## STATE LEAGUE ROUND 3 15 NOVEMBER 2001

The Box Hill Men's State League team tonight put up an improved performance to score more points against stronger opposition, however still only managed third or fourth place at best. Poor Frank is having trouble calculating the points with the new 7 way competition format so no-one had any idea of team placings at the end of the night, however we were confident of improving on last week's fifth place.

The evening started poorly with Cameron Baker feeling great but unable to clear a height in the pole vault. Having no walkers, high hurdlers, javelin thrower, hammer thrower or triple jumper, we needed a strong performance from our sprinters and they didn't let us down with Braden Fraser and Rhett Medford finishing very close seconds in the first and second heats of the 100 m respectively, and then Mohammad Zeed easily winning the third heat. These three athletes then combined with Lane Harrison to easily win the 4x100 m relay be more than a second.

Michael Jones continued his good form to finish sixth in the first heat of the 1500 in 3:56.1 with Kynan Dawes just beating me in the second heat to claim 6th and 7th spots in 4:02 and 4:02.7 respectively.

Nick Brudenell made a welcome return to competition to jump a PB of 1.85 m in the high jump while Toby Pallett managed a 13.5+ put in the shot for 4th and 39.15 throw in the discus for third to pick up valuable point which we were unable to score last week.

With several of our 400 m runners recovering from injury, Leigh Miller made a return to State League competition to finish 3rd in the second heat of the 400 m in 51.1, while Tim Cherry also finished third in the first heat in 50.0 and Trent Hartshorne finished third in the third heat in 51.0.

The women's team had several holes in it as well and were most likely to finish in one of the top three positions depending on field event points not yet collated at the end of the night.

The next round of State League competition is on Saturday 24 November at Geelong. We will need to continue our improvement to ensure that we are in contention for the finals at the end of the season.