

Results from the State League Final held at Olympic Park on Thursday March 9th and Thursday March 16th, 2000.

Box Hill Athletic Club won its First State League Premiership since 1995 and its first female title since 1993 with a commanding 51-point win over Melbourne University, Essendon and Doncaster. The win was particularly pleasing, as several of the clubs star athletes were unavailable for the final. The win is a credit to the hard work and dedication of Team Manger Val Armstrong, who has consistently been able to bring together a strong team throughout the long season.

Box Hill dominated the first night of competition and went into the second night with a 40 point lead thanks largely to victories by Larissa Tourchinskaya in the Shot Put, Kerri Jorgensen in the 1500 and Wendy Muldoon in the walk. But faced a serious challenge from Melbourne University on the second night with 100Hurdler Georgina Power and several 5000M runners unavailable

After the win Val said "We were a bit worried coming into the second night of competition, despite the big lead, it looked like we weren't going to be able to cover several events. But many of the girls were able to step up and do extra events, especially Jenny Marshall who won almost one fifth of the teams overall score, and Joclyn Keage who filled in over 5000M at the last minute".

After coming third at the National Club championships several weeks ago in Sydney, the win confirms Box Hill's place as Victoria's leading female team.

**Box Hill 289
Melbourne University 237
Athletics Essendon 235
Doncaster 176**

EVENT	COMPETITOR	PERFORMANCE	PLACING
5000MWALK	Wendy Muldoon	23.12.7	1 st
100M	Georgie Power Cathy Marshall Jenny Marshall	12.68 13.15 12.81	3 rd 2 nd 1 st
400M	Jenny Marshall Beth Bird Kerri Jorgensen	56.71 57.14 58.31	2 nd 2 nd 3 rd
1500M	Kerri Jorgensen Erica Sigmont Heidi Reirdon	4.28.3 4.37.0 4.49.4	1 st 4 th 7 th
100RELAY		49.44	2 nd
POLE VAULT	Ashley Hayes	3.60	2 nd
TRIPLE JUMP	Cathy Marshall	10.67	3 rd
JAVELIN	Larissa Tourchinskaya	42.04	2 nd
SHOT PUT	Larissa Tourchinskaya	12.77	1 st

EVENT	COMPETITOR	PERFORMANCE	PLACING
400HURDLES	Jenny Marshall	62.25	

	Cathy Marshall	65.31	
200M	Jenny Marshall Sally Ogilvy Beth Bird	25.74 26.47 26.62	
800M	Kerri Jorgensen Beth Bird Erica Sigmont	2.08.2 2.13.4 2.11.2	1st
5000M	Jocelyn Keage	18.09	
100HURDLES	Jenny Marshall Cathy Marshall	16.35 17.21	
400RELAY	Beth Bird, Sally Ogilvy, Erica Sigmont, Jenny Marshall	3.51.17	
3000MWALK	Wendy Muldoon	13.42	1st
LONG JUMP	Rachel Fisher	5.24	2nd
HAMMER THROW	Larissa Tourchinskaya		
DISCUS	Larissa Tourchinskaya		

MEN – PROMOTION/RELEGATION ROUND

On what was a tense night for the team managers of the Box Hill men's State League team, Box Hill Athletic Club survived its first ever State League promotion/relegation match. And in the words of club President Graeme Olden, "We can't ever let this happen again".

For most of the 60's, 70's and 80's Box Hill Athletic Club had such a stranglehold on the State League shield, that when the club finally lost the title one year, Athletics Victoria had to ask the club to give it back. It was unthinkable to many that the club could ever be in a position to drop out of the competition, ever!

But in a reflection of the season, many of the clubs best athletes were unavailable for this important match. The club was forced to ask several young athletes to step up, and in an encouraging sign for future years it was the young athletes who led the team to victory, backed up by many of the clubs most determined and dedicated athletes.

The night started badly for Box Hill when several of the possible qualifiers failed to make the State league standard in the Javelin, Walk and 400Hurdles. Going into the 200 heats the club was last of the three teams, on a night when only two would survive. Veteran Andrew Wilcox placed second in the first heat, followed by 16 year old Lane Harrison who also took second in his heat. In the third heat, 17 year old James Fildes ran near his personal best to win the heat and bring Box Hill level with the two other teams. Another 17 year old Steven Hooker won the Pole Vault, while 22 year old Michael Jones won the 800. Backed up by the 5000 metre runners who finished first second and third, and by the time the last event, the 4 by 400 relay came around, the club had secured its place in State league.

**A.P.S 110
Box Hill 102
Yarra 74**

EVENT	COMPETITOR	PERFORMANCE	PLACING
400H	Cameron Baker Kynan Dawes	59.5 60.0	
200M	Andrew Wilcox Lane Harrison James Fildes		2nd 2nd 1st

800M	Michael Jones Simon McNamara Tom Waters	1.54.4 1.56.1 1.57.4	1st 2nd 5th
400RELAY	James Fildes, Michael Jones, Simon McNamara, Andrew Wilcox		2nd
5000M	Marcus Tierney Luke Yeatman Glen Tooze	14.40 14.52 15.26	2nd 3rd 4th
POLE VAULT	Cameron Baker	3.60M	1st
HAMMER	Rod Bird	42.04	2nd
HIGH JUMP	Heath Joyce	1.85	2nd
LONG JUMP	Julian Yeoh	6.46	3rd
110HURDLES	Stephen Hooker	16.9	3rd
JAVELIN	Brett Randell	44.07	
3000M WALK	Sam Hassett Graham Watt	15:00 16:00	