:	Warwick Selvey	Joe Quigley	Matt Barber
Discus:	Warwick Selvey	Vlad Slavnic	Joe Quigley
Javelin:	Manfred Rohkamper	Vic Mitchell	Alex Gusbeth
Hammer:	Joe Quigley	Andrew Pollock	Chris Codilla
High Jump:	Phillip Henderson	Peter Boyce	Ian Moss
Long Jump:	Chris Commons	Michael Morgan	Don Commons
Triple Jump:	Matthew Sweeney	Don Commons	Ian Bentley
Pole Vault:	Steven Hooker	Andrew Stewart	Andrew Vearing
Decathlon:	Sanitesi Latu	Craig Considine	Paul Anderson
Sandown Relays:	Steve Austin Tim O'Shaughnessy	Bill Scott Julian Dwyer	Brian Lewry Bruce Jones

Box Hill Athletic Club

Team of the Century

Women

100metres:	Glenys Beasley	Debbie Armstrong	Gaye Murphy(Dell)	(r: Allison Harris)
200metres:	Allison Harris	Danni Perpoli	Erin Hewitt	
400metres:	Danni Perpoli	Jenny Marshall	Kathy Harding	(r: Terri Cater)
800metres:	Terri Cater	Kerri Jorgensen	Erica Sigmont	
1500metres:	Anna Thompson	Kerri Jorgensen	Emma Carney	
3000metres:	Megan Sloane	Nicole Chapple	Christina Argyros	
5000metres:	Anna Thompson	Megan Sloane	Emma Carney	
100m hurdles:	Gaye Murphy	Georgina Power	Simone Purvis	
400m hurdles:	Evette Cordy	Jenny Marshall	Georgina Hale	
Steeplechase:	Jocelyn Keage	Erica Sigmont		
3000m walk:	Wendy Muldoon	Michelle Rudd	Michelle Griffiths	
5000m walk:	Wendy Muldoon			
Heptathlon:	Kylie Coombe	Georgina Hale		
Shot Put:	Sue Reinwald	Jane Linden	Larisa Tourchinskaya	
Discus:	Sue Reinwald	Helen Hall(Hayhurst)	Denise White	
Javelin:	Natasha Urbanic	Kylie Coombe	Larisa Tourchinskaya	
Hammer:	Pam Matthews	Jenny Laskovska	Cecilia Azcurra	
Pole Vault	Emma George	Brigid Isworth		
Long Jump:	Julie Loomes	Tambi Jogis	Debbie McLaughlin	
High Jump:	Margaret Hamilton	Joanne Lamont	Kylie Coombe	
Triple Jump:	Tambi Jogis	Tracy Russell	Georgina Farley	
Cross country:	Kathy Wilkinson	Megan Sloane		
	Anna Thompson	Nicole Chapple		

(r) = relay team