

Australian Club Championships 5 February 2005 - Canberra

On Saturday 5th February, the Box Hill men's team won the Australian Club Championships in Canberra after many years of close misses and disappointments. In a great weekend for the Club, the women's team also a medal, finishing in 3rd place to take away the bronze medal.

Congratulations to the 13 men and 10 women who travelled to Canberra to compete for the Club and take away senior National Championships medals.

President of Athletics Victoria, Max Binnington, was on hand to watch the competition and congratulated Box Hill on becoming the first Victorian Club to win an Australian Club Championship title. He issued the challenge to us to win 17 straight Australian Club Championship titles to match our 17 straight A grade victories from the 1960s and 1970s.

Highlights from the meet included wins by Mohamad Zeed in the 100 m and 200 m hurdles, Joel Pocklington in the pole vault, David Featherston in the 200 m hurdles, Grant Hodges in the long jump, Georgina Connell in the 800 m, Veronica Kirby and Melanie Adams in the high jump and Sarah Hewitt and Lauren Burns in the discus.

Mohamad's effort was particularly impressive as just 4 hours later he backed up to win the 110 m hurdles at the Telstra A series meet in Canberra. This typified the wonderful Club spirit shown by Club members in Canberra which was the reason we were able to triumph over clubs from other states whose teams were weakened by the withdrawal of many of their better athletes who were competing in the A series meet.

After watching several Box Hill athletes competing in the Telstra A series meet in the afternoon, the team congregated in Manuka to celebrate winning Australian Championship medals and re-live the deeds of the morning.

To finish off a great weekend for the Club won both the Open Men's 4 x 200 m relay and 4 x 400 m relay at the Australian Club Relay Championships held on the Sunday morning.

Many thanks to Chris O'Connor, Julie Milner, Rob Falkenberg, Cathy Tilley, Bert Tilley, Lynette Kirby who travelled to Canberra to support the team and assist with team management.



**2005 NATIONAL CLUB CHAMPIONSHIPS
5 FEBRUARY 2005
BOX HILL ATHLETIC CLUB MEN'S TEAM RESULTS**

Event	Athlete	Perf	Place	Points
Pole Vault	Joel Pocklington	4.70	1	20
	Cameron Baker	3.20	2	13
Javelin	David Featherston	42.57	5	14
	John Peavey	39.90	3	11
4 x 100 Relay	Grant Hodges, Joel Pocklington, Cameron Baker, Joshua Ross	44.71	6	13
800	Liam Rourke	1:54.96	4	15
	Lachlan Aspinall	1:55.56	2	13
Shot Put	Chris Ruddy	11.41	4	15
	David Featherston	10.06	4	10
100	Joshua Ross	16.83	6	13
	Mohamad Zeed	10.94	1	15
3000	Alan Craigie	9:01.36	3	16
	Graeme Olden	9:20.74	3	11
Long Jump	John Peavey	5.82	3	16
	Grant Hodges	6.32	1	15
400	Lachlan Aspinall	50.06	2	18
	Tim Renowden	52.19	5	9
200 m H	Mohamad Zeed	24.98	1	20
	David Featherston	25.16	1	15
Medley Relay 200-200-400-800	David Featherston, Joel Pocklington Liam Rourke, Tim Renowden	3:36.96	3	16

1 Box Hill	288
2 Sydney University	279
3 North Launceston	275
4 Bankstown Sports	260
5 Tea Tree Gully	250
6 UTS Northern Suburbs	244

2005 NATIONAL CLUB CHAMPIONSHIPS
5 FEBRUARY 2005
BOX HILL ATHLETIC CLUB WOMEN'S TEAM RESULTS

Event	Athlete	Perf	Place	Points
4 x 100 Relay	Lauren Burns, Sarah Quinn, Melanie Adams, Leana Tilley	53.40	5	14
Triple Jump	Simone Carre	11.52	2	18
	Veronica Kirby	10.55	3	11
800	Georgina Connell	2:12.03	1	20
	Eliza Eddy	2:20.93	2	13
Shot Put	Sarah Hewitt	9.78	4	15
	Leana Tilley	7.89	5	9
200	Simone Carre	27.26	6	13
	Leana Tilley	27.59	5	9
3000	Kate Beever	11:47.60	6	13
	Gerogina Connell	12:09.68	5	9
High Jump	Veronica Kirby	1.68	1	20
	Melanie Adams	1.61	1	15
Discus	Lauren Burns	37.09	1	20
	Sarah Hewitt	32.89	1	15
400	Simone Carre	67.48	6	13
	Sarah Quinn	62.56	4	10
200 m H	Melanie Adams	32.57	4	15
	Sarah Quinn	33.34	4	10
Medley Relay 200-200-400-800	Simone Carre, Leana Tilley, Georgina Connell, Eliza Eddy	4:18.61	3	16

1 Hills District	326
2 Bankstown Sports	291
3 Box Hill	278
4 Spingwood & District	263
5 UTS Northern Suburbs	256
6 North Launceston	236