

# SHIELD COMPETITION ROUND 4 RESULTS

## RINGWOOD SATURDAY 15 NOVEMBER 2008

### Event: 100 metres

#### F16

Marchant, Rebecca	12.20
Mabior, Ajok	13.90
Budden, Tessa	14.20

#### F18

Aughton, Bridget	12.50
George, Ryleigh	12.60
Cross, Breanne	12.90
Turnbull, Olivia	13.00
Cordner, Harriet	13.10
Brock, Catherine	13.20
De Luca, Emily	13.60
Poon Hornett, Kim	13.70
Houston, Katherine	13.80
Mahony, Charlotte	14.60

#### FOP

Adams, Melanie	13.20
Carabourniotis, Yiota	13.70
Phillips, Angela	14.20

#### M16

Leardi, Dylan	12.40
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#### M18

Cornelius, Tom	11.20
Johnson, Marcus	11.70
Brock, Christopher	11.90
Snibson, James	12.20

#### M40

Gardner, Neville	16.60
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#### MOP

Zeed, Mohamad	10.90
Baker, Cameron	11.50
Pocklington, Colin	12.40
Nagle, Andrew	12.60

### 1500 metres

Carrig, Amy	4:55.20
De Luca, Emily	5:18.80

#### FOP

Johnson, Rachel	5:04.40
Conley, Margie	5:13.80
Suzanne Andrews	5:22.4

Hodgkinson, Harriet	5:34.30
Law, Rebecca	5:49.50

#### M18

Balassone, Daniel	4:12.20
Potter, William	4:21.60
Baggott, Nicholas	4:24.50
Dyer, Jackson	4:42.10
Farrell, Callum	4:52.20

#### M40+

Olden, Graeme	4:43.10
Graham, Craig	4:58.70
Dyer, William	5:10.10
Tunne, Andrew	5:48.30
Gardner, Neville	6:21.90

#### MOP

Boxshall, Paul	4:17.70
Griffin, Steven	4:32.30
Van Eeten, Antony	4:41.10
Featherston, David	4:50.20
Pepper, Adam	
Nuske, Brett	

#### 200 metres

##### F16

Mabior, Ajok	27.90
Budden, Tessa	29.40

##### F18

Turnbull, Olivia	26.70
George, Ryleigh	26.80
Cordner, Harriet	27.00
Cross, Breanne	27.10
Brock, Catherine	27.60
Poon Hornett, Kim	28.40
Carrig, Amy	28.60
Houston, Katherine	28.80
Mahony, Charlotte	30.10

##### FOP

Ackland, Kathryn	26.60
Carabourniotis, Yiota	29.20
Phillips, Angela	29.40
Ward, Elissa	30.90
Kirby, Alannah	31.10
Julia Matheson	

##### M16

Coughlin, Andrew	25.20
Miller, Andrew	26.40
Leardi, Dylan	26.50
Cross, Brodie	30.00

M18	
Cornelius, Tom	22.60
Johnson, Marcus	23.70
Brock, Christopher	24.40
Snibson, James	24.90

MOP	
Zeed, Mohamad	22.40
Haddow, Andrew	23.00
Baker, Cameron	23.30
Pocklington, Joel	23.60
Tirhazouine, Otmane	23.70
Filshie, James	23.90
Nagle, Andrew	24.20
Pocklington, Colin	25.40
Cross, David	25.50
Knott, Peter	26.60
Nuske, Brett	25.90
Featherston, David	27.00

M40+	
Graham, Craig	28.40
Gardner, Neville	35.30

#### 400m Hurdles

F18	
Aughton, Bridget	1:04.00

M18	
Brock, Christopher	1:03.70

MOP1	
Zeed, Mohamad	59.40
Zeed, Imran	1:01.90

#### Discus

F18	
Cross, Breanne	20.29

M40+	
Gardner, Neville	20.45

MOP1	
Nuske, Brett	38.89
Featherston, David	27.78

#### Event Javelin

Pocklington, Alexandra	26.39
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F18	
Cross, Breanne	14.39
FOP1	
Phillips, Angela	31.74

M16

Cross, Brodie	25.26
Wu, Kenneth	17.16
Cross, Braeden	24.51

M18	
Wu, Kevin	28.75

M40+	
Gardner, Neville	17.55

Event Long Jump

F16	
Budden, Tessa	4.05

F18	
Cordner, Harriet	4.33
Cross, Breanne	4.12
Carrig, Amy	4.05

FOP1	
Spathis, Theodora	5.28
Carabourniotis, Yiota	4.36

M18	
Cornelius, Tom	6.43
Johnson, Marcus	5.18

MOP	
Pocklington, Joel	6.25

Event: Shot Put

F16	
Marchant, Rebecca	7.66

F18	
Cross, Breanne	7.85

FOP	
Phillips, Angela	10.73

M16	
Collins, Sam	6.65
Cross, Braeden	9.19

M20	
Spry, Jesse	10.57 (6kg)

MOP	
Nuske, Brett	11.84
Baker, Cameron	7.37