

Club News



Issue 53

July 2004

BOX HILL ATHLETIC CLUB INC

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<http://www.boxhillathleticclub.org>


DATES FOR YOUR DIARY



- Sat 10 July '04 Sandown Road Relays - Sandown
Sun 11 July '04 Movie Night - Spiderman 2 -
Balwyn Cinema Centre
Sat 17 July '04 Cross Country - Bundoora Park
Tues 20 July '04 Annual General Meeting - Club
Rooms
Sat 31 July '04 Coliban Relay - Harcourt, Bendigo
Sat 14 August '04 Cross Country - Coburg

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TRIVIA NIGHT

The Club held another most successful Trivia Night on Saturday 19 June 2004, with over \$5200 raised to help contribute to the cost of completion of the second storey of the club rooms.

About 210 members and friends turned up to the Ashburton Primary School Hall on a cold winter's night to test their trivia knowledge against a series of questions prepared by Chris O'Connor. Simon Bromley's friends and family proved to be too good for the rest of us in attendance to lead the scoring for most of the night and win comfortably in the end.

Many thanks to Leana Tilley for her wonderful efforts once again in organising the night, ably supported by her boyfriend, Cameron and the rest of the Tilley family. Thanks also to Chris O'Connor for preparing the questions and performing a great job as quiz master, to the fundraising committee of Simon Bromley, Ian Sloane, Julie Milner and Adam Pepper and to all those who donated goods and assisted on the night.

BUILDING WORKS UPDATE

At long last, work has finally started on completion of the upstairs club room extension. The builder has advised that the works should be completed by the end of August. In the meantime, it is likely that there will be restrictions on access to the grandstand while works are being undertaken on the front of the building. We apologise for any inconvenience that this may cause, however there should be minimal impact on access to any other areas at the track.

While it now appears likely that the club room upgrade will be completed by the start of the track season, it also seems likely that we will only be allowed restricted access to the new facilities for some period of time. As a condition of issuing the building permit for the works, the building surveyor has stipulated that access for disabled persons must be provided to the upper level prior to the issue of a Certificate of Occupancy. This means that we will need to construct an access ramp to the first floor of the building before it can be used by Club members and the general public. We are currently investigating options for provision of this disabled access, however there does not appear to be a simple solution so it may still be some time before we can gain full access to our new club rooms. Hopefully we will have a much better idea about what is required by the time the next newsletter is published.

The completion of the clubroom upgrade is fully stretching the financial resources of the Club so it is imperative that all club members support our continuing fundraising initiatives to ensure that we can pay off our debts as soon as possible.

MEMBERSHIP FEES

Membership fees are due and payable from 1 April 2004. Please forward your membership form and Athletics Victoria form (both can be obtained from the internet) to the Club Registrar, Angela Robbie, PO Box 247 Box Hill. Please ensure that the declaration at the foot of each form is signed. Non financial members are not entitled to train at the track or use the facilities and membership checks will commence shortly. A training fee of \$5.00 per session will be payable if you are a non financial member.

It is important to note that your Club Registrar will be overseas for the month of September and therefore it is in your best interests to get registered before this time or you might find yourself missing out on the first few weeks of the summer competition.



ANNUAL GENERAL MEETING

The Annual General Meeting for the Box Hill Athletic Club will be held in the club rooms at 7:30pm on Tuesday 20 July 2004. The committee would appreciate if all members could attend this meeting to show their support for the huge amount of administrative work done by the committee each year to enable the facilities to be maintained and upgraded and the Club to function in an efficient and effective manner.

The agenda for the meeting is:

1. Apologies
2. Presentation of Reports and Financial Statement
3. Election of Office Bearers
 - President
 - Vice President
 - Secretary
 - Treasurer
 - Committee Members
4. General Business

Close All members and friends are invited to join the committee afterwards for Pizza and soft drinks in the club rooms. The committee welcomes new members to join us for a monthly meeting and assist in providing input to the planning and decision making process involved with administration of the Club.



CLUB MERCHANDISE

For a limited time there are some "State League" Long Sleeve Training Tops now available for only \$20. Also a new order of Club Tracksuit tops has just arrived so get in early before they all go for \$85.

There are also copies of the video shown at the 70 Year Dinner and Presentation Night available for purchase in DVD format for just \$30. The professionally produced video shows many of our members from the last 30 years in action and is a great record of some of the athletes who have competed for Box Hill.

For any of the above, or uniforms please contact Julie Milner on 9818 1278 or email jmilner@tpg.com.au.

BARLOW FOUNDATION

Box Hill Athletic Club operates the Barlow Foundation as a registered project with the Australian Sports Foundation for the purpose of supporting elite athletes and coaches in state league interclub competition. The project makes grants to athletes and coaches from tax-deductible donations made to the foundation. These grants have played a significant part in the success of the State League teams over the past few seasons and the Club is committed to continuing to provide these opportunities for our State League athletes.

The distribution of Barlow Foundation grants made at the presentation night for the 2003/04 season was:

- \$200 Reimbursement of expenses to the leading Female State League points scorer
- \$200 Reimbursement of expenses to the leading Male State League points scorer
- \$200 Reimbursement of expenses to the coach whose athletes (both male and female) score the greatest combined total of State League points.

To help ensure the continued success of our State League teams, we are requesting donations to help fund these grants. All donations are tax deductible. If you would like to obtain a donation form to send in a donation, or have any questions about the Barlow Foundation, please contact Colin Organ on 9813 3597 or via email (colo@bigpond.com). Alternatively you may wish to download a form directly from the Club's web site at <http://www.boxhillathleticclub.org>.

VICTORIAN SPORTS AWARDS

Due to their undefeated State League season, the Box Hill men's team was nominated for Victorian Team of the Year at the Victorian Sports Awards held at the Melbourne Exhibition Centre on 30 June. Alisa Camplin was the star of the night, taking out the women's, women's teams with her World Cup winning teammates and the overall awards for her superb year of aerial skiing.

Box Hill faced some tough competition and were eventually relegated to 3rd place by the Pura Cup Cricketers and Jamie Tomkin and Drew Ginn (who were nominated team of the year by the international rowing federation).

However Box Hill was not to leave empty handed with Ronnie Buckley taking out Victorian Junior Athlete of the year. Well done Ronnie!! If only the Athletics Victoria representative had known what he was talking about in his acceptance speech.

STADIUM SPORTS SPONSORSHIP

The Club is most fortunate to have recently signed a new sponsorship arrangement with Stadium Sports in Box Hill Central Shopping Centre. As well as providing financial support to the Club, they will also be issuing discount cards to all members which will enable members to receive substantial discounts on shoes, clothing and other sporting equipment in the store. All members are encouraged to take advantage of the discounts offered and support Stadium Sports so that they continue to support us. Further details of the sponsorship arrangement will be provided in future editions of Club News.

RONNIE & STEVE v THE WORLD

Our two members selected to represent Australia at major track and field championships this year are in their final preparations for their international competition.

World Youth Discus Champion, Ronnie Buckley is currently overseas with the Australian team preparing to compete at the World Junior Championships in Grosseto, Italy from 12th to 18th July 2004. While he will be competing against athletes who may be a year or more older, Ronnie has shown a wonderful competitive spirit and fantastic ability to produce great performances on big occasions so we wish him luck with his preparations and hope that he can reproduce the form that he showed 12 months ago in Sherbrooke Canada when he gets to Grosseto.

Pole vaulter, Steven Hooker has been training hard in Melbourne and is about to head overseas to gain some competition at meets in Europe in the lead up to the Olympic Games in Athens. He is sure to enjoy training and competing in the warmer temperatures in Europe after training through the cold Melbourne winter. We also wish Steven good luck with his training and competitions in Europe, and most importantly when he joins the Australian team in Athens and walks out to compete in the qualifying heats in the Olympic Stadium.

ETHERTECH
Internet Services

EDITORS NOTE

No editors note today. Just a list of some of my favourite athletic related web sites who can give you way more gossip than what I can:

<http://www.iaaf.org>

The home page of athletics. Most of the crap I spout down at the track is taken from the forum pages where debate rages over who is the sexiest athlete, and who is on the juice.

<http://www.algonet.se/~pela2/men.htm>

The best athletics all time list site on the web. Did you know that Mel Lattany has the 1004th best time of all time with 10.09 that he ran in Zurich on 19/8/1981. Link for female list is on left hand side.

<http://run-down.com/fantasy/index.php>

Home of the Fantasy Track and Field League. Look out for team Good Thing. Finished 9th last year and while placed 40th after 3 rounds is moving up the ladder.

<http://www.trackandfieldnews.com/tfn/index.jsp>

The bible of the sport since 1948.

<http://www.neovault.com>

Any page that has a photo of Jason Hinkin is at least worth a look. Download some of the best pole vault videos you will ever see.

http://www.olympic.org/uk/utilities/multimedia/gallery/results_uk.asp?entid=52&MediaType=vid

Watch videos of great Olympic performances of Bob Beamon, Michael Johnson, Cathy Freeman and Carl Lewis among others on the official Olympic site.

<http://www.iaaf.org/antidoping/news/Kind=2/newsId=23876.html>

Article about a normal guy that decides he wants to see how good he can get by using drugs that is enthralling reading.

<http://www.dutchsportgirls.com/>

Website dedicated to helping young Dutch athletes raise money.

To submit articles either see Cameron Baker or el Presidente Graeme Olden down at the track or email Cameron on vaultcam@hotmail.com.



BUNDOORA CROSS COUNTRY – ASSISTANCE REQUIRED

The Box Hill Athletic Club is required to provide 10 assistants to help with officiating at the Cross Country Championships at Bundoora on Saturday 17 July. If we do not provide these assistants then our teams will be penalised and will lose premiership points.

If you are able to assist for a few hours from 12:15 pm on the 17th then please contact Julie Milner on 9818 1278 or by email at jmilner@tpg.com.au.

MOVIE NIGHT

Following on from the success of the Trivia Night, the Club is holding another fundraising event on Sunday 11th July at the Balwyn Cinema Centre, 231 Whitehorse Road, Balwyn, where we have booked tickets to see Spiderman 2. The evening is being organised by the pole vault group with proceeds from the event being split between purchase of new equipment for the pole vaulters and funding for the club room upgrade. The movie starts at about 3:30pm, however you are invited to get to the cinema at about 3:00pm to enjoy afternoon tea in the foyer which is included in the ticket cost. Tickets for the evening cost \$15 for adults, \$13 for students and \$10 for children.

For more information or to purchase tickets, please contact Mark Stewart on 0419 514 521 or by email at mark.stewart@rmit.edu.au.

BUY A BRICK

The Club's tax deductible Barlow Fund also includes a separate building fund. With additional funds needed to be able to fund the Stage II Pavilion Upgrade (upstairs extension), donations to this fund are urgently required. Any donations made to this building fund will be directed solely towards the club room upgrade. Now is an excellent time to help the Club to fund your new club rooms and reduce your tax bill. Any donation of \$100 or more will be recognised with a plaque recording your donation prominently displayed on a brick in the new clubrooms. Donation forms can be downloaded from the Club's web site - www.boxhillathleticclub.org - or obtained from Colin Organ – phone 9813 3597 or email at colo@bigpond.com.

WINTER RESULTS

Lardner Park 8 K Cross Country Results

The 8 km cross country was held at Lardner Park near Drouin this year. The two-lap course attracted a large field, and 10 Box Hill seniors commenced in the field. Soon after the leaders passed through at the end of the first lap, Adrian Vincent emerged in 25th position, followed by Paul Boxshall, 33rd, Graeme Olden 36th, with Kynan Dawes (who didn't complete the race) seven seconds behind Graeme. Alan Craigie was 58th, David Jimenez was running smoothly in 60th immediately followed by Chris O'Connor 61st, with Lachlan Aspinall, 66th. Adam Pepper and Matt Slater were further back in the field.

Adrian Vincent improved by three places in the second lap to be the first Box Hill athlete over the line, with Graeme Olden holding on to finish 35th. Paul Boxshall found the second lap more testing, finishing six places behind Graeme Olden in 41st place, a creditable performance nevertheless. Lachlan Aspinall appeared to run better than he had in the Cross Country relays in finishing 57th. Alan Craigie's name was omitted from the finishers' list, but he was the next Box Hill finisher in 61st position, with David Jimenez, 67th, Chris O'Connor, 68th following quickly after. Adam Pepper 148th and Matt Slater 173rd were our other two finishers.

Box Hill's team performance was considerably better than a fortnight earlier in placing 5th, with two top athletes, Marcus Tierney and John Meagher, set to commence their winter season.

In the Under 20 race, Andrew White led the field through the first kilometre, and then gradually relinquished his position at the front of the field, being in third position after one lap. Eventually he finished sixth overall and in 5th place in the Under 20 competition. Graham and Kevin Craigie also competed in the underage race, running by invitation.

Sandown 10 km Road Race

Box Hill was able to field more athletes at the 10 km road championship, held on Saturday 29th May at Sandown Race Course than started at Warragul.

John Meagher was the leading Box Hill athlete at the completion of the first lap in the early part of the race, in 18th place. Adrian Vincent and Lachlan Aspinall have moved into the senior ranks this year and both have recorded promising performances. Adrian, at the end of the first lap, was 11 seconds behind John Meagher, three seconds ahead of Graeme Olden and Kynan Dawes, running by invitation. Other Box Hill Athletes to show prominently were David Jimenez, who was moving

through the field, with Paul Boxshall not far away. Alan Craigie and Lachlan Aspinall were a little further back, separated by a couple of seconds. New club member Ben McNab commenced impressively, whilst David Ayers, Adam Pepper and Matt Slater were mid field, with Dave Boyd completing our complement.

After the completion of the second lap, John Meagher was approximately two minutes behind the leaders, but putting up an excellent race performance, in 16th position. Adrian Vincent was also performing well, and backing up his good Cross Country form from Drouin, being 19 seconds adrift of John Meagher in 26th position. David Jimenez, 33rd was also running well, and led Kynan Dawes by about three seconds and four places. Paul Boxshall, was next through, about nine seconds behind Kynan Dawes, followed by Graeme Olden, running with the same group of runners. Alan Craigie and Lachlan Aspinall were a little further back, 20 seconds apart. David Ayers passed the line next, with Adam Pepper 20 seconds further back, 18 seconds in front of Matt Slater at the end of the second lap.

John Meagher was the first Box Hill runner to finish placing 17th, unfortunately outsprinted in the last 60 metres by two opponents, running 31 m. 44 for the ten kilometre course. Adrian Vincent surged past four opponents in the last lap to place 22nd, a very encouraging run. David Jimenez also lifted in the last lap and placed 33rd, with Paul Boxshall 13 seconds behind him in 38th position. Kynan Dawes completed his race 9 seconds later placing 43rd with Graeme Olden ranked 50th a further 18 seconds behind. Lachlan Aspinall and Alan Craigie finished close together in 78th and 79th places respectively. Ben McNab was 109th. Our remaining runners were David Ayers (36 m. 04), Adam Pepper (37 m. 40), Matt Slater (38 m. 06) and David Boyd who looked happy to finish (49 m. 56).

Despite not having our strongest team, our Division 1 team did exceptionally well to place second behind Glen Huntly who won the teams' race.

We had five U/20 starters, four of whom finished, plus an U/16 invitee, who had missed the earlier U/16 starting time. Andrew White was prominent in the Under 20 race finishing 5th. Graham and Kevin Craigie ran close together during the race with Graham (18th) eventually prevailing over Kevin (19th), closely followed by Iain Reitman. making up significant ground in the latter two laps to finish 20th. Michael Bourne didn't complete the distance after competing in a school cross-country race in the morning. Matthew O'Connor, competing outside his age group, also finished the 10km course.

NOTICE OF 2003 – 2004 ANNUAL GENERAL MEETING

BOX HILL ATHLETIC CLUB INC.

7.30 PM TUESDAY 20 JULY 2004

CLUB ROOMS
HAGENAUERS RESERVE
BOX HILL

AGENDA

- Presentation of financial statement
- Election of Office Bearers

Nominations are called for the following positions which will be declared vacant:

President
Vice President
Secretary
Treasurer
Committee

We wish to Nominate _____

For the Position of _____

Moved _____

Seconded _____

I hereby consent to my nomination for the position of:

Signed _____

All nominations to be in the hands of the Secretary, PO Box 247, Box Hill 3128
Seven (7) days prior to the Annual General Meeting