

**TEAMS CONTINUE THE FLYING START  
STATE LEAGUE ROUND 4  
OLYMPIC PARK, THURSDAY 30<sup>TH</sup> NOVEMBER**

Box Hill Men and Women continued on with their early season winning form, and remain undefeated after 4 rounds of competition. While the women easily defeated one of our main rivals in Doncaster, the men had a closer battle against Athletics Essendon and Doncaster. The big test for the men will come in two weeks time when we meet last years premier, Bayside who are also undefeated so far this year.

**WOMEN**

Once again it was a great overall performance by the team with several regulars contributing outstanding performances. Wendy Muldoon continued her good form to win the walk, Kerri Jorgensen won again over 1500, and 16-year-old Ashlee Hayes eased back into State League competition with a win in the Pole Vault. The 400's were close with Beth Bird and Sally Ogilvy appearing to dead heat on the line, only to be bettered by Erica Sigmont in the next heat by .09 of a second. We again took maximum points in a close hurdles heat, while junior Cecelia Azcurra continues to show great promise in the throws.

**BOX HILL 172**  
Doncaster 127  
Geelong 53

EVENT	COMPETITOR	PERFORMANCE	PLACE
High Jump	Sjaan Powley	1.55	1st
5000M Walk	Wendy Muldoon	23.37.8	1st
Triple Jump	Natalie Crowe	10.39	2nd
100 M	Sjaan Powley	12.98	2nd
	Georgina Power	13.29	4th
	Jane Tulloch	12.89	3rd
Hammer Throw	Cecilia Azcura	28.72	2nd
Discus	Cecilia Azcura	28.80	2nd
110Hurdles	Sarah Coghill	16.09	2nd
	Michelle Fistic	16.05	1st
1500M	Kerri Jorgensen	4.27.3	1st
	Erica Sigmont	4.36.1	3rd
	Elisa Eddy	4.52	6th
100Relay	Sjaan Powley, Marissa Pickford, Georgina Power, Jane Tulloch		2nd
Pole Vault	Ashlee Hayes	3.20	1st

400M	Beth Bird	57.54	3rd
	Sally Ogilvy	57.52	2 <sup>nd</sup>
	Erica Sigmont	57.43	2 <sup>nd</sup> (2 <sup>nd</sup> Heat)

## MEN

With the team again struggling to score many points early in the night, it was great to see the juniors of the club show the way in the 100's. While 17 year olds Lane Harrison and Mohammed Zeed have come through Little Athletics to be State Junior champions, our third runner on the night 15 year old Adam Remmers, still competes in Little athletics competitions. With these juniors showing the way early, we can look forward to the return of our senior sprinters after Christmas. Once again Stephen Hooker dominated the scoring across four events, winning his heats of the Pole Vault, High Jump, Hurdles and being part of the winning relay team. In the distance events Marcus Tierney and Graeme Olden again led the team, while new athlete Marty Duke showed great promise in his first run for the season.

**Box Hill 149**  
Aths Essendon 120  
Doncaster 115  
Bye

EVENT	COMPETITOR	PERFORMANCE	PLACE
Pole Vault	Stephen Hooker	4.60	1st
High Jump	Stephen Hooker		1st
100M	Lane Harrison	11.36	1st
	Mohammed Zeed	11.	3 <sup>rd</sup>
	Adam Remmers	11.77	1 <sup>st</sup> (2 <sup>nd</sup> Heat)
110Hurdles	Stephen Hooker	16.86	1st
1500M	Marcus Tierney	3.55.9	2nd
	Tim Heron	4.00.1	4 <sup>th</sup>
3000M Steeplechase	Graeme Olden	9.21.9	2nd
	Kynan Dawes	9.27.4	3 <sup>rd</sup>
100Relay	Lane Harrison, Adam Remmers, Mohammed Zeed, Stephen Hooker	43.49	1st
400M	Marty Duke	49.52	2nd

	Tim Cherry	50.2	3 <sup>rd</sup>
	Zac Dowker	51.11	1 <sup>st</sup> (2 <sup>nd</sup> Heat)