BOX HILL MEN'S TEAM FINISHES SECOND AGAIN WOMEN CONTINUE UNBEATEN RUN

The Box Hill Athletic Club men's State League team finished second in State League competition again last night, this time beaten comfortably by APS.

Once again we performed well in the events which we filled but had too many holes with no high hurdlers, walkers or throwers.

Chris West continued his good form in the 400 hurdles finishing third in 58.3. Cameron Baker made a gallant effort to compete half an hour after finishing an exam at Monash but a warmup consisting off putting on his spikes while the starter was calling the athletes to their blocks was insufficient to enable him to qualify.

Tim Williams continued his successful return to competition with a win in the 200, while James Fildes and Andrew Wilcox finished second and third in the second heat.

Michael Jones used his strong finish to kick past Tim Cherry to win the 800, with Tim Heron about 5th.

Steven Hooker won the pole vault off a short run but unfortunately Nick Brudenell failed to qualify in the high jump.

Julian Yeoh made a successful return to State League competition with second place in the long jump.

I finished second in our division of the 5000 in the slow time of 15:23.4 with Kynan Dawes third in 15:28 and Scott Jackson 4th in 15:35.

The 4x400 team of Tim Williams, Trent Hartshorne, James Fildes and Andrew Wilcox comfortably won the relay to finish off the night well, however we were too far behind APS to catch them.

With three rounds left before the finals we need to get as many athletes as possible qualified to fill some of the holes in our team and give us a shot at winning the premiership.