

SHIELD COMPETITION ROUND 7 RESULTS

NUNAWADING SATURDAY 6 DECEMBER 2008

WOMEN UNDER 16

100	F16	Budden, Tessa	14.0
200	F16	Budden, Tessa	29.6
800	F16	Savige, Amelia	2:40.0
	HJ	F16 Budden, Tessa	1.45
	LJ	F16 Budden, Tessa	4.01

WOMEN UNDER 18

100	F18	Brock, Catherine	13.5
100	F18	Turnbull, Olivia	13.5
100	F18	Cordner, Harriet	13.6
100	F18	De Luca, Emily	14.6
200	F18	Cordner, Harriet	27.4
200	F18	Brock, Catherine	27.7
800	F18	Turnbull, Olivia	2:19.5
800	F18	De Luca, Emily	2:25.5

WOMEN OPEN

100	FOP	Sudholz, Bronwyn	12.5
100	FOP	Spathis, Theodora	13.3
100	FOP	Adams, Melanie	13.4
100	FOP	Carre, Simone	14.0
100	FOP	Carabourniotis, Panayiota	14.1
100	FOP	Ackland, Kathryn	14.2
100	FOP	Matheson, Julia	16.0
200	FOP	Sudholz, Bronwyn	26.3
200	FOP	Spathis, Theodora	27.2
200	FOP	Phillips, Angela	29.1
200	FOP	Carabourniotis, Panayiota	30.2
200	FOP	Carre, Simone	30.3
200	FOP	Matheson, Julia	33.0
800	FOP	Ackland, Kathryn	2:17.7
800	FOP	Cleland, Coreena	2:22.5
800	FOP	Riordan, Heidi	2:22.7
800	FOP	Conley, Margie	2:32.2
800	FOP	Andrews, Suzanne	2:32.7
800	FOP	Hodgkinson, Harriet	2:39.6
800	FOP	Law, Rebecca	2:55.2
	HJ	FOP Adams, Melanie	1.55
	HJ	FOP Carabourniotis, Panayiota	1.50
	JT	FOP Nagle, Cameron	16.14
	LJ	FOP Spathis, Theodora	5.42
	LJ	FOP Carre, Simone	4.66
	LJ	FOP Carabourniotis, Panayiota	4.34
	SP	FOP Spathis, Theodora	11.42
	SP	FOP Carre, Simone	10.69

MEN UNDER 16

100	M16	Leardi, Dylan	12.9
100	M16	Tyson, Don	13.0

200	M16	Leardi, Dylan	26.4
200	M16	Porteous, Benjamin	29.2
800	M16	Coughlin, Andrew	2:04.6
800	M16	Tyson, Don	2:10.0
800	M16	Snibson, James	2:07.3
DT	M16	Wu, Kenneth	24.14
JT	M16	Wu, Kenneth	17.25
SP	M16	Wu, Kenneth	9.38

MEN UNDER 18

100	M18	Johnson, Marcus	11.9
100	M18	Brock, Christopher	12.2
100	M18	Snibson, James	12.3
100	M18	Potter, William	13.3
100	M18	Dyer, Jackson	14.0
2000S	M18	Potter, William	6:42.5
200	M18	Johnson, Marcus	24.5
200	M18	Brock, Christopher	25.5
400H	M18	Brock, Christopher	1:03.0
800	M18	Baggott, Nicholas	2:08.3
800	M18	Dyer, Jackson	2:16.0
DT	M18	Wu, Kevin	34.41
JT	M18	Potter, William	34.75
JT	M18	Wu, Kevin	19.46
LJ	M18	Johnson, Marcus	4.85
SP	M18	Wu, Kevin	10.75
SP	M18	Potter, William	8.47
SP	M18	Johnson, Marcus	8.36

MEN OVER 40

100	M40+	Gardner, Neville	16.4
200	M40+	Graham, Craig	29.4
200	M40+	Gardner, Neville	34.8
800	M40+	Graham, Craig	2:26.1
800	M40+	Dyer, William	2:28.3
800	M40+	Tunne, Andrew	2:53.5
800	M40+	Gardner, Neville	3:05.3
DT	M40+	Gardner, Neville	20.26
LJ	M40+	Gardner, Neville	3.15

MEN OPEN

100	MOP	Medford, Rhett	10.9
100	M20	Lucus, Blake	10.9
100	MOP	Zeed, Imran	11.8
100	MOP	Filshie, James	12.0
100	MOP	Baker, Cameron	12.4
100	MOP	Pocklington, Joel	12.5
100	MOP	Knott, Peter	12.5
100	MOP	Pocklington, Colin	12.6
200	MOP	Medford, Rhett	22.0
200	M20	Lucus, Blake	22.8
200	MOP	Zeed, Imran	23.5
200	MOP	Sherry, Cameron	23.6
200	MOP	Baker, Cameron	23.8
200	MOP	Filshie, James	24.2

200	MOP	Pocklington, Joel	25.4
200	MOP	Nuske, Brett	25.6
200	MOP	Pocklington, Colin	25.6
200	MOP	Knott, Peter	26.3
200	MOP	Featherston, David	26.6
200	MOP	Scherma, Sam	27.1
400H	MOP	Zeed, Mohamad	55.7
400H	MOP	Zeed, Imran	59.3
400H	MOP	Wong, Hiu Yeung	1:06.0
800	MOP	Arunasalam, Navin	1:54.6
800	MOP	Nagle, Andrew	1:58.7
800	MOP	Featherston, David	2:01.7
800	MOP	Griffin, Steven	2:12.5
800	MOP	Ayers, David	2:18.1
800	MOP	Olden, Graeme	2:19.8
DT	MOP	Nuske, Brett	38.25
DT	MOP	Scherma, Sam	30.34
DT	MOP	Featherston, David	28.94
DT	MOP	Baker, Cameron	20.2
JT	MOP	Scherma, Sam	44.91
JT	MOP	Nuske, Brett	36.80
LJ	M20	Lucus, Blake	6.15
LJ	MOP	Sherry, Cameron	5.59
SP	MOP	Nuske, Brett	11.65
SP	MOP	Scherma, Sam	10.21
SP	MOP	Featherston, David	8.14
SP	MOP	Baker, Cameron	6.84