



Australian Club Championships Adelaide 2 April 2006

The Box Hill men's team was unfortunately not able to defend the title which we won last year at this year's Australian Club Championships in Adelaide at 2 April 2006. However, the team put up a great fight to finish second behind the University of Technology, Sydney, pushing the strong team of the University of Queensland into third place. The women's team battled gamely with just eight team members but were unable to match the depth of the other teams, finishing in 8th position.

Highlights from the meet included:

- A brilliant run by Andrew White to win the 3000 m, just a couple of hours after winning the Under 23 1500 m title.
- A big finish by Mohamad Zeed to win the 200 m hurdles in his fourth race for the day.
- A gutsy effort by Vivienne Lee to win her heat of the 200 m hurdles in her fourth event for the day.
- PB's by Andrew Haddow in the 200 m and Kristine Hopkins in the 400 m.

Many thanks to the athletes who made the trip to Adelaide especially to compete for the Club, and to Julie Milner, Cameron Baker, Rob Falkenberg and Cathy Tilley who travelled to Adelaide to support the team. Special thanks to Cameron Baker who coordinated the travel and accommodation arrangements for the team.

While it was great to have a full team of 14 athletes available for the men's team (we actually had 16 fit athletes in Adelaide ready to compete plus 2 late withdrawals with injury), it was most disappointing that we had only 8 girls available to fill the team, and particularly disappointing that we were not able to fill either of the two women's pole vault positions. The AUstralian Club Championships is the most important meet that the Club enters each year so it is expected that all members make themselves available to compete for the Club at these championships.

A full list of results for the Box Hill teams and athletes is included below.



Men's Team - Silver Medallists



Team Results

Place	Team	<u>Male Team Scores</u>	Points
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1	Uts Northern Suburbs	UTS	300
2	Box Hill	BOH	275
3	University of Queensland	UQ	271.50
4	Tea Tree Gully	TTG	253
5	Western Districts	WD	246
6	Gold Coast Victory	GCV	242.50
7	Illawong	IWG	212
8	North Launceston	NLA	134

<u>Female Team Scores</u>			
Place	Team		Points
1	Hills Districts	HDS	285
2	Gold Coast Victory	GCV	259
3	University of Queensland	UQ	258
4	Bankstown Sports	BKS	251
5	Tea Tree Gully	TTG	233
6	North Launceston	NLA	229
7	Illawong	IWG	214
8	Box Hill	BOH	181



Men's Individual Results

200 Metres

Div A	Andrew Haddow	6th	22.63
Div B	Mohamad Zeed	4th	23.08

400 Metres

Div A	Chris Wall	7th	53.26
Div B	David Featherston	3rd	51.44

800 Metres

Div A	Navin Arunasalam	5th	1:58.35
Div B	Chris Wall	5th	1:59.73

3000 Metres

Div A	Andrew White	1st	8:46.97
Div B	Ruben Arunasalam	3rd	9:29.59

200 Metres Hurdles

Div A	Mohamad Zeed	1st	24.77
Div B	David Featherston	3rd	26.84

High Jump

Div A	John Peavey	2nd	1.93m
Div B	Theo Oostveen	2nd	1.81m

Triple Jump

Div A	Adam Rabone	3rd	14.00m, w:0.3
Div B	Grant Hodges	4th	12.52m, w:0.4

Shot Put

Div A	Chris Ruddy	5th	11.15m
Div B	Amila Perera	2nd	11.78m

Discus Throw

Div A	Chris Ruddy	3rd	33.78m
Div B	Amila Perera	2nd	35.98m

4x100 Metres Relay

Andrew Haddow, Theo Oostveen, Adam Rabone, Mohamad Zeed 2nd 42.72

Medley Relay (200-200-400-800)

Andrew Haddow, Mohamad Zeed, David Featherston, Navin Arunasalam 4th 3:40.68



Women's Individual Results

100 Metres

Div A	Natalia Kremenchutskaya	8th	13.79
Div B	Kristine Hopkins	8th	14.23

400 Metres

Div A	Kristine Hopkins	7th	61.97
Div B	Vivienne Lee	7th	65.13

800 Metres

Div A	Kate Wall	7th	2:24.85
Div B	Harriet Hodgkinson	5th	2:26.68

3000 Metres

Div A	Harriet Hodgkinson	7th	11:51.07
Div B	Kate Wall	5th	12:06.22

200 Metres Hurdles

Div A	Leana Tilley	7th	33.43
Div B	Vivienne Lee	1st	31.79

Pole Vault

Div A Jenna Jeffs, DNS

Long Jump

Div A	Natalia Kremenchutskaya	6th	4.77m, w:-0.8
Div B	Veronica Kirby	8th	4.34m

Shot Put

Div A	Leana Tilley	8th	8.59m
Div B	Jennifer Chan	7th	6.81m

Javelin Throw

Div A Veronica Kirby

8th 15.83m

Div B Jennifer Chan

8th 14.38m

4x100 Metres Relay

Leana Tilley, Kristine Hopkins, Vivienne Lee, Natalia Kremenchutskaya 8th 53.01

Medley Relay (200-200-400-800)

Leana Tilley, Vivienne Lee, Kristine Hopkins, Kate Wall 8th 4:39.73



The Full Box Hill Team



Supermen & Superwoman!